

CENTRAL NEWS

March 2023

Website:

www.aa-tulareco.org

Apricot Blossoms in Exeter
-Allen L.

What Is Acceptance?

“One way to get at the meaning of the principle of acceptance is to meditate upon it in the context of AA’s much used prayer, “God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference.”

-Bill W

-The Grapevine, March, 1962

Step 3

“Made a decision to turn our will and our lives over to the care of God as we understood him”

When started my AA journey I had my own beliefs and ideas of what a relationship with my higher power looked like. I assumed I believed in God, and I knew he was watching over me, but I never had a true relationship with my higher power. This step allowed me hope, that I wasn't alone, nor did I have to do it all on my own. I felt hopeless constantly resulting back to my addiction. When doing step three it gave me hope for a future, hope for recovery. That I can't but God can. Something greater than myself can help me and restore me back to sanity and give me hope for the future knowing I am no longer in control, but God is in control over my life. Just getting out of detox withdrawal's out of the hospital in ICU because of my drinking I needed someone or something so desperately to intervene in my life. Come save me from myself! I truly believe that God met me in my hospital bed and gave me the willingness to finally surrender and say, “not my will God but your will.” I don't know exactly when the shift started but I am glad that God met me where I was and gave me the gift of desperation and the willingness to believe in this program and my higher power. Today, what my higher power is doing for me I am working constantly to be a better person, doing daily inventory. I am of service today to those around me, I am present and dependable today! I suit up and show up for my own recovery and give what was so freely given to me!

Sincerely,
-Miranda. G

New on the Calendar!

PRAASA 2023 for March 3 - 5.

Spring Into Sobriety 2023 Planning meeting for March 8.

District 47 Agenda Item Workshop 2023 for March 19.

Take Your Sponsor to Dinner 2023 (Fresno) for March 25.

Bridging The Gap committee meeting for April 1.

Spring Into Sobriety 2023 for April 15.

CNIA 07 Pre-Conference Assembly 2023 for April 15 - 16.

Tulare County Central Office Golf Tournament 2023 for April 23.

NCCAA Fresno 2023: Steering Committee Meeting for April 23 (Zoom).

CNIA 07 Post-Conference Assembly 2023 for May 6 - 7.

Woodstock West 2023 for May 19 - 21

88th Founder's Day Picnic for June 10.

The 63rd ICYPAA Conference (San Francisco) for September 1.

Soberfest 2023 for September 23.

Northern California Council of Alcoholics Anonymous (NCCAA) - 2023

Fresno for October 13.

-David G.



Tradition 3

“The only requirement for AA membership is a desire to stop drinking.”

**That’s what Tradition 3 says & this was my lifeline when I was new,
because it kept me in AA until I heard the message:
that if I wanted to recover I had to get a Big Book, get a sponsor and take the 12
Steps.**

**This Tradition is interesting because it’s the only one of the Traditions that was in
the AA literature right from the start. Tradition 3 was in the Big Book when it was
first published in 1939. In the Foreword to the first edition, it says:**

**‘The only requirement for membership is an honest desire to stop drinking.’
So when they were writing the Big Book, Bill W and the other early AA’s realized
they had to find a way to throw AA’s doors open to all alcoholics! So they kept the
requirement for membership simple. They even dropped the “honest” bit, which
was just as well for me as it took me a while in AA to really get honest about myself!**

**So why is Tradition 3 still important to me now after 2 years in AA? When some-
one asks a million questions about whether AA is this or that, or they just look
scared, full of fear, worry, or maybe they have picked up some bad misconceptions
about AA, Tradition 3 breaks through all that. We can say with absolute confidence
that if they want to stop drinking, they are welcome here.**

We offer friendship and fellowship.

But most of all we have an Answer, a Solution.

That’s good news.

**But the even better news is that if you want to recover you simply need to
get a Big Book, get a sponsor and take the 12 Steps of AA.**

**“I am responsible – when anyone, anywhere reaches out for help, I want the hand of
AA always to be there, and for that: I am responsible,”**

Ally A



**Individual, Newsletter,
Memorial & Birthday Club
Contributions
1/21/2023 thru 2/20/2023**

Birthday Club

Anonymous \$42.00
Anonymous \$28.00
Daniel G from Visalia \$4.00

Grateful Giver's Club

Members \$253.76

Individual Contributions

Boo
James K
Sandra K
Robert T

Newsletter Contributions

None

Memorial Contribution

In memory of Steve S.

