

CENTRAL NEWS

January 2025

Website:

www.aa-tulareco.org

Finland In January

“Alcoholism – Is There A Cure?”

“Alcoholism is not a “failing” – it is a dread disease. The person branded an alcoholic is at grips with a killer as deadly as cancer or coronary thrombosis. He is not just a social menace; he is desperately ill.

The alcoholic can be turned into a sane and sober citizen, and often the best one to show him the way to reformation is not a relative, doctor, or clergyman – it is an ex-alcoholic!”

“In case you don’t agree with any of these statements, perhaps you had better read them over again before going on to learn of Alcoholics Anonymous, the organization that knows how to lick the problem facing the drunkard. For the statements are true, if we are to believe the medical profession and the more than 12,000 members of Alcoholics Anonymous who are once more leading decent, self-respecting, useful lives in more than 365 cities. In fact, there is no sensible argument against them. Salvation, conversion, reclamation – call it whatever you like, the AA system gets results. There are no potions to be slipped into one’s coffee, no electric shocks, no preaching, and likewise no bullying. It is a new departure, but its fundamentals are as old as man. It is beautifully simple, yet it has something of an eternal mystery. It works.”

-Family Circle, January 5, 1945

Step 1

“We admitted we were powerless over alcohol—that our lives had become unmanageable.”

When I first began my sober journey, I had a fear that I would lose so much by giving up alcohol. So much so that when I entered the rooms of AA completely broken, that I called a friend crying exclaiming, “I don’t want to be an alcoholic!”

It was hard to admit defeat, because after all, I had a home, a college degree, a career, and a vehicle. I had a complete different version of what an alcoholic “looked like” in my head. As I navigated my way through step one, opened the big book, and began attending meetings regularly, I began to realize that alcoholism is not a disease that discriminates. It is a disease that robs your soul.

My sponsor asked me to read step one and think about what the unmanageability looked like in my life. Every time alcohol touched my lips, I had no control over what would happen next, and the truth is, I didn’t want to try to control myself. When I tried to control it, or “drink like a lady”, it felt exhausting. All of my relationships were centered around alcohol, and I put myself in many unhealthy situations while under the influence. I cried often and could not imagine a way out of this cycle I was in of damaging myself, letting others damage me, and carrying on with the motions of life. Doing what I thought was best. When I was not drinking, I was thinking about when I would have my next drink. Even when I was thinking about not having a drink, I would think about stupid stuff I was engaging in while I was drinking. The party was over, and escaping from reality was causing me a great deal of pain.

So I decided to try something new and face defeat to my new sponsor. I admitted I was powerless over alcohol and my life had become unmanageable. I admitted that I had no tools to combat the mental obsession and I truly had no idea what the heck to do next. Thankfully, I met a lot of beautiful people along the way in the rooms of AA who have provided me with love, guidance, and grace.

Admitting that I am alcoholic feels like a relief now, as it allows me to understand that I can not control my drinking, and I shouldn’t try. Giving up alcohol is giving up ONE thing, and I have been rewarded with many gifts as a result. The gift of being present. The gift of liking the woman I see in the mirror. The gift of being a better daughter, sister, friend, and employee. The gift of a closer connection to God. The gift of early mornings without a hangover. The gift of not thinking about alcohol every day.

All Glory to God and thank you for letting me be of service.

-Anonymous

Tradition 1

“Our common welfare should come first; personal recovery depends upon AA unity.”

There's nothing powerless people like more than a little bit of power. When I was new to Alcoholics Anonymous, my temperament was childish. I wanted what I wanted and believed everything I thought. Yes I had been beaten into a state of reasonableness, but only concerning alcohol. I had a lot of ideas on how things should be and was saturated in resentment and disappointment. These traits are poison to alcoholics. A person who thinks they know everything will never learn anything.

I started attending the business meetings at our fellowship and saw something unfamiliar to me. People sharing opposing opinions, working toward a consensus despite occasional hurt feelings and finally settling on what was best for the group.

What a gift it was for me to share my opinions! It's something I've never shied away from. Even when no one has asked me for them. The thing about opinions is that they are usually based on limited information, otherwise they would be better termed convictions. Having destroyed my life with poor choices based on what I thought, it wasn't much a leap to consider that I may not know what's best for the rest of you either. My sponsor taught me that while wanting to be right could likely cause problems, the need to be right would lead me back to the bottle.

How often I've heard in meetings that a person's Higher Power works through other people. One example is when my ego tells me that what someone is sharing is useless, and then someone else will thank them for the valuable information. My Higher Power used both of those people not only to give them a vital connection, but also give me a spoonful of humility and consideration of what might benefit someone else. Miracles I never expected.

I like the analogy in the Big Book of being survivors from a shipwreck. Anytime I'm in a meeting that is in a circle, I try to imagine being in a life raft. In that situation my life would depend on non-chaotic cooperation.

W

The most telling aspect of this tradition is that our Higher Powers' are doing the talking. We are to practice a genuine humility. When I am disconnected from my Higher Power, it's more obvious to other than myself sometimes to see when it is my ego doing the sharing. “We can't transmit something we haven't got.” I appreciate the members who are connected to their Higher Power and can demonstrate correction in supportive manners. Imagine if all we had to rely on was ego to settle our differences. We would tear our life raft to shreds.

“See to it that your relationship with Him is right, and great events will come to pass for you and countless others.”

I am looking forward to sharing great events with you simply by consistent effort in the program of Alcoholics Anonymous.

-Anonymous

August 10, 2024

“Concerning any given service, we pose but one question: ‘Is this service really needed?’ If it is, then maintain it we must, or fail in our mission to those who seek AA.”

AA Co-Founder, Bill W., July 1955, “What Is the Third Legacy?”, The Language of the Heart

Grapevine

Did you get sober in Tulare County?

We need you!

The Tulare County Central Office is seeking people to participate in an AD Hoc committee to put together a pamphlet or brochure regarding the history of our very own Tulare County Central Office!

If you are interested, please contact Central Office at (559) 592-6999!



