

# CENTRAL NEWS

August Summer, Anonymous

August 2024

Website:

[www.aa-tulareco.org](http://www.aa-tulareco.org)

## **“The Big Book”: Bible For Alcoholics**

**“A persistent lack of control over your drinking even when you want to control it  
and when it is necessary that you do control it.**

**An underlying maladjustment from which the excessive drinking usually stems.”**

**“Like all A.A.’s the new members find themselves in one of the most  
cleverly conducted organizations of modern times. It accepts no mon-  
ey from outsiders, so that even if you wanted to leave a bequest to A.A.  
the money would be refused. It also insists on the public anonymity  
of its members. (last year Bill W. turned down an honorary degree of  
doctor of laws at Yale because it would have brought him a personal  
type of glory frowned on by A.A.) Yet these two rules have always been  
credited with bringing the organization more really worthwhile pub-  
licity (i.e., the kind of publicity that reaches alcoholics who need A.A.)  
than could have been achieved by any other public relations policy.”**

**-Saturday Review, August 27, 1955**

## STEP EIGHT

### WILLINGNESS/COMPASSION

“Made a list of all persons we had harmed,  
and became willing to make amends to them all.”

The Eighth Step and the Ninth Step go hand in hand.

Consider Step Eight to be something of a primer  
before we begin making our amends.

Step Eight involves working with our sponsors.

It involves a deep and searching inventory,

We must be completely honest with ourselves

& we must develop a sense of readiness to be honest with others.

The definition of “amend” isn’t to apologize—it’s to make a change.

The Twelve Steps do not advocate blanket apologies, but rather the drive  
to improve upon relationships that we have injured or broken.

Remember that recovery leads to spiritual growth.

Spiritual growth improves our personal relationships.

# Tradition Eight

## Tradition 8

**Short Form: "Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers."**

Greeting from Tulare County Central Office! This is Carol Ann, your Central Office's Office Manager, also known as ***your special worker!***

Every time the phone rings here, I think to myself, oooh, maybe we get to save a life today!

We don't get a lot of 12 step calls, but we do get them and I am so grateful to have a long list of men and women who are willing to go to any lengths to help a suffering alcoholic!

Unfortunately, sometimes we hear that someone who called and reached out to us, didn't stay connected and died. We can't do the work for them. So unfortunately, not all AA stories have a happy ending, we can only do our part! I for one grabbed onto my AA ladies and haven't let go! I have a disease that lies to me and AA speaks truth!

It is an honor and a privilege to be here and I absolutely love what I get to do for you here at your Central Office! I am one of many special workers across the globe hired to make the sure the AA message of recovery reaches whoever wants to hear it! Special workers do many things, they make sure the Big Book is available to anyone who wants one! It is available in over 70 different languages although our office only carries it in 2, Spanish and English. We have it available in pocket size, large print, hard cover, soft cover, and even in Braille for the visually impaired! It is available in audio version for free on our website to for those who don't like to read, and would prefer to listen to it....

Every day here at Central Office is an awesome day because everyone I meet is service connected! Everyone who comes in is in service to a meeting, or a member, getting literature, meeting schedules or chips for their meeting. Sometimes people come in for something special for a sponsee or a sponsor celebrating a birthday to acknowledge our sobriety milestones! All these wonderful people giving back to the program that is saving our lives!

Central Office operates solely through your contributions! Your contribution makes it so we can afford to rent an office that has all the things you need for your meetings! Your contributions pay for an office manager, payroll taxes, literature, meeting schedules, a website, insurance and holds events like our most recent event, The Founder's Day Picnic, where we get to celebrate AA and our sobriety with our families and friends!

AA as an organization has many legal obligations, we are held accountable to many governing agencies. This Central office is in compliance with them all and we are good until 2025 when we start that process all over again.



Through this office, I get to witness all the ways people get to give back to the program that has helped them save their life: We have volunteer Board Members who meet monthly to discuss Central Office Business. We have volunteer group members who meet monthly in the CRS's meetings too! We have someone who volunteers to put our Newsletter together every month and a volunteer who keeps our website running glitch free! We have Volunteers all over the world who give their time, our most valuable asset in my opinion, to share a message of hope, a message of recovery, and a better way to live! Members of AA also give back to this program when they give through the 7<sup>th</sup> tradition basket at the meetings they attend and then during your meeting's business meeting it is decided whether or not your group will contribute to Central Office. Most meetings will send us a percentage of their overage whenever they are over their prudent reserve. Thank God for the members who believe in what we are doing! We have members that send money to our Birthday Club and give \$1 a year for their sober birthday! We have grateful givers who donated money monthly through our Grateful Givers Club! We have individuals that donate regularly just because they want to help keep our doors open to share our AA message of recovery! *It is only through contributions from YOU and YOUR GROUPS that Central Office can continue to keep our doors open to help the still suffering alcoholic!*

I was one of those suffering alcoholics, and through AA my sanity has been restored! I am so grateful for the message of recovery that was shared with me! I am not the same person I was when I walked in to the rooms 8 years ago! Today I know that I am the only person responsible for my recovery and my choices! Today, I choose to stay connected to you, my beautiful AA family! Thank God for AA and the people who showed me a better way to live! You know who you are!

In love and service,

Carol Ann G

# 3 LEGACIES CONFERENCE

SPACES ARE FILLING UP!

\$44/PERSON WHICH INCLUDES A FREE BREAKFAST & LUNCH!

REGISTER TODAY BEFORE IT'S FULL!

OPTIONAL SATURDAY NIGHT DINNER!