March AA Birthdays

<u>Name</u>	<u>City</u>	<u>Years</u>
Manuel C	Tulare	47
Kristi H	Visalia	46
Art W	Lampasas TX	44 3/7/1978
John G	Armona	39
Barbara S	Hanford	39 3/27/1983
Ray D	Tulare	38
Laura H	Visalia	38
Sylvia M	Visalia	37
Rod R	Tulare	35
Vick G	Exeter	35 3/3/1987
Cy F	Visalia	35
Sheri D	Visalia	35 3/13/1987
Jesse M	Porterville	34
Marcia M	Porterville	34 3/15/1988
Mark C	Hanford	33 3/20/1989
Anita B	Lemoore	33 3/6/1989
Lawrence C	Tulare	31 3/16/1991
Dave S	Visalia	29
Tom S	Visalia	29
Wendy S	Visalia	29
Gary S	Three Rivers	27
Jeanmarie D	Porterville	20 3/25/2002
Mitch H	Terra Bella	20 3/12/2002
Jeff P	Visalia	19 3/1/2003
Stephanie G	Visalia	18 3/1/2004
Chuck W	Exeter	17 3/16/2005
Edward V	Dinuba	16
Pete B	Camp Nelson	14 3/24/2008
Steven S	Visalia	11 3/26/2011
Zach D	Visalia	9 3/21/2013
Nick V	Visalia	7 3/19/2015
Larry A	Visalia	6 3/13/2015
Felipe S	Visalia	6 3/12/2016
Kenneth B	Porterville	6 3/12/2016
Sarah S	Visalia	4 3/4/2019
Robert P	Visalia	4 3/5/2019
Lisette P	Visalia	4 3/7/2019
Raymond G	Visalia	2 3/5/2020

Thats 926 total years of sobriety!!!!

Financial Report

TULARE COUNTY CENTRAL OFFICE
Income & Expense Statement
1/21/2023 through 2/20/2023

INCOME	MONTH	YEAR TO DATE
B.Day Club	74.00	101.00
CD & Tape Cont.	0.00	0.00
Grateful Givers Club	253.76	659.51
Group Cont.	3,216.34	6,004.96
Indiv Cont	85.00	210.00
Lit. Sales	293.20	1,235.40
Memorial Cont.	148.00	148.00
Misc.	0.00	0.00
Newsletter Cont.	0.00	0.00
S & H	0.00	0.00
Sales Tax	61.58	167.95
Service Charge	0.00	8.00
Spec. Events-picnic	0.00	0.00
Spec. Items	426.64	945.88
State fund dividend	25.00	25.00
State Fund Refund	0.00	0.00

TOTAL **\$4,583.52** **9,505.70**

EXPENSES	MONTH	YEAR TO DATE
Bank Charge	\$0.00	\$0.00
Fees-Taxes	50.00	\$50.00
Insurance	550.00	\$550.00
Lit. Costs	1,491.47	\$1,491.47
PI-CPC Expense	0.00	\$0.00
Misc Expense	0.00	\$0.00
Newsletter Cost	0.00	\$0.00
Office Exp	271.23	\$473.98
Office Equip.& Maint	0.00	\$0.00
Phone & ISP	132.97	\$265.94
Postage	0.00	\$0.00
Employee Taxes	0.00	\$1,901.30
Returned Check & Chg	0.00	\$0.00
Rent	650.00	\$1,300.00
Salary	1,311.36	\$2,622.72
Sales Tax-Paid	0.00	\$0.00
Spec. Events-picnic	245.00	\$245.00
Spec. Items	212.50	\$717.50
Card Charge	11.29	\$39.25
Utilities	128.89	\$238.58
Ph-venmo	38.00	\$38.00
venmo fees	3.19	\$3.76
Website	4.65	\$9.13

TOTAL **\$5,100.55** **9,946.63**

Net Gain(Loss) **(\$517.03)** **(\$440.93)**

BEGINNING ACCOUNT BALANCES AS OF 01/20/2023:

\$22,482.48

ENDING ACCOUNT BALANCES AS OF 2/20/2023:

\$21,685.31

Established Prudent Reserve

\$19,000.00

Central Office Contacts

Central Office Contacts
1/21/2023 thru 2/20/2023

AA Members	44
Alanon & Alateen Info	0
Bridging the Gap	0
Churches and Schools	0
Court Referral/Info	0
E-Mail Contacts	218
General Info	8
H & I	0
Literature Sales	10
Meeting Information	16
Other 12 Step Programs	0
Prospective Members	1
Schedules & Info Mailed	0
Spanish Contacts	1
Specialty Sales	16
Twelve Step Calls	0
Visitors to the Office	7
Voice Mail Calls	11

Total Central Office Contacts **332**

Support the Central Office

Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

Donate Today using Venmo!

venmo



Speaker Meetings

Speaker Meetings for March

Porterville Recovery Club Speaker Meeting

186 W. Walnut Ave.

Friday March 3rd, 2023 at 8:00 PM

Speaker:

Sunday AM Breakfast, Speaker Meeting

Veterans Memorial Building

36000 Hwy 190, Springville

Sunday, March 12th, 2023

(Breakfast at 8:30 to 10:00 AM)

Speaker: Ed P from Mocassin, Arizona!

The Valley Group, Speaker Meeting

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Every Wednesday from 7-8 pm.

Speakers for March

TBA

Civic Center Group

Christ Lutheran Church

3830 W Tulare Ave, Visalia

Birthday speaker meeting

Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group

Sunday 7:30-9 pm.

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Speakers for March

March 5th - Robert P of Visalia with 4 years!

March 12th - Kevin E of Tulare with 17 years 1 month and 13 days!

March 19th - Johnny G of Visalia with 1 year 7 days!

March 26th - Lupe T of Visalia with 12 years 11 months and 27 days!

Attention speaker group secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (559) 592-6999 or TCCOF@hotmail.com by the 20th of the month preceding the month of the Newsletter.

Service Meetings

& Addresses Mar 2023

Service Meetings

GSR Meeting at Central Office

449 E. Maple St., Exeter, CA

Wednesday, February 1st, 2023 at 7:00 PM

CSR Meeting at Central Office

449 E. Maple St., Exeter, CA

Tuesday, February 14th, 2023 7:00 PM

H&I Meeting (odd months only) in person at 526

N Bridge St (no Zoom)

2nd Saturday 9:00 Orientation, Business meeting

10:00

TUFYPAA

Zoom ID 839 4820 8237 Password: service

2nd Sunday of the month February 12th 2023

Service Addresses

Tulare County Central Office

449 E. Maple St.

Exeter, CA 93221

Email: tccof@hotmail.com

Website: www.aa-tulareco.org

District 47, C.N.I.A.

P.O. Box 273

Exeter, CA 93221

CNIA Treasurer

PO Box 161712

Sacramento, CA 95816-1712

General Service Office

PO Box 459, Grand Central Station

New York, NY 10163

H&I-Contributions

P.O. Box 192490

San Francisco, CA 94119-2490

Central Service Meeting Meetings

Date: February 21, 2023

\$76.10.

Meeting called to order: Cheryl H. Time: 7:05 PM

Board members present: Cheryl H., Patrick A., Sara S., David G. Absent: William (Bill) E. with notice (power outage is preventing him from attending via Zoom).

Serenity Prayer: said by all who wish.

12 Traditions: Patrick

Minutes of last meeting: Reviewed by all; Brett moved to approve, motion seconded by Patrick. Vote: all in favor, none against.

Report of last Board meeting: Meeting called to order at 8:30 PM by Cheryl Hinton. All board members were present. Under new business, the idea was presented for a salary increase for our office manager. Her current salary is \$21.22 per hour 20 hours per week; the office does not pay health insurance or dental. So that's going to be discussed again this evening. Cash flow reports for the years 2021 and 2022 were presented. That will be taken into consideration at the board meeting tonight. The second thing the board discussed was the reconfiguration of the CSR meeting financial report. On the financial report – I believe that was in the newsletter – an error was found where the total did not equal the previous balance. Carol Ann was going to talk to the publisher and the publisher will send her the financial page before he publishes the newsletter to be sent out to the members, so that she can proof read it and make sure everything is correct. For the reporting period, all numbers should add up; and the ending account balance will include the bank account balance plus petty cash. However, we won't have that tonight because Carol Ann is out sick, and when I got here, I didn't go online into the accounts before David got here and set up the computer. Prudent reserve will continue to be listed. Then we had a discussion on how to connect people to P.I./C.P.C. In announcing requests for volunteers, we asked people to contact Central Office and Carol Ann would forward them to Patrick. The meeting adjourned at 9:19 PM

Treasurer and Office report: Prepared by Carol Ann Gable, Office Manager & Treasurer; presented by Cheryl.