Individual, Newsletter, Memorial & Birthday Club Contributions
11/21/2024 thru 12/20/2024

Birthday Club

\$1 for every year of sobriety!
Ally A of Visalia 4 years!
Michelle S of Exeter 17 years!
Jerry S of Tulare 18 years
Total Club Contributions \$39.00



Congratulations on your sobriety!

Newsletter Contributions

None

Memorial Contribution

None

Grateful Giver's Club (You know who you are!) Members \$325.97

Individual Contributions

Abraham G
Amanda
Bob T
Courtney R
James K
Jennifer K
Jimmy C
John W
Rae B
Shannon S
The Village Group

THANK YOU!!!

SHASTA WINTERFEST

Conference

“KEEP IT SIMPLE”

Shasta Winterfest is a weekend-long gathering of fellow members and non-members of Alcoholics Anonymous, Al-Anon & Alateen. The event is inspired by recovery and filled with guest speakers, marathon meetings, special events, prize drawings, literature and other resources. Speaker recordings are included with each registration.



January 24 - 26, 2025



NEW LOCATION

1890 Biggs Street
Anderson, CA 96002

**SPEAKERS, MEETINGS
& INSPIRATION**

**FOOD TRUCKS
ON SITE**

**ENTERTAINMENT
& SPECIAL EVENTS**



Registration
Scan QR Code

Visit Our Website
www.shastawinterfest.com



From the International Convention of AA

To: Area Delegates, District Committee Members, Trustees, Non-Trustee Directors, Staff Services and Member Services

From: Lorna Graham, Senior Director of Technology Services, and Paul Konigstein, Chief Financial Officer

Re: Quarterly Contribution Statement Update

Date: November 12, 2024

We will be distributing the Q3 2024 Quarterly Contribution Statements in November.

As a reminder, Seventh Tradition group contributions made online from a member's account are now correctly recorded as “group” contributions in our system. However, as noted in the August 2024 announcement, they will not be correctly reported until the report is redesigned, and portal delivery is launched.

Report design discussions are well underway with active participation from the Quarterly Contribution Report Working Group.

We sincerely apologize for this issue and the confusion it has caused. We will continue to work diligently to improve the quality and accuracy of our information and reporting, and we greatly appreciate your continued patience and support.

Should you have any questions, please contact Member Services at memberservices@aa.org.

Thank you for your service.

**Lorna Graham Paul Konigstein
Senior Director of Technology Services Chief Financial Officer**



**Language of the Heart
Lenguaje del corazón
Le langage du cœur**

**INTERNATIONAL CONVENTION
ALCOHOLICS ANONYMOUS**

July 3–6, 2025 | Vancouver, British Columbia, Canada

Support the Central Office



Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

Donate Today using Venmo!



TULARE CO. CENTRAL OFFICE, INC.

449 E. Maple St.
Exeter, Ca. 93221



Telephone: (559)592-6999
Email: tccof@hotmail.com
Website: www.aa-tulareco.org

September 23, 2024

Greeting from Tulare County Central Office of Alcoholics Anonymous!

This is a letter to let you know that our office is the main office for Alcoholics Anonymous in Tulare County! We are the ones who keep up the website and make sure your meeting is listed in the meeting guide app. We have books, book covers, bookmarks, pamphlets, sobriety chips, and other recovery items.

This letter is also an outreach to let you know we need your support! Our monthly expenses are about \$3,000 a month and we rely on our groups and individual contributions to keep our office open through your Tradition 7 contributions. We realize that your group may not realize how important your contributions are to keep AA alive and healthy for the next suffering alcoholic. **There are many groups on our schedule that contribute to Central Office regularly, and for that we are truly grateful! With out these groups we would not have been able to keep these doors open since 1985.**

Unfortunately, the cost of living keeps rising and group contributions have been down, this is why we are reaching out to you! Central Office is responsible for maintaining the Tulare County Central Office website **AA-Tulareco.org** which is linked to the Meeting guide app. We have a part time staff member that works 9-1 Monday thru Friday available for you come get what you need for your meetings! We are the Tulare County hub for Alcoholics Anonymous and we really do need your support!

According to the AA pamphlet F-3, Where Money and Spirituality Mix, the following percentages are suggestions for your group to distribute to the other AA entities once your rent and other expenses are covered.

Tulare County Central Office-50%

449 E Maple Street
Exeter, CA 93221

District 47 or District 55 10%

PO Box 273
Exeter, CA 93221

AA World Services 30%

General Service Board
PO Box 2407
James A Farley Station
New York, NY 10116-2407

Area 7 10%

CNIA Contributions
PO Box 161712
Sacramento, CA 95816-1712



The Tulare County Central Office Prudent reserve is \$19,000. That would keep our doors open for 6 months. We are currently below our prudent reserve by \$4,547,88. Please talk to your group members about increasing their contribution to the 7th tradition basket. Yes, times are tough, but remember all the money we wasted on booze?

We suggest that each meeting have a GSR and a CSR to keep your meeting connected to the AA fellowship in Tulare County and AA at large! We would love for each meeting to have a Bridging the Gap and an H & I representative too. Each of these opportunities come with a meeting with fellow committee members once a month in person or via Zoom. All this information is available on our website, or you can call the office to find out more! **We are here for YOU, and the still suffering ALCOHOLIC!**

Please fill out the attached form so we have current information about your meeting's trusted servants and your preferred mailing address and or email address. We would love to keep you posted about upcoming events!

Sincerely,

Carol Ann

Carol Ann Gable
Office Manager

CG:cg

CONFIDENTIAL INFORMATION

Please return this form to tccof@hotmail.com or mail it to Tulare County Central Office 449 East Maple Street Exeter, CA 93221. Thank you!