(Tri-Tip, Salmon, Vegetarian)

## THE LOVE & SERVICE



**The three legacies conference, where we share our stories of using the AA Steps, Traditions and Concepts in our lives.**

FORMERLY THE UNITY & SERVICE CONFERENCE  
HOSTED BY THE LOVE & SERVICE AA GROUP

**MAIN SPEAKERS:**  
BILLY N. FROM PALM BEACH GARDENS, FL  
MIKE F. FROM AURORA, CO "MYTHS AND MISCONCEPTIONS"  
JEFFREY N. FROM NOVATO "USING THE AA STEPS"  
FRANCINE W. FROM PALM DESERT, CA "USING THE AA TRADITIONS"  
ARISA B. FROM BOSTON, MA "USING THE AA CONCEPTS"  
TINA O-W. AND JOE O. FROM EL SOBRANTE "USING AA 3 LEGACIES IN OUR RELATIONSHIP"  
ANDIE MOSS "CLASS A TRUSTEE"

OCT	FRI	2024	OCT	SAT	2024
	11			12	
REGISTRATION OPENS : 3:00PM EVENT : 6:00PM - 8:30PM			EVENT STARTS : 9:00AM EVENT ENDS : 10:00PM		

**HYBRID EVENT**  
SPANISH INTERPRETATION  
ASL INTERPRETATION



**ONLINE & IN-PERSON REGISTRATION COST**  
INCLUDES SATURDAY CONTINENTAL BREAKFAST & LUNCH

**EARLY BIRD ~ BEFORE JULY 01 ~ \$39**  
**STANDARD ~ JUNE 02 - OCT 08 ~ \$44**  
**LAST CALL ~ OCT 08 - OCT 11 ~ \$55**  
OPTIONAL ~SATURDAY DINNER ~ \$55

**EVENT REGISTRATION | <https://www.unityandserviceconference.org/>**



THE HOPE CENTER | 2275 MORELLO AVE | PLEASANT HILL | CA

*Individual, Newsletter, Memorial & Birth-  
day Club Contributions*  
6/21/2024 thru 7/20/2024

*Support the Central Office*

**Birthday Club**

<b>Vicki B</b>	<b>Porterville</b>	<b>7</b>
<b>Danny S</b>	<b>Visalia</b>	<b>36</b>
<b>Anonymous</b>	<b>Exeter</b>	<b>38</b>

**Grateful Giver's Club**

**Members** **\$124.44**

**Individual Contributions**

- Bob T**
- Elly Q**
- James K**
- Sandra K**
- Sean A**

**Newsletter Contributions**

**None**

**Memorial Contribution**

**None**



Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

**Donate Today using Venmo!**







*Donde se reúnen los amigos*

*Oradores • Paneles • Artesanía • Sorteo Gratis*

*Registración Incluye:  
Desayuno Almuerzo y Postre*

Hotel anfitrión:

**Hampton Inn & Suites Lodi**

1337 S. Beckman Road, Lodi CA 95240

(209) 369-2700

Mención: **HDH**—Tarifa: \$165 + impuestos/cargos

Alcohólicos Anónimos

18th Años

## ***Mano en Mano Dia de Unidad de Mujeres***

**sábado, 14 de septiembre, 2024  
8:30 a.m. to 4:30 p.m.**

***Vinewood Community Church***

1900 W. Vine Street  
Lodi, CA 95242

*Oradores:*

***Leslie K., Modesto, CA  
Marilyn S., Los Angeles, CA***

Preinscripción hasta el 9/7/2024

\$30 (no reembolsable) - \$40 Registro en la puerta

**Cheques por correo pagaderos a Hand In Hand, 10173 Carmel Valley Way, Elk Grove CA 95624**

Para tarjeta de crédito, correo electrónico [hinhntreasurer@gmail.com](mailto:hinhntreasurer@gmail.com) con nombre completo,  
número de teléfono, Y todos los nombres de las invitadas.  
El link seguro se le enviara por email para su pagoyour.

Para obtener más información, póngase en contacto Karen T. at (925) 628-0514 or Sue G. at (916) 207-6676

**Por favor, complételo para que podamos incluirlo en la lista de correo del próximo año**

Nombre de pila: \_\_\_\_\_ Nombre Apellido: \_\_\_\_\_

Correo electrónico: \_\_\_\_\_

Dirección: \_\_\_\_\_ Ciudad: \_\_\_\_\_ Estado: \_\_\_\_ Código postal: \_\_\_\_\_

Teléfono: \_\_\_\_\_ Teléfono celular: \_\_\_\_\_ Fecha de sobriedad: \_\_\_\_\_

Me gustaría estar al servicio de esta convención: SÍ \_\_\_\_\_ NO \_\_\_\_\_ Beca Donación: \_\_\_\_\_

Cantidad Enviado: \$ \_\_\_\_\_

**\*Enumera los nombres de todos los invitados:** \_\_\_\_\_

*Hay un número limitado de becas disponibles a cambio de 2 horas compromiso de servicio.  
Envíe una solicitud por adelantado a Sue G.: [hinhntreasurer@gmail.com](mailto:hinhntreasurer@gmail.com)*

***Lo sentimos, no se permiten niños ni animales de servicio no entrenados en este evento***

# Upcoming Meeting Guide App Information!

## \*New Release - 4.2.1\*

Meeting Guide Version 4.2.1 was released in April 2024. This release included a new Maps feature for in-person meetings and support for additional language Types.

The Maps feature can be accessed from the main meeting list by selecting the icon in the top right corner:

Click this new icon for a map view of in-person meetings in the current meeting list. From the map view you can select red markers to see basic information on that meeting location by clicking on the meeting card.

You can also change the filters, location and more from the map view.

Please read this article

<<https://communicationservices.cmail20.com/t/y-l-mltiyut-duhkhlik-j/>>  
for more information on using this new feature.

The following languages have been added to our existing language Type options: Amharic, Croatian, Danish, Greek, Hindi, Hungarian, Lithuanian, Malayalam, Norwegian, Slovak, Swedish, Tagalog, Ukrainian. Language Type codes should be included with individual meeting listings, and they can also be applied at the entity level as the default meeting language.