Treasurer / Office Report and Financial Report
February 21st, 2023

Central Office had an income of \$4,922.18 and expenses of \$4,846.08 for a gain of

Our Grateful Givers Club brought in \$405.75 and our Birthday Club brought in \$27.00 in much appreciated contributions.

We had \$792.95 in gross sales in 12 transactions for credit and debit cards last month.

We had 1 transaction in PayPal for \$20.

We had 2 VENMO transactions this accounting period for gross sales of \$231.53.

Traffic and calls have been average.

We want to thank all the groups and individuals who contributed to show their support for Central Office.

Office operations are going well and we are still fulfilling our primary purpose of carrying the AA message of recovery.

The Big Book is still on sale for \$9.83 here at the Central Office.

I am here to accommodate you, please don't hesitate to call the office and leave me a message. I will call you back the next business day. Call (559) 592-6999, when the greeting starts, press the # key and it will take you right to the beep. You can also email me at tccof@hotmail.com.

I am here to serve you!

Carol Ann Gable
Office Manager/Treasurer

(Cheryl) Looking at the income and expense statement: this was from December 21 through January 20 – the group contributions were \$2,788.62. I was floored at that and I really appreciate the groups contributing to Central Office. The Grateful Givers Club was \$405. Groups and individuals: I really appreciate that. I'm really humbled by the efforts to keep the office going.

Under expenses, we didn't have anything major. We had to pay our quarterly taxes, which I do appreciate Carol Ann being on top of that. When they're due, she doesn't wait until the deadline to do it and I'll tell you that's refreshing. I appreciate that. So as you can see we had a net gain of \$76.10. Somebody in a meeting asked me why we include

the credit card charges, Venmo, and Paypal; and that's because it costs the office to use these services. We are transparent as an office and I think all the members need to know what our income is and what our outgo is. When we discussed starting Venmo last year, we went months discussing whether or not to implement Venmo and, and it's quite obvious that Venmo is doing very well for itself.

Do we have any questions on the income and expense statement?

(Patrick) Just saying this is easy to understand. I love it. Last month I was lost, but this month it's clear cut and to the point. As it continues to go on throughout the year, I know this will be the running total, which is great.

Public Information report: Patrick A. provided the report.

Public Information & Cooperation with the Professional Community (P.I./C.P.C.). We inform professionals and future professionals about A.A. – What we are, where we are, what we can do, and what we cannot do. We attempt to establish better communication between A.A. and professionals, to establish simple, effective ways of cooperating without affiliating.

I am looking forward to that opportunity to work with more volunteers to help. We ordered more of the pamphlets and holders for offices.

Thank you for letting me be a service.

Patrick.

(Cheryl) If anybody knows of any health events in your town or community, and you think that it would be beneficial to have an A.A. booth set up, that's one of the things Patrick does. Let us know about the event, and we'll reach out

Volunteers to write Step and Tradition for Central News

Step for newsletter

Issue : March, Step 3, member: Miranda G., due date: Feb. 20th, send to: CentralintergroupNews@gmail.com
Issue: April, Step 4, member: Paul B., due date March 20th, send to: CentralintergroupNews@gmail.com.

Tradition for newsletter

Issue: March, Tradition 3, member: Ally A., due date: Feb. 20th, send to: CentralintergroupNews@gmail.com

Issue: April, Tradition 4, member: Sara S., due date: March 20th, send to: CentralintergroupNews@gmail.com

Newsletter report: none at this time.

Website report: Provided by David G.

No website report this month; We did add several events to the website. I did talk with Carol Ann about moving from Amazon to Linode.

H & I report: Provided by Joyce; read by Paul B.

Tulare County Hospital & Institution Committee
February, 2023

Thank you for your continued support to the Pink Can. On January 28, 2023, NorCal held its first Committee Meeting utilizing our adopted restructure. It was well attended and many of the 44 Areas were represented by their Area Chairs. We utilized our newly updated meeting format which includes a time of collaboration on issues that Areas face. While the restructure has opened communication in our committee, communication with our fellowship which funds our activities remains dependent upon AA groups electing a Group Representative. We encourage Group Representatives to attend our Area Business Meetings as voting members relaying their groups conscience. This allows our Area to bring the collective conscience of Tulare County to the NorCal Committee Meetings as we are represented by our Area and Regional Chairs.