Meeting Name _____

Meeting Address _____

When does this meeting meet? _____

Meeting Secretary and Phone number

Meeting Treasurer _____

Meeting Central Service Representative (CSR) and Contract number

Meeting General Service Representative (GSR) and Contact number

Meeting Preferred Mailing Name and Address

Meeting preferred email address _____

CONFIDENTIAL INFORMATION

Central Office Contacts

Nov 21st thru Dec 20th 2024

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

11/21/2024 through 12/20/2024

AA Members	48
Alanon & Alateen Info	0
Bridging the Gap	0
Churches and Schools	0
Court Referral/Info	0
E-Mail Contacts	279
General Info	1
H & I	0
Literature Sales	11
Meeting Information	3
Other 12 Step Programs	0
Prospective Members	0
Schedules & Info Mailed	0
Spanish Contacts	1
Specialty Sales	8
Twelve Step Calls	0
Visitors to the Office	8
Voice Mail Calls	4
<u>Total Central Office Contacts</u>	

363



<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DATE</u>
B.Day Club	39.00	1,022.00
Grateful Givers Club	1,454.48	5,476.78
Group Cont.	1,949.95	18,669.11
Indiv Cont	1,624.42	6,304.63
Interest Income	0.00	0.00
Lit. Sales	392.73	8,438.66
Memorial Cont.	0.00	100.00
Misc.	0.00	0.00
Newsletter Contribution	0.00	10.00
S & H	0.00	48.00
Sales Tax	57.75	1,162.99
Service Charge	0.00	5.59
Spec. Events-New Year's	100.00	4,805.00
Spec. Events-Picnic	0.00	2,924.97
Spec. Items	248.52	6,223.75
State fund dividend	0.00	25.00
State Fund Refund	0.00	0.00
TOTAL	5,866.85	55,216.48

<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DATE</u>
Bank Charge	0.00	0.00
Fees-Taxes	0.00	70.00
Insurance	0.00	550.00
Lit. Costs	0.00	6,190.43
PI-CPC Expense	0.00	377.02
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Non Employee Comp	\$300.00	1,050.00
Office Exp	18.95	1,515.77
Office Equip.& Maint	0.00	146.94
Paypal charges	3.20	19.49
Payroll Taxes	0.00	8,122.11
Phone & ISP	0.00	1490.76
Printing and copy expense	0.00	0.00
postage	0.00	233.04
Returned Check & Chg	0.00	0.00
Rent	685.00	8,220.00
Salary	1,150.96	18,719.98
Sales Tax-Paid	0.00	1,209.00
Spec. Events-picnic	0.00	2,602.78
Spec. Events-New Year	0.00	3,610.46
Spec. Items	312.67	2,959.90
Square Card Charges	11.72	251.55
Utilities	59.93	838.87
Ph-venmo	0.00	207.91
venmo fees	17.40	76.16
Website	7.00	230.95
TOTAL	\$2,566.83	58,693.12

Net Gain(Loss) \$3,300.02 (3,476.64)

BEGINNING ACCOUNT BALANCES AS OF 11/20/2024:

\$13,658.83

ENDING ACCOUNT BALANCES AS OF 12/20/2024

\$16,975.65

Established Prudent Reserve

\$19,000.00

below our prudent reserve 2,024.35

Speaker Meetings

Speaker Meetings for January 2025

Porterville Recovery Club Speaker Meeting

186 W. Walnut Ave.

Friday January 3, 2025 at 8:00 PM

Speakers: To be announced

Sunday AM Breakfast, Speaker Meeting

Veterans Memorial Building

36000 Hwy 190, Springville

January 12th 2025

(Breakfast at 8:30 to 10:00 AM)

Speaker: Ken S from West Hills

The Valley Group, Speaker Meeting

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Every Wednesday from 7-8 pm.

Speakers for January

TBA

Civic Center Group

Christ Lutheran Church

3830 W Tulare Ave, Visalia

Birthday speaker meeting

Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group

Sunday 7:30-9 pm.

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Speakers for January

Attention speaker group secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (559) 592-6999 or TCCOF@hotmail.com by the 20th of the month preceding the month of the Newsletter.

Service Meeting & Service Addresses January 2024

Service Meetings

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, January 7th 2025 at 7:00 PM

Bridging the Gap meeting at Central Office
449 E Maple St Exeter, CA
January 4th 2025 11:00 AM

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, January 14th 2025 6:00 PM

H&I Meeting (odd months only) in person at
526 N Bridge St (no Zoom)
2nd Saturday January 11th 9:00, Orientation,
Business meeting 10:00

TUFYPAA
Zoom ID 839 4820 8237 Password: service
2nd Sunday of the month, January 12th 2025

SERVICE ADDRESSES

Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
(559) 592-6999
Email: tccof@hotmail.com
Website: www.aa-tulareco.org
Hours: Mon-Fri 9:00am to 1:00pm
Closed Major holidays
<https://aa-tulareco.org/donation>

Send Contribution to:

Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221

General Service Board
P.O. Box 2407
James A Farley Station
New York, New York 10116-2407
<http://contribution.aa.org>

H&I-Contributions
P.O. Box 192490
San Francisco, CA 94119-2490

District 47, C.N.I.A.
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712

Central Service Meeting Meetings

CENTRAL SERVICE MEETING UN-APPROVED MINUTES Central Office & Central Service Representatives Meeting Report

Date

December 10, 2024

Meeting called to order

David G 6:03 P.M.

Board Members Present

David G, Patrick, Ally, George, Cody

Serenity Prayer

David G

12 Traditions

Glenda V.

Previous Minutes

No additions or corrections
Reviewed and Approved by all

Board Meeting Report

David G

Treasurer and Office Report

Carol Ann
Good evening!

Tonight will be bitter sweet as we say good bye to 2 of our Board Members Patrick and David, I want to say thank you to both of these men and to thank you for your service and it has been an honor and a privilege to work with you both!

The Tulare County Central Office Board members unanimously approved our office decreasing its business hours to help with our financial shortfall. The office will now be open Tuesday thru Friday 9 to 1 until further notice. The Board also voted to approve an increase in price for our chips.

For the period from Oct 21st thru November 20th, 2024 Central Office had an income of \$4,639.22 and expenses of \$3,909.98 for a **GAIN** of \$729.24.

Tulare County Central Office is totally self-supported through your contributions!
Group contribution: 14 groups donated to Central Office for a total of \$2,248.25. Thank you for your group contributions!

Grateful Giver Club contributions: 6 anonymous grateful alcoholics donated through our Grateful Givers Club totaling \$325.97! Thank you to our grateful givers!

You can contribute to the Grateful Givers Club through our donation link on our website at AA-tulareco.org. Grateful Giver's Club is a great way to donate if you want your donation to be anonymous, simply put Grateful Giver in the memo line!