## \*New participating entities\*

We extend a warm welcome to the recently added participants on Meeting Guide:

- \* AA Egypt
- \* Central Office of AA-Snohomish County
- \* Area 56 District 12 and 13 of AA (Ohio)

## \*Up Next\*

We will be reviewing all feedback sent in to [appsupport@aa.org](mailto:appsupport@aa.org) regarding the new map feature and incorporating that into future releases. The team is also in the design phase for improvements that support finding online meetings. While these larger projects are underway there will be some interim releases, including: a required software platform upgrade, new meeting contact features.







**CNIA 07**

# **Delegate's Report from the 74th General Service Conference**

**Hosted by Districts 42, 47 & 49  
All AA Members Welcome**

## **When**

**Saturday, August 24, 2024  
11:00 AM to 5:00 PM**

## **Where**

**Exeter Veterans Memorial Hall  
324 N. Kaweah Ave  
Exeter, CA 93221**



## **Zoom Access**

**Meeting ID: 890 5332 0199  
Pass Code: 19350610**

## **FREE FOOD**

**Tri-Tip Sandwich  
with Chips and a Drink**

## **Doors Open**

**11:00 AM**

## **Lunch Served**

**12 Noon to 1 PM**

## **Delegate Report**

**1 PM to 3 PM**

**Matt L, CNIA 07 delegate,  
will share his experience  
representing our Area  
at this year's General  
Service Conference.**

## **Q&A Session**

**Immediately Following  
the Delegate's Report**



**For more info, call  
Mike C, District 47 DCM  
(408) 688-6049**

# Central Office Contacts

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

6/21/2024

through

7/20/2024

AA Members	37
Alanon & Alateen Info	0
Bridging the Gap	0
Churches and Schools	0
Court Referral/Info	2
E-Mail Contacts	231
General Info	2
H & I	0
Literature Sales	9
Meeting Information	4
Other 12 Step Programs	1
Prospective Members	0
Schedules & Info Mailed	0
Spanish Contacts	0
Specialty Sales	14
Twelve Step Calls	0
Visitors to the Office	12
Voice Mail Calls	12
<b>Total Central Office Contacts</b>	<b>324</b>



INCOME	MONTH	YEAR TO DATE
B.Day Club	81.00	519.00
Grateful Givers Club	124.44	1,910.48
Group Cont.	2,060.35	10,262.19
Indiv Cont	135.00	3,322.25
Interest Income	0.00	0.00
Lit. Sales	511.30	4,881.05
Memorial Cont.	0.00	100.00
Misc.	0.00	0.00
Newsletter Contribution	0.00	10.00
S & H	27.00	48.00
Sales Tax	40.00	662.20
Service Charge	0.00	2.84
Spec. Events-New Year's Eve	0.00	4,705.00
Spec. Events-Picnic	0.00	2,924.97
Spec. Items	302.50	3,807.18
State fund dividend	0.00	25.00
State Fund Refund	0.00	0.00
<b>TOTAL</b>	<b>3,281.59</b>	<b>33,180.16</b>
EXPENSES	MONTH	YEAR TO DATE
Bank Charge	0.00	0.00
Fees-Taxes	0.00	70.00
Insurance	0.00	550.00
Lit. Costs	0.00	2,376.30
PI-CPC Expense	0.00	99.50
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Non Employee Compensation	0.00	750.00
Office Exp	0.00	896.48
Office Equip.& Maint	0.00	81.55
Paypal charges	1.07	8.33
Payroll Taxes	2,031.27	5,720.19
Phone & ISP	0.00	810.86
Printing and copy expense	0.00	0.00
postage	0.00	82.29
Returned Check & Chg	0.00	0.00
Rent	685.00	4,795.00
Salary	1,438.72	11,094.78
Sales Tax-Paid	0.00	0.00
Spec. Events-picnic	0.00	2,602.78
Spec. Events-New Year	0.00	3,066.35
Spec. Items	0.00	1,501.83
Square Card Charges	22.04	171.24
Utilities	117.04	587.73
Ph-venmo	0.00	107.96
venmo fees	0.00	48.63
Website	0.00	187.90
<b>TOTAL</b>	<b>\$4,295.14</b>	<b>35,609.70</b>

Net Gain(Loss) (\$1,013.5) (2,429.54)

BEGINNING ACCOUNT BALANCES AS OF 6/20/2024:

**\$19,019.30**

ENDING ACCOUNT BALANCES AS OF 7/20/2024

**\$18,005.75**

Established Prudent Reserve

**\$19,000.00**

# Speaker Meetings

## Speaker Meetings for August 2024

Porterville Recovery Club Speaker Meeting  
186 W. Walnut Ave.

Friday August 2nd 2024 at 8:00 PM

Speakers: TBA

Sunday AM Breakfast, Speaker Meeting  
Veterans Memorial Building

36000 Hwy 190, Springville

Sunday August 11th 2024

(Breakfast at 8:30 to 10:00 AM)

Speaker:

The Valley Group, Speaker Meeting  
St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Every Wednesday from 7-8 pm.

Speakers for July

TBA

Civic Center Group

Christ Lutheran Church

3830 W Tulare Ave, Visalia

Birthday speaker meeting

Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group

Sunday 7:30-9 pm.

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Speakers for July

TBA

Attention speaker group secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (559) 592-6999 or TCCOF@hotmail.com by the 20th of the month preceding the month of the Newsletter.