At the Region level, we find Fresno active and expanding their H&I service commitments. Madera remains active in the Chowchilla Facilities and Mariposa has once again began taking H&I panels into Mariposa County Jail and the Fire Camps.

At our last Tulare County Area Meeting, we welcomed Violet Q. as our Recording Secretary. We have welcomed 6 new volunteers, and spent the last month contacting our current volunteers to ensure that all are participating at the level they desire. Since our last Area Meeting, we have had a change in two of our Facilities as the Coordinators have stepped down from their positions. We are in the process of orientating new volunteers for these positions, while our H&I panels continue twice a month at Turning Point, Pine Recovery, and Mothering Heights Women's Recovery. Once a month we take panels to the Mental Health Transitional Living Facility. H&I Panels are continuing at Tulare County Jail, Corcoran and Avenal Prisons.

Our next meeting is on March 11, 2023 at 10:00 am. Orientation will be held at 9:00 am on the same date at 526 N. Bridge Street, Visalia, CA. If you are interested in this type of service work, please join us.

In service,
Joyce R.

(Cheryl) Any questions for Paul?

(Steve) Yes: Did you mention Robertsons Recovery in that?

(Paul) We don't take an H & I panel into Robertsons. We have been talking with (when I say we: Joyce) has been talking with Robertsons about taking a panel in there.

GSO liaison report: provided by David G.

We had our GSR meeting February 1st; eight people attended. We had two new GSRs: Sean A. and Fred F. Finances: our outgo included \$400 for rent to Central Office, and \$446.25 for travel and registration to the Winter Assembly in Gridley. The treasurer wasn't able to make the meeting so I don't have updates on the balance and income: will be reported next month. Mike C. our alternate DCM (and I) went to the Winter Assembly. The Pre-Conference Assembly team has secured a location in Tracy California for April 15 through 16, which unfortunately does conflict with the Spring Into Sobriety event in Visalia. The Post-Conference Assembly team has secured a location in Chico California. That's May 6 and 7. The Finance Committee is recommending that CNIA increase its prudent reserve from \$8,000 to \$14,000. Jenn D. our Delegate to New York presented a lot of stuff. There are 180 agenda items at the conference which are going to be discussed. There were over 1,400 stories submitted for the 5th Edition of the Big Book. If your groups have ideas on the type of stories that should be included out of those 1,400 you should send your GSR to inform the delegate at the Pre-Conference Assembly in April which is going to be in Tracy California. The registration form for the Pre-Conference Assembly is already on <https://aa-tulareco.org>. Look for upcoming events: CNIA 07 PreConference Assembly 2023. Registration is \$12. If you want to sign up for dinner, that's another \$15 to \$16.50 depending on whether you're doing vegetarian or not. Hotel rates were \$140 to about \$170. It's just the one night. Your GSRs, if they want to go, should get the forms now: print them out, write a check and mail them. There is no online registration for the PreConference Assembly.

Lastly, District 47 is holding an Agenda Item Workshop at the Porterville 12 Step Recovery Club. Jenn D., our delegate, will be in person in Porterville as we discuss the agenda items. We've got the committee formed, we're looking for more volunteers. We need a publicity chair. I think we've got the food committee chairman, but other positions are available. Many positions were assigned at the meeting. Not part of the GSR thing: after Jenn does the agenda item workshop in Porterville, she'll also be the featured speaker for the Sunday PM Serenity Seekers meeting in Visalia.

Any questions for GSR?

(Steve) Yes. You said they are working on the 5th edition? Are they changing the first 164 pages?

(David) Mike's notes make the point that he says, "we are not going to change the first 164 pages." Jenn did bring up on Saturday at the Area Committee Meeting (we attended via Zoom) of those 180 agenda items, several of them said "we want you to change back (something)." What the conference has decided is that instead of dealing with these agenda items, piecemeal, there's going to be one big agenda item that says "What do we want the policy to be with regard to updating the language when it was written by the original founders?" So, they want this overall opinion: what does AA want with regard to what Bill Wilson and Dr. Bob wrote? That's where it will be really important for a GSR to talk to the delegate and say "set it in stone, never change it" or maybe there are people who are like, "no, we've got to get with the times, we've got to be modern."

Our delegate will be here. We have an opportunity to talk with her. Our groups should get a GSR and talk amongst the group and get the group to say "this is what we want" and that GSR needs to talk to the delegate, and the GSR needs to go to the Pre-Conference Assembly which is in Tracy, California.