Individual contributions: We had 5 individual alcoholics **generously donate to our office for the amount of \$556.99!** Consider mailing in a monthly contribution! Thank you for helping us share the message of recovery!

You can donate individually through our website at AA-tulareco.org. I will list your first name and last initial in the newsletter! Thank you for your individual contributors!

Birthday Club: We had 3 grateful members contribute to Central Office Birthday Club to celebrate their sobriety by contributing the amount of \$61. Thank you and happy birthday!

You can contribute to the Birthday Club by putting your first name and last initial, your city and the amount of sobriety you have! We will print this in our newsletter!

As you can see, there are many ways you can contribute to Central Office, this office is here to serve you, and to share to message of recovery to whoever is seeking it!

Expenses paid this accounting period: Office staff, rent, phone and internet, utilities, and website fees, book and chip inventory replacement. Expenses coming up next accounting period: Office staff, rent phone, internet, utilities, website fees and payroll, and payroll taxes We need your support!

Even though there is still a financial shortfall, we are still fulfilling our primary purpose of carrying the AA message of recovery.

Claudia covered the office for us on Dec 4th and 5th, thank you Claudia!

We are always currently seeking a volunteer to cover the office on Mondays, if interested come in and talk to me. You must have at least 2 years of sobriety.

I would like to thank all of the groups and individuals who contributed to Central Office though your group contributions, your Birthday Club contributions, your individual contributions and our Grateful Giver's Club contributions!

Grateful to be here!
Carol Ann Gable
Office Manager/Treasurer

PI/CPC Report

George
Senior Center had another successful event...
& hoping to have some movement forward with the Sheriff's department

STEP FOR NEWSLETTER-VOLUNTEER

Issue Step Member

January Sam Step 1 due to centralintergroupnews@gmail.com 12/21/2024

February Sylvia D. Step 2 due to centralintergroupnews@gmail.com 1/21/2024

TRADITION FOR NEWSLETTER-VOLUNTEER

Issue Step Member

January Kenford Tradition 1 due to centralintergroupnews@gmail.com 12/21/2024

February Mike P Tradition 2 due to centralintergroupnews@gmail.com 1/21/2024

Website Report

This website report covers the time between the November and December CSR Meetings (2024-11-12 through 2024-12-10).

Meetings: No additions, changes, or deletions.

Calendar of events:

David added marathon meetings in Kings County for Thursday Thanksgiving.

David added CNIA 07 Planning Meeting December 2024 (Saturday, December 14)

David added CNIA 07 Winter Assembly 2025 (Sonora: Mother Lode Fairgrounds, January 18 & 19, 2025)

Announcements:

Central Office closed on Mondays effective immediately.

December Springville Breakfast Speaker meeting will be the 1st Sunday of the month!

Sunday PM Serenity Seekers Valley Group Business Meeting moved to December 1.

Thursday Thanksgiving Marathon Meetings in Kings County at the Lemoore Alano Club, 9 AM to 10 PM.

Central Office will be closed Thanksgiving Day and Friday the 29th of November in observance of the holiday.

Central Office Board Member elections tomorrow night.

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Springville Sunday Breakfast meeting, and Valley Group meetings.

Thank you for letting me be of service.

H & I Report

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA. In Tulare County (NorCal Area 93) we continue to meet this purpose by holding AA meetings in 8 treatment facilities, the Tulare County Jail, Avenal, Corcoran and SATF Prisons. We hold approximately 25 meetings per month and make literature available upon request.

On Wednesday 12/11/24, we will hold our first H&I meeting at the Visalia Navigation Center who provides services for the unhoused. We are beginning with a once-a-month AA H&I meeting at this facility with the agreement to expand if needed.

The November financials for NorCal are posted on the Tulare County AA Website under the H&I Tab. We ended November, positive \$501.81 for the month and negative \$13,810.96 year to date. We currently continue approximately \$30,000.00 below our recommended 6 months prior year expenditures cash on hand. We encourage all group representative to share this information with their groups and encourage all groups to pass the pink can. It is important that the pink can always be passed separately from the 7th tradition basket to not detract from 7th tradition contributions. If your group has any questions regarding the financial reports, please contact the NorCal treasurer at treasurerenorcalhandi@gmail.com

We need more volunteers, please share this information with your group and send any interested AA members to our next in-person orientation: January 11, 2025; 9:00 am; at 526 N. Bridge Street, Visalia, CA 93291 followed by our business meeting at 10:00 am. This information is also listed on the Tulare County Website at www.aa-tulareco.org.

In Service,
Joyce R., Area 93 Chair

BTG Bridging the Gap

Cody
Going strong in Tulare County, revisiting them on how to make it better.
We have not seen a strong response from the Sheriffs office.

GSO Liaison:

David G

GSR meeting was December 3rd, 2024
Seven people attended; two in-person and four via Zoom.
Treasurer Report:
Beginning Balance: \$3,705.66 INCOME: none
EXPENSES: none
Ending Balance: \$3,705.66
DCM report: – no report, due to missing the November ACM
Old business: We still need an Alternate DCM
New business:

1. Approved funds to send DCM to Area 7 Winter Assembly January 18-19 Sonora CA.
2. Winter Assembly in Sonora, hosted by District 33, January 18 and 19, 2025 – we still have money earmarked from The Valley Group to pay for food, lodging, registration, and transportation for a GSR to attend CNIA 07 assemblies.