# Service Meetings

## & Addresses August 2024

### Service Meetings

GSR Meeting at Central Office

449 E. Maple St., Exeter, CA

Tuesday, August 6th 2024 at 7:00 PM

Bridging the Gap meeting at Central Office

449 E Maple St Exeter, CA

August 3th 2024 11:00 AM

CSR Meeting at Central Office

449 E. Maple St., Exeter, CA

Tuesday, August 13th 2024 6:00 PM

H&I Meeting (odd months only) in person at

526 N Bridge St (no Zoom)

2nd Saturday August 10th 2024 9:00, Orientation,

Business meeting 10:00

TUFYPAA

Zoom ID 839 4820 8237 Password: service

2nd Sunday of the month, August 11th 2024

### SERVICE ADDRESSES

Tulare County Central Office

449 E. Maple St.

Exeter, CA 93221

(559) 592-6999

Email: tccof@hotmail.com

Website: www.aa-tulareco.org

Hours: Mon-Fri 9:00am to 1:00pm

Closed Major holidays

Send Contribution to:

Tulare County Central Office

449 E. Maple St.

General Service Board

P.O. Box 2407

James A Farley Station

New York, New York 10116-2407

<http://contribution.aa.org>

H&I-Contributions

P.O. Box 192490

San Francisco, CA 94119-2490

District 47, C.N.I.A.

P.O. Box 273

Exeter, CA 93221

CNIA Treasurer

PO Box 161712

Sacramento, CA

95816-1712



# Central Service Meeting Meetings

## ☛CENTRAL SERVICE MEETING MINUTES☚

### Central Office & Central Service Representatives Meeting Report

#### Date:

July 9, 2024

#### Meeting called to order:

6:02 P.M.

Quick round of introductions...4 members present, 1 via zoom

#### Board Members Present:

David G, Patrick A, Ally A

#### Serenity Prayer

David G

#### 12 Traditions

David G

#### Minutes of Last Meeting

Amend Vickie B for Women's Changes & Bridge St meeting  
Patrick A motion to approve, Vickie B second all in favor

#### Report of Last Board Meeting

David G

#### Treasurer & Office Report

Good evening!

For the period from May 21<sup>st</sup> thru June 20<sup>th</sup>, 2024 Central Office had an income of \$6,471.96 and expenses of \$6471.65 for a gain of \$0.45.

Our Grateful Givers Club brought in \$204.39 and our Birthday Club brought in \$24.00 in much appreciated contributions.

We had \$728.47 in gross sales in 10 transactions for credit and debit cards, \$20 in 1 transaction in PayPal, and \$170.00 in 4 VENMO transactions this accounting period.

Traffic and calls have been average.

Office operations are going well and we are still fulfilling our primary purpose of carrying the AA message of recovery. Claudia covered the office 6/13/2024.

Elections for the Central Office Board is coming up again in December, we will have 2 positions opening up. Please announce this to your groups, each position is a 2-year commitment.

***I would like to thank all of the groups and individuals who contributed to Central Office though your group contributions, your Birthday Club contributions and your individual contributions and our Grateful Giver's Club contributions!***

**Grateful to be here!  
Carol Ann Gable  
Office Manager/Treasurer**

**Public Information Report**

George J  
No report

**Volunteers to Write STEP & TRADITION for Central Newsletter**

**STEP FOR NEWSLETTER-VOLUNTEER**

	<b>Issue</b>	<b>Step</b>	<b>Member</b>	
August/Step 8	Ally A	Due to <a href="mailto:centralintergroupnews@gmail.com">centralintergroupnews@gmail.com</a>		7/21/2024
September/Step 9	Vickie B	Due to <a href="mailto:centralintergroupnews@gmail.com">centralintergroupnews@gmail.com</a>		8/21/2024

**TRADITION FOR NEWSLETTER-VOLUNTEER**

	<b>Issue</b>	<b>Step</b>	<b>Member</b>	
August/Tradition 8	Carol Ann G	Due to <a href="mailto:centralintergroupnews@gmail.com">centralintergroupnews@gmail.com</a>		7/21/2024
September/Tradition 9	David G	Due to <a href="mailto:centralintergroupnews@gmail.com">centralintergroupnews@gmail.com</a>		8/21/2024

**Newsletter Report**



**Website Report**

David G

Report covers the time between the June and July CSR Meetings (2024-06-10 through 2024-07-09).

Calendar of events:

Carol Ann published the Hand in Hand Women's Day of Unity event for September 14

David published the Soberfest planning meeting and a Save-The-Date for Soberfest 2024

David added the NCCAA Fall 2024 event in Sacramento

Announcements:

Bridging The Gap volunteers needed

Central Office closed July 4th

Two new pages added to the website: H&I and BTG

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Springville Sunday Breakfast meeting, and Valley Group meetings.

Thank you for letting me be of service.



## **Hospitals & Institutions “H&I” Report**

Joyce R

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA. In June, Tulare County (Area 93) held 21 meetings in treatment facilities and the Tulare County Jail. We continue to have a minimum of 30 dedicated volunteers participating monthly and distribute over 100 AA books. We need Spanish and/or Bilingual volunteers as there continues to be a need for Spanish meetings in all facilities. Currently, Spanish inside members have Bilingual inside members translating for them. While a temporary solution, it does not allow either to fully participate in the meeting. Therefore, our goal is to be able to offer Spanish meetings simultaneously as needed.

Our efforts are fully supported by funds collected from passing the pink cans at AA meetings. NorCal continues in a sound financial position. However, we have returned to our pre-pandemic monthly expense average of \$53,000. To maintain our ability to distribute literature, we need continued support from our fellowship. Please encourage all groups, to pass the Pink Can at Tulare County Meetings and have the Treasurer send in the funds on a regular basis. If your group does not have a Pink Can, please contact Central Office or myself.