(Cheryl) The first weekend of March is PRAASA. It's the Pacific Region Alcoholics Anonymous Service Assembly. This year, it's held at Marriott hotel at L.A.X. This is where people, AA members, delegates, GSRs, and DCMs converge to talk about everything. Anything and everything that has to do with Alcoholics Anonymous. Chances are these agenda items will be brought up. The change in the preamble that was

brought up: that that has created quite a stir. And the fifth edition of the big book, they will be discussing that. So if anybody's interested in that, this is where the nine western regional states converge. It's March 4th and 5th. It's always the first weekend in March, and it's great.

Bridging The Gap (BTG): provided by Sara S.

We had our first meeting for Bridging The Gap on the 11th. Two members showed up besides myself: David G. and Fred F. We did a baseline of what we're going to be doing. We set our next meeting for April 1st here in Central Office at 11 AM. I have a list of people that are interested, so we decided to send out a group text to remind people. It is on the website, right, David? (Yes, I put it on). If you know anybody who's interested to be on the committee, because we want to get the committee going so we can get this in-process, Bridging The Gap is bringing our members coming out of halfway houses or jails or prisons to their AA community. There's two different pamphlets. We went over those and saw what the deal is, because I have been told "you don't pick them up", but one pamphlet says "pick them up and take them to the meetings". I think that's probably your discretion and that will be discussed during the meeting. Our next committee meeting, so we can get the committee going, is April 1st 11 o'clock here at Central Office. (Discussion about making the meeting available via Zoom; consensus is yes, we will also make the meeting available via Zoom.)

CSR reports

If you have a change in your meeting please notify Carol Ann here at the office so she can update the meeting schedule and get that information to David for the website.

Tuesday Night "Friends Of Bill W. and Doctor Bob", Patrick A., CSR,

This is a Tuesday Night Open Meeting held at St. John's Episcopal Church, 1701 E Prosperity Ave in Tulare from 7:00 to 8:30 PM. We are a fellowship of men and women sharing our experience, strength, and hope. This is an indoor meeting, averaging about fifteen people every week. We give out chips for various lengths of continuous sobriety and celebrate birthdays at the end of each month with cake and ice cream. We do have cake and ice cream regardless if anyone is celebrating a birthday. Newcomers are welcome. All may attend. It's a wonderful meeting. There are multiple men and women there with

quality sobriety that are open and willing to sponsor.

Thank you for letting me be of service,
Patrick A.

Civic Center Group, Brett R., CSR,

Tuesday night Civic Center meeting in Visalia at the Christ Lutheran church near Tulare and Demaree. It starts at 7:00 PM and goes to 8:00 PM. It is an Open meeting, and newcomers are welcome. Our business meetings are the third Tuesday of the month at 8:10 PM. We've had pretty good turnout for several months. We have a birthday meeting on the last Tuesday of the month, with cupcakes.

Bridge Street Drunks, Sara S., CSR,

We are located in Visalia at 526 N. Bridge Street. We are a large fun group who hosts 18 meetings. Our business meetings are the last Saturday of the month: either 8 AM or 1 PM. Our next business meeting is February 25th at 1 PM. Our birthday meetings are the last Saturday of the month at the noon meeting and we offer chips, hugs, coffee and candy. A lot of people bake goods and bring them in. All who have a desire to stop drinking are welcome.

Our meeting schedule is:

Monday through Sunday 7 AM to 8 AM
Monday through Sunday 12 noon to 1 PM
Tuesday evening 6 to 7 PM (12 by 12 book study)
Wednesday evening 6 to 7 PM (book study)
Thursday evening 7 to 8:30 PM (Big Book study)
Saturday evening 7 to 8 PM (open meeting)

Thank you for letting me of service,
Sara S.

(Cheryl) I have a question on your birthday meeting. So everybody from all of those groups that have birthdays attend that one birthday meeting?

(Sara) Yes, the last Saturday of the month.

(Shelly) I have a question too, Sara. When do you give the chips?

(Sara) The last Saturday of the month at the noon meeting.

(Shelly) I have one more question: Do they have the women's 5:30 on Monday still?

(Sara) No, that has moved to the Alano club.

Crossroads Group, Steve P., CSR,

The Crossroads Group in Tulare, on Tulare Avenue – 220 W. Tulare Avenue at the Hillman House. We meet Thursdays from 7:00 to 8:00 PM. We're a small group; our secretary has been getting some great people to chair for us the last four or five meetings. Most most nights everyone gets to share.