3. A.A.W.S. announced that the new A.A. Service Manual combined with Twelve Concepts for World Service. (Item BM-31)
4. A.A.W.S. Communication to Fellowships: some changes have been made to the Plain Language Big Book for the next (second) print run.
5. Discussion of our current treasury balance being over our prudent reserve.
 1. Motion made to pay Central Office our annual rent.
 2. We have about \$1,000 over our anticipated expenses.
3. Distributions discussed were 50% to Central Office, 50% to CNIA 07, or, 50% to Central Office, 40% to CNIA 07, 10% to GSO New York.
4. Decided we should ask our GSRs to ask their groups.
5. GSRs may want to tell their groups to shift their donations to Central Office or CNIA for now. Treasurer Report:

Beginning Balance: \$3,745.62

INCOME

10/11/24 Unity Thru Traditions Group \$100.00
 10/11/24 Civic Center Group \$38.90
 10/11/24 Practicing the Principles \$75.00
 10/25/24 Tuesday Women Amity Group \$49.90

Total Income: \$21.91

EXPENSES

10/13/24 Mike C. DCM — Mini PRAASA \$303.76

Total Expense: \$303.76

Ending Balance: \$3,705.66

DCM report:

I attended the Mini PRAASA on October 11 - 13. Matthew, our delegate, brought the 2024 General Conference Post-Conference reports, and we got a box of them here for District 47 GSRs and any members interested. The AA International Conference Registration is open, and at <https://aa.org> under the What's New section you can click on the registration link and get more information if interested in attending. AA is attempting to get more blocks of rooms for members to stay. AA International Conference registration is closing soon; please consider registering as soon as possible. It is \$160 per person, and you should register before getting a room. There are over 22,000 registrations so far.

PRAASA 2025 registration will open at end of November. It will be in Anchorage Alaska, March 6 - 8, 2025.

Also under the What's New section, AA.org has a press release and announcement of publishing the Plain Language Big Book.

At the AAgrapevine.org web site, if you get a complete subscription, you get access to over 22,000 archived stories online. In the past year, there have been over 13,000 new subscriptions.

The proposed budget for 2025 was discussed and then voted on; it passed. In order to reduce our projected expenses, fewer area officers will be sent to PRAASA 2025 than previously. Paper printing of the area newsletter, Accents, is eliminated. We moved our translation expenses to an increase of Area Assembly registration fees of \$5.

Old business: None

New business:

1. Discuss District 47 Bylaws - Open discussion, will be discussed next month.
2. Nominations for D47 one-year positions. At the moment, all our positions are two-year positions.
3. New Year Eve Dinner by Central Office - Do we want to consider volunteering or donating a basket for silent

auction? Yes, we will donate a basket for the silent auction, and Mike C will make a batch of his superb brownies for the baked goods auction.

CSR Reports

Saturday Morning Women's 12 x 12 Tracy Jo., CSR

Held from 9-10 am Saturday morning held weekly
Aprox 35-40 women We meet at Christ Lutheran
Church 3830 W Tulare Ave.

We celebrate recovery by handing out milestone chips each week and celebrating birthdays the end of the month. Each meeting is a book study out of the 12 & 12

Thank you, Tracy Jo W

Rainbow Group, Presented by George J., CSR.

The Rainbow Group meets every Saturday for an hour at 5:30 PM at The Source in Visalia, at 109 Northwest Second Avenue, which is on the south side of the Oval park. We meet for one hour and we are an Open hybrid group that meets on Zoom as well. The Zoom ID and passcode are on the website and in the Meeting Guide app. We have a speaker at the beginning of each meeting who speaks for 10 minutes after which the group is open. We give out chips at every session and celebrate birthdays at the end of the month with cake (no ice cream). We also have our business meeting on the second Saturday of the month.

Thank you for letting me be of service, George.

Springville Monday Night Book Study Group, Presented by Ken., CSR.

We are located at the Lighthouse Chapel in Springville. We meet Monday nights from 7 to 8 PM. It is an open group book study. We rotate the books that we study. We're currently reading the Plain Language Big Book. Turnout is about average. We have coffee and dessert every Monday. We would love to have more visitors. The Lighthouse Chapel is located off the 190: turn on to Bridge Drive, and then south to Rio Vista.

Friday Loose Women Meeting Glenda V., CSR

We meet every Friday from 6:30-7:30pm at the Porterville Recovery Club located at 1865 S D Street. We have attendance of 5-10 women. We are an open meeting, for women only. It is an open discussion meeting we have ladies with years of sobriety.

Thank You for allowing me to be of service.

Glenda V

Springeville Monday Night Book Study, Presented by Ken., CSR

Gut level meets every Thursday in Springeville at the Lighthouse Chapel from 7-8:00pm. It is an open group book study. It is a small group of dedicated regulars. We celebrate Birthdays the last Thursday of each month with dinner at 5:30 at a local restaurant.

Friends of Bill W and Dr Bob Charley., CSR

OPEN MEETING We meet each Tuesday night at 7-8:30pm at St Johns Episcopal Church in Tulare.

There are approximately 10-15 men and women with varying lengths of sobriety. We celebrate birthdays the first Tuesday of the month with cake and ice cream for the previous month. We continue to share the importance and benefit of embracing the birthday club and the funds that it could raise, along with the benefits of raising it and how our essential central office is also positively impacted.

Thank You for letting me be of service.

Tuesday Women's Changes, Presented by Vicki Bates., CSR

We meet every Tuesday from 6:00 to 7:00pm at the Recovery Club located at 186 S. D Street, Porterville. We are an open meeting for women only. This is a stick topic meeting. That is each woman picks a preprinted stick and shares on the topic described on the stick. Our attendance includes women with a brief period of sobriety to those with many years. All are welcome. On the last Tuesday of the month we have a potluck to celebrate those with sobriety birthdays. Those women are invited to share their experience strength and hope with the group. Thank you for letting me be of service.

Half & Half Group Sylvia D., CSR

The Half & Half Group meets every Thursday night at 6:00pm for one hour, at the Trinity Lutheran Church located at 764 W Henderson Ave. Porterville, CA This is a book study and we read the big

Book of Alcoholics Anonymous or the 12 x 12. We read a chapter out of the book for the first 30 minutes. We go around discussing what we read and how it relates to our experience, strength and hope. All are welcome.