We are continuing to recruit for the IVSS Program which matches inside Prison members with Outside AA Sponsors. We are now able to sponsor in prisons electronically. This is accomplished through an exchange that keeps the sponsors information protected and anonymous. The women are sponsoring in Chowchilla Women facility and the Men are sponsoring at Folsom, Soledad and San Quintan. These visits can be a combo of in person and electronic. This new electronic option allows the sponsor to of service at any Facility without the travel. The sponsor can choose to meet in person to hear the 5<sup>th</sup> step or arrangements can be made with the Prison Chaplain to ensure the confidentiality of the Inside Member. More information is available by emailing [handi.ivss@gmail.com](mailto:handi.ivss@gmail.com)

Locally, we are preparing for more growth as our volunteers take on different aspects of the administrative side of our committee. Please send any interested AA members to our next orientation: July 13, 2024; 9:00 am; at 526 N. Bridge Street, Visalia, CA 93291 followed by our business meeting at 10:00 am. This information is also listed on the Tulare County Website at [aa-tulareco.org](http://aa-tulareco.org)

In Service,  
Joyce R., Area 93 Chair

## **Bridging the Gap “BTG” Chairperson Report**

Cody R-reported by David G

RSAT at the Sherriffs department program via zoom...volunteers needed this is a temporary gathering to help build a connection with a newcomer who will be released. Currently there are approximately 30 people per month needed this relationship/connection

## General Service Office "GSO" Liaison Report

GSR meeting was July 2nd, 2024

Seven people attended; two in-person and five via Zoom. Spectrum Internet Service at the Central Office flaked out multiple times, making it difficult on everyone not on Zoom (and for those people on Zoom wanting to hear from the in-person attendees).

### Treasurer Report:

Beginning Balance: \$3036.70

#### INCOME

Date	Description	Amount
7/1/24	Practicing Principles	\$10.00
7/1/24	Springville Book Study	\$60.00
	Total Income:	\$70.00

#### EXPENSES

Date	Description	Amount
	Total Expense:	\$0

Ending Balance: \$3106.70

### DCM report:

Mike reached out to the Exeter Veteran's Memorial building about reserving a room for the August 24 Delegate's Post-Conference report. We have the reservation, for a room that can hold up to 72 people. The event will be from 11 AM to 3 PM.

Mike attended the June 15 CNIA Area 7 Area Committee Meeting (ACM), and provided the final report on the Post Conference Assembly in Huron.

### Old business

None

### New business

1. Motion to approve funds up to \$424 to pay for the Delegate's Post-Conference Report event on August 24 at the Exeter Veteran's Memorial Building. Motion passed.

## **CSR REPORTS**

### **Visalia Mens Monday Night Stag William A., CSR**

Visalia Mens Stag is every Monday at the PPAV Hall in Visalia. This is a closed meeting of AA, the meeting starts at 7:30 pm til 9pm we have between 40 to 60 men every week, A speaker starts our meeting and then chooses how the meeting goes. After coffee is provided. Birthday meetings are held the last Monday of every month.

Thank you,  
William A

### **Saturday Morning Women's 12 x 12 Tracy Jo W., CSR**

Held weekly from 9-10 am Saturday morning .

Approx 25-35 women. We read from 12 Steps and 12 Traditions weekly and the last Saturday of the month we answer questions from an "ask it Basket". We also celebrate weekly with chips on various lengths of sobriety.

Thank you for letting me be of service,  
TracyJo W

### **Rainbow Group, Presented by George J., CSR.**

The Rainbow Group meets every Saturday for an hour at 5:30 PM at The Source in Visalia, at 109 Northwest Second Avenue, which is on the south side of the Oval park. We meet for one hour and we are an Open hybrid group that meets on Zoom as well. The Zoom ID and passcode are on the website and in the Meeting Guide app. We offer a five o'clock meditation if you're interested in arriving early to prepare for a meeting. We have a speaker at the beginning of each meeting who speaks for 10 minutes after which the group is open. We give out chips at every session and celebrate birthdays at the end of the month with cake (no ice cream). We also have our business meeting on the second Saturday of the month.

Thank you for letting me be of service, George.

### **Springville Monday Night Book Study Group, Presented by Cody R., CSR.**

We are located at the Lighthouse Chapel in Springville. We meet Monday nights from 7 to 8 PM. It is an open group book study. We rotate the books that we study. We're currently reading Language of the Heart. Turnout is about average. Emotional Sobriety will be the next book we will be reading. We have coffee and dessert every Monday. We would love to have more visitors. The Lighthouse Chapel is located off the 190: turn on to Bridge Drive, and then south to Rio Vista. We usually have a dinner before the meeting.

### **Gut-Level Group, Presented by Cody R., CSR**

The Thursday Night Gut Level open meeting for men and women, is also located at the Lighthouse Chapel in Springville. We meet Thursdays from 7 to 8:30 PM. It is an open meeting with people sharing their experience, strength, and hope. Our birthday meeting is the last Thursday of the month, and we celebrate with cake and coffee. Turnout is steady. We have cake whether anyone is celebrating a birthday or not. It's a great meeting and we would love to have visitors.

Thank you for letting me be of service, Cody.



**Friends of Bill W and Dr Bob, presented by Patrick., CSR**

This is a Tuesday night meeting held at St Johns Episcopal Church at 1701 E Prosperity Ave in Tulare from 7-8:30pm We are a fellowship of men and women sharing our experience strength and hope. We average 10-15 people and give out chips for various lengths of continuous sobriety. We celebrate anniversaries the last Tuesday of the month with cake and ice cream regardless if anyone is celebrating an anniversary. Newcomers are welcome and we have members who are open & willing to sponsor. Thank you for letting me be of service, Patrick A

**AA Loose Women's Meeting, Presented by Glenda V., CSR**

We meet every Friday night at 6:30-7:30PM at the Twelve Step Recovery Club at 186 South D Street in Porterville. We are an Open discussion meeting for Women only. It's a discussion meeting: somebody picks a topic and people talk about the topic. Cross-talk is welcome. We average about 10-15 people. Ladies from PAAR are attending our meeting. We have women with up to 43 years of sobriety, proving the program works.  
Thank you for letting me be of service, Glenda

**Bridge Street, Presented by John W., CSR**

We have many meetings at Bridge Street Drunks Only in Visalia. Many of our meetings are closed but some are open, welcoming everyone.  
Please refer to the meeting schedule if you need clarification. We contribute to all service entities with birthdays celebrated at the end of the month. Please visit us at 526 N Bridge St.  
John W.