Pine Recovery Friday Night Candlelight meeting, Steve P., CSR,

The Pine Recovery Candlelight meeting is on Fridays nights, from 10:00 to 11:00 PM, in Visalia at 120 W. School Avenue. Usually there's 25 to 30 people. It's an open meeting and it is open to the public; women can come even though it's a men's recovery home.

Thank you guys,
Steve.

(Shelly) Is that inside or outside?

(Steve) In the wintertime it's inside, in the summertime it's outside. It depends on the weather.

Friday Freedom Fellowship, Ernesto, CSR.

We are a Closed meeting, from 7:00 to 8:00 PM at Christ Lutheran Church in Visalia. Our business meeting, we moved back to the second Friday: it used to be on the first Friday. Our business meeting is on the second Friday at 8:10 PM right after the meeting. Every last Friday, we hold a birthday meeting, which is an Open meeting for family, friends and anyone who wants to celebrate with their birthday person. We give out chips at every meeting.

Tuesday Women's Amity Group, Ally A., CSR,

We are a Closed meeting of women who meet for one hour every Tuesday beginning at 6:30 PM. We gather at the Trinity Reformed Church at 6400 W. Walnut Avenue in Visalia. We meet in-person and we celebrate various lengths of sobriety, and annual birthdays are celebrated the last Tuesday of the month, with sobriety chips and dessert. Attendance averages between 20 and 30 women.

Thank you for letting me be of service,
Ally.

Keep It Simple Sunday, Shelly. CSR.

We meet Sunday mornings at 10:00 AM in Blain Park at 3101 South Court Street in Visalia. We meet outside in the middle of the park down in the gully from 10 until 11:30 AM. Bring a chair: a lawn chair, some type of chair or blanket. And it's an Open

and our participation varies. We're out there no matter what. We've run for our cars when it started hailing. We are out there, come rain, hail or sleet or snow, whatever it is, we have some diehards. Please come and join us. It's a great meeting and everybody gets to share. We give out chips every Sunday.

(Sara) Shelly, What time is that meeting?

(Shelly) Thanks Sara. It changes: right now it's 10-11:30 and then we'll go back to 9 when it gets really hot.

Monday Night Men's Meeting, Paul B., CSR.

We meet at the P.P.A.V. Hall in Visalia. We are a Closed men's meeting. We meet for 90 minutes. We celebrate sobriety milestones under a year every week. On the last Monday of the month we celebrate annual birthdays with chips and a hug and dessert. Our business meeting is the first Monday of the month. We ask men who have completed the steps and have the time and energy to sponsor to stand up. Our numbers have been growing; we been having 50 to 60 men at our meeting lately.

Thank you for letting me be of service,
Paul.

Discussion for nine minutes regarding a Saturday night meeting in Tulare and newcomers showing up to the meeting only to find a dark building.

Old business:

1. Golf Tournament April 23rd, 2023

1. Our golf tournament is scheduled for April 23 At Valley Oaks Golf Course next door to Plaza Park in Visalia. Tickets are \$100 per person. The flyers are on the website. So get your teams together. Get registered.

2. Please announce the golf tournament at your meetings.

New business:

1. Founders Day Picnic June 10th, 2023

1. This will be AA's 88th birthday.

2. Does anyone want to volunteer to be the Founders Day Picnic chairperson? Sara, who has done it several times in a row, can be a service sponsor: but it's time for rotation of service.

If you get a great committee and delegate the heck out of it, it's a snap. The last two committees have had 15, 16 people show up, and the event has been great.

Seventh Tradition: \$42.27

Announcements:

• Sunday breakfast speaker meeting March the 12th: our speaker is Ed P. from Moccasin, Arizona

Meeting adjourned: 8:20 PM. Brett moved, Ally seconded, in favor: all, against: none.

District 47 Meeting Minutes

January 4, 2023

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

Meeting Called to Order: 7:06 p.m. by DCM Allen L.

Committee: Allen L., DCM; Ralph D., GSR for Bridge Street Drunks Only Group; Jim K., Recording Secretary, GSR for Monday Men's Stag; David G. GSR for the Friday Freedom Fellowship. Ally A., GSR for the Sat women's 12 x 12; Mike C., GSR for the Friday Night Pine Recovery Meeting, Sean A., GSR Practicing the Principles; Fred F., GSR for Unity through Tradition Group at Alano Club.