Women's Tuesday Night Amity Group Sherri T., CSR

The Tuesday Women's Amity group meets every Tuesday at Trinity Church located 6400 West Walnut Street in Visalia. This a closed women's meeting. We meet from 6:30pm - 7:30pm each week with the 3rd week being a business meeting after the regular meeting. Each week we have a lead speaker who speaks for 10 minutes and then picks a topic and chooses people to speak through tag, going around a circle or however they deem. The last week of the month is a birthday meeting where we enjoy yummy cake. We are growing and about 25-40+ women. Thank you, Sheri & Sherry

Porterville Wednesday Marcie M., CSR

Open Meeting at Lutheran 764 Henderson Porterville Wednesday gay inclusive meeting 6:00-7:00pm, 12-15 members a mix of new and long timers Birthday celebration-cake

Second Sunday Speaker Springville Meeting Marcie M., CSR

Great Speakers, Great Food, Great Fellowship. A mix of sobriety. Long timers and Newcomers. A Ride of Serenity to Springville. Second Sunday of the month

Friday Freedom Fellowship Samantha J., CSR

The Friday Freedom Fellowship meets every Friday at 7:00pm ago Christ Lutheran Church located at 3830 W Tulare Ave. Visalia, CA This is a closed meeting where both men and women can attend. Our attendance ranges from 20-40 people. A chair person speaks for 10 minutes, the chairperson picks a topic and calls on people for the remainder of the meeting. There is a variety of lengths of sobriety in the room and a tradition in the meeting gives everyone an opportunity to share their sobriety date. Birthdays are celebrated the last Friday of each month with cake and chips. Chips are also given out each week to celebrate sobriety milestones.

Bridge Street Drunks John W., CSR

Bridge Street in Visalia has 26 meetings a week. Two of those meetings are open with the rest being closed for alcoholics only. At our last business meeting we voted to consistently give central Office 60% of our total monies that we distribute beyond our prudent reserve, rather than deciding the amount at every business meeting, which I feel will definitely benefit our central office with more consistent support.

Old Business

1. New Years Event-planning meeting ...
ticket sales have been low, this is a great opportunity for service
2. Election nominations John W & Mike P.2 vacant positions and two nominees

New Business

Elections in December for board members two positions open
John W nominated by Cheryl
Jerry S nominated by Patrick
Nominations closed
No objections motion passed

Seventh Tradition

\$45.00

Announcements

Meeting Adjourned

7:14 pm

Responsibility statement

District 47 Meeting Minutes

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

Meeting Called to Order: 7:06 PM by District Committee Member (DCM) Mike C.

Committee members present:

- Dusty B., GSR for the Springville Thursday Night Gut Level Group
- Fred F., GSR for Unity Through Traditions
- Laura B., GSR for the Springville Monday Night Book Study
- Mike C., DCM
- Allen L., Treasurer
- David G., Recording Secretary and Central Office Liaison

Permission requested from all present that this meeting be audio recorded for the recording secretary's benefit.

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by David G.

Concept 12: Concept 12 long form read and explained by Allen L.

Approval of Minutes: November 5, 2024, minutes reviewed and approved: all in favor, none against.

Treasurer's Report:

Beginning Balance: \$3,705.66

INCOME

None

EXPENSES

None

Ending Balance: \$3,705.66

CSO Liaison Report: David G.

Our November CSR Meeting was held on November 12th. The meeting was a hybrid meeting, both in-person and on Zoom.

Central Office finances: for August 21st through September 20th, Central Office had an income of \$4,575.25 and expenses of \$6,097.98 for a loss of \$1,522.73. Our balance was \$13,812 where our prudent reserve should be \$19,000.

Old business:

New Year's Eve party and planning.

New business:

Nominations for Central Office Board of Directors. Cheryl H was nominated, as was Jerry S.

Announcements:

Springville Sunday Breakfast Speaker Meeting in December will be on the 1st, instead of the second Sunday.

New Year's Eve planning meeting December 10th, immediately prior to the CSR meeting, in-person and on Zoom. Planning meeting will start at 5:00 PM, and go to 6:00 PM. Flyers and tickets are available at Central Office. It will be a gala event with gourmet food. Volunteers are needed.

At the Board of Director's meeting following the CSR meeting, the Board decided to close the Central Office one day a week (Mondays) to reduce the rate at which we are losing money.

Question: where can Mike get two dinner tickets for the New Year's Eve party? Central Office has some. We were going to only feed 100, but then we heard that additional people in Porterville wanted to come, so we ordered another 30 tickets.

Question: when someone is elected to the Central Office Board, what will be their position? Election to the Board is independent of position on the Board; at the Board meeting, the board members decide their role and service position.

Registrar: Josh F. no report

H&I Report: Presented by Joyce R.

December 2024 H&I Report

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA. In Tulare County (NorCal Area 93) we continue to meet this purpose by holding AA meetings in 8 treatment facilities, the Tulare County Jail, Avenal, Corcoran and SATF Prisons. We hold approximately 25 meetings per month and make literature available upon request. We do have a couple facilities which specifically request women volunteers, and Spanish speakers.

This month we will begin an H&I meeting at the new Navigation Center in Visalia which serves the unhoused population. This will increase our need for volunteers as our treatment facilities will increase to 9 facilities. The new Navigation Center in Visalia will be helping up to 100 people, although they are starting small right now. Please share this information with your groups and send any interested AA

members to our next Orientation listed below. If an AA member is interested and wants to discuss this further prior to that date, I can be contacted at handiarea93@gmail.com or Central Office can provide my phone number.

In October, we approved our 2025 budget. After adjusting to our recommended 6 months prior year expenses and ending October with an extraordinarily high literature purchased month, we now have a shortfall of \$30,000 leaving us in a **neutral** financial position. It would be helpful if all groups would pass the pink can and have their Treasurer send the money in monthly. If your group does not have a Pink Can, please contact Central Office or me. We want to point out that the Pink Can should *not* be passed with the 7th Tradition, but separate and after, to not detract from the 7th Tradition – but please do pass it. Tulare County uses about \$10,000 – \$12,000 of literature annually from NorCal H&I, but our financial contributions back are about \$8,000 annually. Our financials are posted on our website at www.handinorcal.org and locally on the H&I page of the Tulare County website at aa-tulareco.org. There is also a link to email the treasurer with any questions group or members may have regarding the financial position.

Our next in-person orientation: January 11, 2025; 9:00 am; at 526 N. Bridge Street, Visalia, CA 93291 followed by our business meeting at 10:00 am. This information is also listed on the Tulare County Website at aa-tulareco.org.

In Service,

Joyce R., Area 93 Chair

DCM Report: Mike C. – no report, due to missing the November ACM (whoops, Mike is human after all).

Next month will be the Winter Assembly in Sonora.