**Tuesday Women's Changes, Presented by Vicki Bates., CSR**

We meet every Tuesday from 6to7 pm at the Recovery Club located at 186 S. D Street, Porterville. We are an open meeting for women only. This is a stick topic meeting. That is each woman picks a preprinted stick and shares on the topic described on the stick. Our attendance includes women with a brief period of sobriety to those with many years. All are welcome. On the last Tuesday of the month we have a potluck to celebrate those with sobriety birthdays. Those women are invited to share their experience strength and hope with the group. Thank you for letting me be of service.

**Exeter Sunday Afternoon Group, Presented by Mike Potts., CSR**

Sunday 2:30 alive and well meeting attendance 7-10, cakes for birthday last Sunday open meeting located at First Presbyterian Church 200 South E Street Exeter

**Crossroads Presented by Steve P., CSR**

The Crossroads Group meets Thursdays 7:00pm for one hour we are a small open meeting all are welcome. 220 W Tulare Ave  
Thank You for letting me be of service,  
Steve

**Old Business**

Unity Day Committee report will be next month for cost and ideas

**New Business**

CSR Should it be mandatory for them to attend meetings in person... discussion all paperwork can be accessed via email. To have zoom available it is \$150 annually, however this is also used by the GSR meetings held at central office monthly. If this allows more participation this is definitely a good idea.

### **Seventh Tradition**

\$24.00

### **Announcements**

1. Saturday August 24th luncheon in Exeter Memorial Building 11-3 lunch provided 72 room capacity  
DCM delegate lunch 11-12  
Area 7 District 4 discussion re the plain and simple Big Book, and much more information re the New  
York City Conference
2. Sunday Speaker meeting in Springeville August 25th
3. Soberfest planning meeting July 17 that 5:30 in person and zoom...event to be held September 21st  
presale tickets \$20.00. Valle Group.. food, desserts, decor, set up/tear down.

### **Meeting Adjourned**

7:12pm

# District 47 Meeting Minutes

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter. Due to Spectrum Internet Service unreliability, several portions of the Zoom meeting were disrupted.

**Meeting Called to Order:** 7:15 PM by District Committee Member (DCM) Mike C.

**Committee members present:**

Dusty B., GSR for the Springville Thursday Night Gut Level Group  
Fred F., GSR for Unity Through Traditions  
Laura B., GSR for the Springville Monday Night Book Study  
Leah W., GSR for Bridge Street Drunks Only  
Mike C., DCM  
Allen L., Treasurer  
David G., Recording Secretary and Central Office Liaison

Permission requested from all present that this meeting be recorded for the recording secretary's benefit.

**The GSR Preamble** was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

**12 Traditions:** read by Allen L.

**Concept 6:** Concept 7 long form read and explained by Mike C.

**Approval of Minutes:** June 2, 2024, minutes reviewed and approved: all in favor, none against.

**Treasurer's Report:**

Beginning Balance: \$3036.70

**INCOME**

Date	Description	Amount
7/1/24	Practicing The Principles	\$10.00
7/1/24	Springville Book Study	\$60.00
		=====
	Total Income:	\$70.00

**EXPENSES**

Date	Description	Amount
	Total Expense:	\$0.00

Ending Balance: \$3106.70

**CSO Liaison Report:** David G.

Our June CSR Meeting was held on June 11<sup>th</sup>. The meeting was a hybrid meeting, both in-person and on Zoom.



Central Office finances: for April 21 through May 20, Central Office had income of \$4,186.63 and expenses of \$3,730.36 for a gain of \$456.27.

Old business:

1. We held our Founder's Day Picnic on June 8<sup>th</sup>, with a speaker, David P. of Bakersfield with 26 years of sobriety. We planned for 300 meals, but actual attendance was 81. Fourteen groups provided baskets to raffle off, and the people that attended enjoyed themselves.
2. We are looking for Bridging The Gap (BTG) volunteers. There is an application form on the website for the Tulare County Sheriff's Office, to begin BTG work with people in the RSAT program in July via Zoom.
3. We have moved the CSR meeting forward one hour, to begin at 6:00 PM on the second Tuesday.
4. The 2024 New Year's Eve party will be in Lindsay, with a pajama theme and no dance.

**Registrar:** No report.

**H&I Report:** No report.

**DCM Report:** Mike C.

After our meeting in May I reached out to Samuel Woodland at Exeter Veterans Memorial Building and discussed renting one of the rooms at the facility. We were able to reserve the room for August 24 11:00am – 3:00pm. We can set up the room first 30 minutes have lunch 11:45-12:45 and Delegate speak from 12:45 -2:45 with 15 minutes to clean up. We can cook tri-tip and make sandwiches and chips and drinks for lunch.

I would like to discuss setting approving funds to pay for room reservation, food for lunch, and funds for hotel for delegate.

On June 15th I attended the CNIA Area 7 ACM meeting and provided an final update for Post Conference Assembly, listened to updates from the area officers and the delegate report. There were reports that some delegates have gotten threats for approving the plain and simple language version of the Big Book. Some DCMs in Area 7 have also felt intimidated by members who are asking why it got approved and how to stop the approval process. Our delegate, Matthew L., will be able to provide more information on August 24th, when he visits.

The next District 47 meeting will be held on Tuesday, August 6, 2024 7:00 – 8:30 due to my new schedule of working in Sacramento. We will continue meeting on the First Tuesday of the month through the remainder of my DCM term. This was voted on during the last district 47 meeting.

**GSR Reports:**

Fred F., GSR for Unity Through Traditions: The meeting is going very well. We meet on Wednesdays at the Visalia Alano Club. The next couple of weeks we will be reading the Strength And Hope book. We had twenty people at our meeting last time.