GSR Reports:

Fred F., GSR for Unity Through Traditions, Wednesdays at 5:30 PM at the Visalia Alano Club. We've had at least ten people show up every week; sometimes as many as fifteen. If you want to go through a book study, you are welcome at our meeting.

Dusty B., GSR for the Springville Thursday Night Gut Level Group. Dusty gave the report for Laura's group, since they both attend both. ;-) The November birthday meeting was very well attended, with six people taking cakes.

Laura B., GSR for the Springville Monday Night Book Study: We are reading *Twelve Steps and Twelve Traditions*. We read one Step, then read one Tradition, and switch between them and just finished Step 9 and started Tradition 9.

Leah W. (presented by Mike C), GSR for Bridge Street Drunks Only. The group is going well. She will be meeting with the group secretary about booking a hotel for Leah to attend the Winter Assembly in Sonora, hosted by District 33, January 18 and 19, 2025. Bridge Street Drunks Only is looking for volunteers to run meetings on Christmas day, because some people will be out of town that day.

Old Business: We still need an Alternate DCM.

New Business:

1. Discuss approving funds to send DCM to Area 7 Winter Assembly January 18-19 Sonora CA. (Registration=\$18; Coffee=\$4; Hotel=\$120; Gas=\$60; Dinner=\$20) Total not to exceed \$225. Mike was able to book the Heritage Inn for \$116. Motion made by Fred, seconded by Allen, approved unanimously.
2. Winter Assembly in Sonora, hosted by District 33, January 18 and 19, 2025 – we still have money earmarked from The Valley Group to pay for food, lodging, registration, and transportation for a GSR to attend CNIA 07 assemblies.
3. A.A.W.S. announced that the new *A.A. Service Manual combined with Twelve Concepts for World Service: 2024-2026 Edition, Revised and Updated* (Item BM-31) is now available in digital format. <https://www.aa.org/aa-service-manualtwelve-concepts-world-services> and you can view it as a PDF at this link.
4. A.A.W.S. Communication to Fellowships: some changes have been made to the Plain Language Big Book for the next (second) print run.
5. Discussion of our current treasury balance being over our prudent reserve (*discussion for twelve minutes*).
 1. Motion made to pay Central Office our annual rent. Fred moved, David seconded, motion passed unanimously.
 2. We have about \$1,000 over our anticipated expenses.
 3. Distributions discussed were 50% to Central Office, 50% to CNIA 07. Or, 50% to Central Office, 40% to CNIA 07, 10% to GSO New York.
 4. In the interest of transparency, let all our GSRs know that we want to discuss the distribution of money over our prudent reserve at our next GSR meeting in January.
 5. GSRs can tell their group that District 47 is doing well financially, so if the group wants to shift their District 47 contributions to Central Office or CNIA 07, that is appropriate for now.

Announcements:

Dec 6th – First Friday Speaker Meeting at the Porterville Twelve Step Recovery Club, 8:00-9:30 pm

Dec 7th – Tulare County Bridging the Gap committee meeting via Zoom, 11:00am-12:00pm

Dec 31st – Central Office New Year Eve Dinner and Speaker Meeting at the Lindsay Veterans Memorial Building 775 N Elmwood Ave, Lindsay CA 93247.

Responsibility Declaration: Read by all “I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.”

The meeting was adjourned at 7:59 PM.

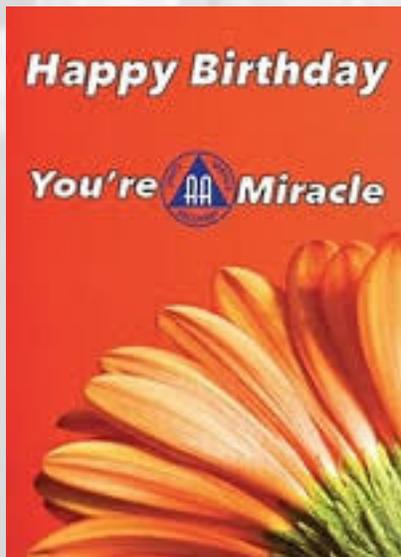
Respectfully submitted,

David G., Recording Secretary

January 2025 AA Birthdays!

Janice M	Exeter	52	1/23/1973
Rosemary H	Three Rivers	51	
Ray C	Corcoran	50	
Wilma L	Tulare	49	
Margie M	Visalia	47	
Ray C	Exeter	47	1/11/1978
John S	Ivanhoe	46	
Lyna H	Three Rivers	45	
Neva H	Visalia	45	
Edith M	Visalia	43	1/28/1982
Gary P	Visalia	43	1/4/1982
Peggy F	Dinuba	42	
Paul P	Farmersville	41	
Ramon V	Porterville	40	1/1/1985

Dusty A	Visalia	33	
Scott O	Visalia	33	1/28/1992
Linda A	Visalia	32	
Raleigh A	Visalia	32	
Tim M	Visalia	32	
Dick	Visalia	32	
Ed F	Visalia	32	1/4/1993
Sandy W	Woodlake	31	
Gale D	Visalia	3	1/9/1995
Eric M	Visalia	30	1/29/1995
Fred F	Visalia	30	1/24/1995
Bob Y	Hanford	28	1/29/1997
Stan B	Terra Bella	27	1/1/1998
Patrick S	Visalia	27	1/5/1998
Greg G	Porterville	26	1/15/1999
Laura B		25	1/9/2000
Martin	Dinuba	24	
Catherine C	Visalia	21	1/24/2004
Bob M	Visalia	20	1/5/2005
Jim P	Visalia	20	1/8/2005
Linda I	Visalia	19	1/27/2006
Martha M	Porterville	18	1/20/2007
Steve C	Hanford	18	
Miguel S	Dinuba	17	
Maria G	Dinuba	17	
Kim L	Tulare	11	1/28/2014
Daniel G	Visalia	6	2/14/2019
Cheri C	Porterville	4	1/2/2021
Joe C	Porterville	4	1/2/2023
Angela H	Porterville	4	1/18/2021
Derk	Visalia	2	1/24/2024



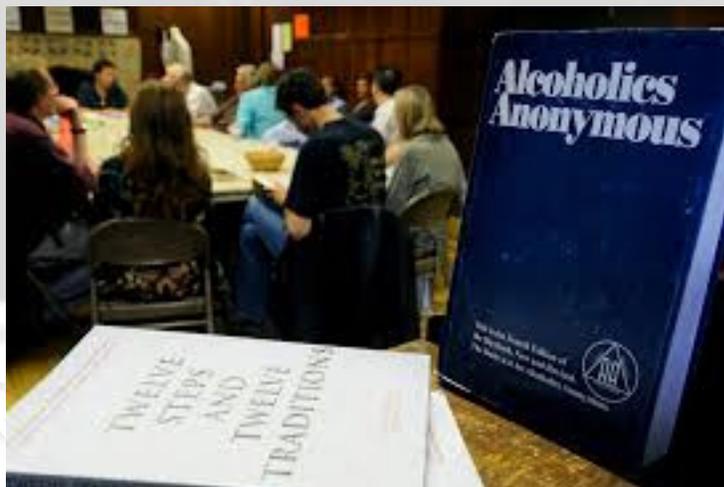
*That's 1,812
Years of Total
Sobriety!!!*

Group Contributions 11/21/24-12/20/24

				Month	YTD
1st Friday Speaker Meeting					\$205.00
10th Ave Men's Group					\$857.57
ABC Group					\$-
ACYPAA					\$-
Bridge St "Drunks Only"				\$252.95	\$2,254.80
Central California Round Up					\$-
Central Valley Recovery Alumni Meeting				\$30.00	\$40.00
Civic Center Group					\$272.30
Clodbusters-Tulare				\$282.00	\$1,002.90
Crossroads-Tulare					\$350.00
CSO Meeting				\$45.00	\$433.75
District 47					\$621.00
District 49					\$-
Everyday is Christmas					\$675.65
Exeter Sunday Afternoon					\$450.00
Freedom Fellowship					\$205.00
Friends of Bill W and Dr Bob Tulare					\$455.00
Friends of Bill W					\$1,015.00
Gem St Noon Book Study					\$-
Half & Half					\$100.00
Keep it Simple Sunday					\$297.00
loose women					\$87.50
Monday Men's Valley Big Book Study					\$325.00
Monday Men's Mtg (PPAV)				\$700.00	\$1,175.00
Mid-Valley-Tulare					\$-
Monday Book Study Springville				\$90.00	\$690.00
Monday Women's Reflections					\$395.47
Nooners Group-Visalia					\$-

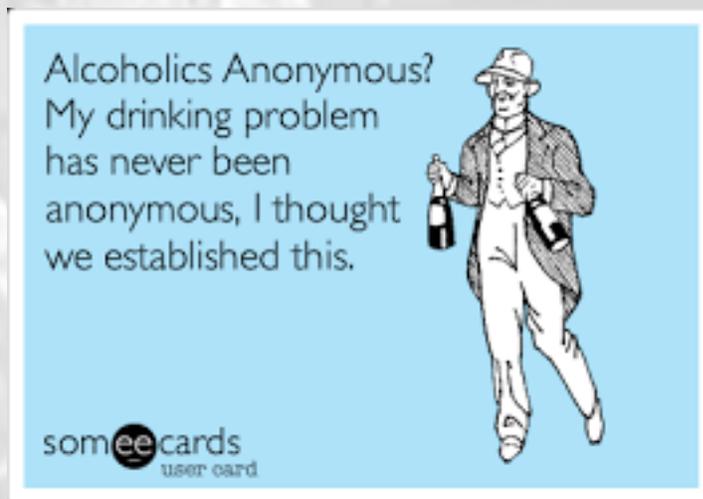


Porterville Friday Night Candlelight		\$-
Practicing the Principles		\$288.00
Quiet Trails	\$150.00	\$800.00
Rainbow Group		\$190.00
Rule 62-Visalia		\$218.00
Serenity Junction-Tulare		\$-
Saturday Night Believers		\$-
Sober for a Reason		\$-
Sober Tippers		\$-
Springville Gut Level		\$750.00
Springville Breakfast Meeting		\$1,000.00
Sunday PM Serenity Seekers		\$-
Three Rivers Monday		\$350.00
TUFYPAA		\$-
Tuesday Men's Porterville		\$-
Tuesday Women's Amity Group (TWAG)		\$1,251.58
Unity through Traditions	\$200.00	\$614.00
Valley Group		\$-
Valley Speaker Series		\$-
Visalia Alano Club		\$144.09
Wandering Couples		\$-
Wednesday Acceptance Group (WAG)	\$200.00	\$900.00
Women's Changes Group		\$-
Women's Friday Night-Porterville		\$-
Women's Happy		\$255.50
Women's Saturday AM 12x12		\$-
Totals	\$1,949.95	\$18,669.11



Lighter Side of AA

“Woman shows up at AA meeting. Shares, she was just released from prison and is required to attend meetings. A man asks what she was in jail for. Killing her husband, she says. AA man says, so you’re single then?”



When your sponsor sees
through your bullshit



BIRTHDAY CLUB

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

JUST CONTRIBUTE \$1.00 FOR EACH YEAR YOU HAVE BEEN SOBER ON THE ANNIVERSARY OF YOUR SOBRIETY DATE TO YOUR CENTRAL OFFICE. THAT IS ONLY ONE TIME PER YEAR. IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.



venmo



***Would You Like Your Name on the
Monthly Sobriety Birthday List.***

NAME: _____

SOBRIETY DATE: _____

CITY: _____

Please send information to:

**Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221**

Email Info: tccof@hotmail.com

Meet The Editor

Hello Everyone!

My name is Robert and I am an Alcoholic!

**Its is great to meet you I am the new Editor of the
Central News.**

**I really look forward to being of service. I invite
anyone that wants to get into service to type up a short
piece and share it with us, email a picture, a quote, an
article or anything!**

I want to thank you for allowing me to be of service!!

—Robert P.

GOT JOKES/STORIES?

Hello there! Its your friendly editor, Robert P, and I welcome anyone who has an AA-related joke that they would like to share, or story to in order to further help our readers both laugh and stay inspired. I feel that there are never too much of either of those things! Thank you for letting me be of service!



Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!