Dusty B., GSR for the Springville Thursday Night Gut Level Group: There were a few people in the group which were a little disappointed that the plain language book was passed, but at the same time, nobody was threatening anybody, and we all know that the purse is what runs Alcoholics Anonymous. If nobody buys the book, then that particular book will sit on the shelves. Bill Wilson was always interested in opening up A.A. for everybody, so we're staying open-minded and discussing it, and looking forward to meeting with the delegate in August.

Laura B., GSR for the Springville Monday Night Book Study: I'm glad to hear that our contribution of \$60 was received. Our group is interested in hearing from our delegate in August. We just finished the book *Emotional Sobriety*, and will start *Twelve Steps and Twelve Traditions*.

Leah W., GSR for Bridge Street Drunks Only: The group discussed increasing their contributions to Central Office; expenses for the group have gone up, including an increase in rent. A member from the group wants to attend the Central Office meeting; when and where is it? On the second Tuesday of the month, now at 6:00 PM. Attendance can be either in-person or online via Zoom.

**Old Business:**

1. We still have an open position for Alternate DCM available. The suggested sobriety time for this position is two years, although we are flexible on that. The Alternate DCM attends Area Committee Meetings and Area Assemblies when the DCM cannot.

**New Business:**

1. Post-Conference Report event by Delegate Matthew L.
  1. Mike proposed we allocate \$425 for projected expenses to rent the Exeter Veteran's Memorial Hall, and to buy food for lunch, and to help defray costs incurred by our Delegate to come here August 24<sup>th</sup>.
    1. \$150 for food for the event.
    2. \$75 room reservation.
    3. \$200 to our delegate for hotel room and gasoline.
  2. Allen did reserve the hall. We get eight hours for our \$75 rent for the day. The maximum capacity on the room is 72; although our previous events topped out at about 50.
  3. Fred moved to approve the proposal. Leah seconded it. A roll-call vote was taken: all were in favor, and none against.
  4. We will discuss the food for the event at the District 47 meeting August 6, 2024.
  5. Allen L. will work on the flyer for the event.

**Announcements:**

Soberfest: the event will be September 21<sup>st</sup> at St. Paul's Episcopal Church in Visalia. The first planning meeting will be Wednesday, July 17<sup>th</sup> (although normally the planning meetings are the second Wednesday, not the third Wednesday). The planning meeting starts at 5:30 PM and will be both in-person and on Zoom.

Friends of Bill W. meeting at the Quaker Church: They meet at 5:30 PM, and this Saturday the 6<sup>th</sup>, they will be having elections for officers.

Second Sunday Breakfast Speaker Meeting in Springville. Breakfast is served at 8:30 AM at a cost of \$8 a plate. We have Dan J of Northridge, CA who will come and share his experience, strength, and hope.

**Declaration of Unity:** This we owe to A.A.'s future: To place our common welfare first; to keep our fellowship united. For on A.A. unity depend our lives and the lives of those to come.

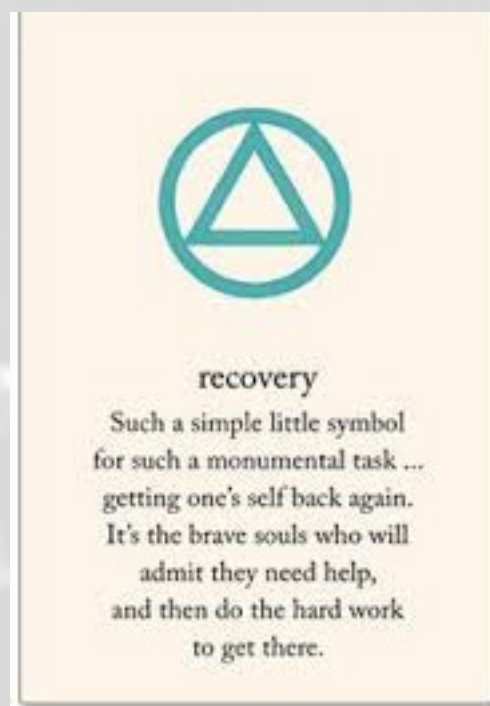
**Responsibility Declaration:** Read by all "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 8:05 PM.

Respectfully submitted,

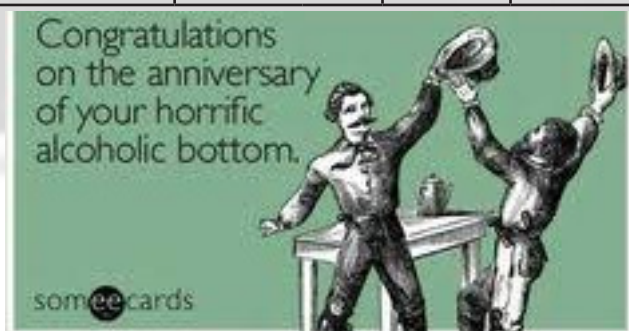
David G., Recording Secretary

# August 2024 AA Birthdays!



*That's 960  
Years of Total  
Sobriety!!!*

AA BIRTHDAYS			
AUGUST	2024		
		YEARS	
Don H	Porterville	51	8/21/1973
Betty C	Visalia	50	
Larry R	Visalia	47	8/1/1977
Diane N	Exeter	46	
Mary S	Tipton	43	8/7/1981
Juanita M	Visalia	41	
Helen D	Tulare	41	
Dan H	Porterville	40	
Emma K	Tulare	37	
Les S	Tulare	36	
Emilio A	Goshen	35	
Frank V	Visalia	34	8/23/1990
Debbie S	Visalia	33	
Jonna K	Porterville	33	8/9/1991
Rick S	Visalia	33	
Deric F	Visalia	32	
Bob T	Visalia	30	8/18/1994
Greg H	Visalia	28	8/25/1996
Richard R	Tulare	26	8/28/1998
Margie A	Three Rivers	26	8/11/1998
Diane M	Visalia	25	8/21/1999
Lynn T	Porterville	22	8/13/2002
Sheri T	Hanford	20	8/20/2004
Gilbert C	Visalia	20	8/2/2004
Kelly K	Visalia	20	8/12/2004
Michael C	Visalia	19	8/31/2005
Laura N	Fresno	18	8/10/2006
Doug H	Porterville	15	8/22/2009
Bill E	Springville	13	8/3/2011
Glenda G	Porterville	12	8/14/2012
Mitch K	Visalia	10	8/29/2014
Vicki B	Porterville	7	8/11/2017
Greg R	Visalia	6	8/8/2018
Sara S	Visalia	6	8/25/2018
Patrick A	Visalia	5	8/30/2019





# Group Contributions 6/1/24-7/20/24

Group Contributions 6/21/2024 Thru 7/20/2024					
				Month	YTD
1st Friday Speaker Meeting				\$15.00	\$115.00
10th Ave Men's Group				\$-	\$447.37
ABC Group				\$-	\$-
ACYPAA				\$-	\$-
Anonymous Group				\$-	\$-
Breath of Fresh Air				\$-	\$-
Bridge St "Drunks Only"				\$163.57	\$1,276.28
Central California Round Up				\$-	\$-
Civic Center Group				\$-	\$-
Clodbusters-Tulare				\$121.00	\$421.00
Crossroads-Tulare				\$-	\$350.00
CSO Meeting				\$24.00	\$200.00
District 47				\$-	\$506.00
District 49				\$-	\$-
Everyday is Christmas				\$-	\$463.65
Exeter Sunday Afternoon				\$-	\$150.00
Freedom Fellowship				\$-	\$205.00
Friday Candlelight Meeting				\$-	\$-
Friends of Bill W and Dr Bob Tulare				\$-	\$240.00
Friends of Bill W				\$300.00	\$600.00
Gem St Noon Book Study				\$-	\$-
Half & Half				\$-	\$100.00
Keep it Simple Sunday				\$64.00	\$297.00
loose women				\$-	\$37.50
Monday Men's Valley Big Book Study				\$-	\$250.00
Monday Men's Mtg (PPAV)				\$-	\$400.00
Mid-Valley-Tulare				\$-	\$-
Monday Book Study Springville				\$100.00	\$400.00



Monday Women's Reflections	\$135.00	\$353.22
Nooners Group-Visalia	\$-	\$-
Pine Recovery AA Meeting	\$-	\$-
Porterville Friday Night Candlelight	\$-	\$-
Practicing the Principles	\$-	\$100.00
Quiet Trails	\$200.00	\$450.00
Rainbow Group	\$-	\$190.00
Rule 62-Visalia	\$-	\$-
Serenity Junction-Tulare	\$-	\$-
Saturday Night Believers	\$-	\$-
Sober Sisters	\$-	\$-
Springville Gut Level	\$-	\$150.00
Springville Breakfast Meeting	\$500.00	\$500.00
Sunday PM Serenity Seekers	\$-	\$-
Three Rivers Monday	\$100.00	\$300.00
Tulare Young People	\$-	\$-
TUFYPAA	\$-	\$-
Tuesday Men's Porterville	\$-	\$-
Tuesday Women's Amity Group (TWAG)	\$337.78	\$1,002.08
Unity through Traditions	\$-	\$214.00
Valley Group	\$-	\$-
Valley Speaker Series	\$-	\$-
Visalia Alano Club	\$-	\$144.09
Wandering Couples	\$-	\$-
Wednesday Acceptance Group (WAG)	\$-	\$400.00
Women's Changes Group	\$-	\$-
Women's Friday Night-Porterville	\$-	\$-
Wom-en's Happy	\$-	\$-
Women's Saturday AM 12x12	\$-	\$-
Totals	\$2,060.35	\$10,262.19





## Lighter Side of AA

Woman is at the funeral of her alcoholic husband.

Her best friend asks what killed him, and the widow responds “Alcoholism “.

Her friend asks whether he went to AA

The wife responds “No, he wasn’t that bad.”



# **BIRTHDAY CLUB**

THIS IS A GREAT WAY TO  
SHOW YOUR GRATITUDE FOR  
YOUR SOBRIETY AND ALSO  
HELP CARRY THE MESSAGE OF  
RECOVERY.

JUST CONTRIBUTE \$1.00 FOR EACH  
YEAR YOU HAVE BEEN SOBER  
ON THE ANNIVERSARY OF YOUR  
SOBRIETY DATE TO YOUR CENTRAL  
OFFICE. THAT IS ONLY ONE TIME PER  
YEAR. IT'S REALLY SIMPLE AND  
WOULD HELP YOUR CENTRAL OFFICE  
TREMENDOUSLY.



**venmo**





***Would You Like Your Name on the  
Monthly Sobriety Birthday List.***

**NAME:** \_\_\_\_\_

**SOBRIETY DATE:** \_\_\_\_\_

**CITY:** \_\_\_\_\_

**Please send information to:**

**Tulare County Central Office  
449 E. Maple St.  
Exeter, CA 93221**

**Email Info: [tccof@hotmail.com](mailto:tccof@hotmail.com)**





# *Meet The Editor*

**Hello Everyone!**

**My name is Robert and I am an Alcoholic!**

**Its is great to meet you I am the new Editor of the  
Central News.**

**I really look forward to being of service. I invite  
anyone that wants to get into service to type up a short  
piece and share it with us, email a picture, a quote, an  
article or anything!**

**I want to thank you for allowing me to be of service!!**

**—Robert P.**

# GOT JOKES/STORIES?

Hello there! Its your friendly editor, Robert P, and I welcome anyone who has an AA-related joke that they would like to share, or story to in order to further help our readers both laugh and stay inspired. I feel that there are never too much of either of those things! Thank you for letting me be of service!





# *Your Content Here!!!*

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

... and we will help you communicate to district 47!!!