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by David G.

Concept 12: Concept 2 long form read and explained by Allen L.

Approval of Minutes: Jan. 4, 2023 minutes approved. Correction was made regarding Josh F., treasurer, not secretary.

Treasurer's Report: Josh F. was absent. A check was written for \$400 for annual rent to Central Office for our meeting. Mike C. was reimbursed \$446.25 for travel and registration for the Winter Assembly meeting. Updates on balances and income will be reported next month.

CSO Liaison Report: David G.

Our January CSR (Tuesday the 10th) (2023-01-10) meeting was a hybrid meeting, with one member joining via Zoom. There were fifteen members present. Our new landlord installed a motion light so we will have better visibility toward the street for people who attend meetings at

night. Central Office finances: for November 21 through December 20, Central Office had an income of \$7,216.08 and expenses of \$2,808.49 for a gain of \$4,407.59. The Big Book is still on sale for \$9.83 for the hard cover. Sara is working on starting a Bridging The Gap committee; the first meeting date will be scheduled soon. (By now, it has been). The Lindsay Fireside Fellowship group is now officially dark: the church where it was held has closed. That was the last English speaking meeting left in Lindsay. There was no old business or new business; but we started talking about plans for the Founders Day picnic, the golf tournament, and (perhaps) a New Year's Eve party.

Registrar: Our new registrar David G. No report.

H&I Report: Rafael D.

Tulare County H&I continues to bring H&I Panels twice a month to Turning Point, Pine Recovery, and Mothering Heights Women's Recovery. Once a month we take panels to the Mental Health Transitions Living Facility. H&I Panels are continuing in Corcoran SATF and Avenal Prisons along with the Tulare County Jail. At our January 14, 2023 Area Meeting, we welcomed Violet Q. as our new Recording Secretary, discussed utilization of current volunteers and welcomed three new volunteers who attended orientation. Our Area Chair position remains open. We are also holding zoom orientations as needed on even months. We will be looking to expand to other facilities in the area to carry the message of Alcoholics Anonymous. At the Regional level, Fresno Area 92 continues to expand their meetings and are growing in their volunteers and leadership team. Madera/Mariposa Area 91 remains active in the Chowchilla Prisons and Mariposa is once again active in Mariposa County Jail and Mt. Bullion Fire Camp.

At our January 28, 2023 NorCal Committee Meeting, we welcomed Area Chairs to our voting body and had a very interactive meeting sharing ideas and supporting the Areas. The IVSS Program which offers one on one sponsorship to inmates is growing. Currently, this program has 112 inmates on its roster and is in need of more volunteers as San Quentin currently has 38 inmates waiting for sponsors. This program is in the process of being added to the GSO Corrections handbooks as it has been proven to be transferrable. We will also begin on a trial basis rolling this program out to County Jails and Treatment Facilities. This will provide the opportunity to provide sponsorship to confined alcoholics in more facilities. While this program operates under the H&I umbrella, volunteers who participate as an IVSS sponsor do not participate in H&I panels at the same facility. This policy helps to avoid confusion of the purpose of the two programs. Our next in-person orientation will be

March 11, 2023 9:00 am followed by the Area Business Meeting at 10:00 am at 526 N. Bridge Street, Visalia (BSDO meeting place).

DCM Report: Mike C., Alternate DCM attended the Winter Assembly meeting.

Pre-Conference D37: Gavin stated they have secured location in Tracy

Post-Conference D15 (Chico): The post conference will be held at Lincoln High School and online registration will be available in a few weeks.

Finance Committee: Don H. stated the committee met and Prudent Reserve will go from 8k to 14k. The webpage has been updated and will be unveiled this weekend. (Feb 7) The new website will have a calendar on it where the ACM meetings will be added and the zoom link for attending.

Delegate Report: Jenn D. Jenn discussed the importance of the GSR and as trusted servants of AA we need to remember that the future of AA is in our hands. GSRs and Home groups are the leadership of AA. Our job as GSRs is to take information shared at assemblies back to our home groups to get their input from Agenda Items than bring back our group's conscience to the pre-conference assembly.

There are 180 agenda items at the conference which are being discussed that will go forward, and half are related to literature.

Translation process for the Agenda Items is about 80% complete in English, Spanish, and French. The agenda items and background will be available by mid-February.

DCMs and GSR should hold an agenda item workshop and need to get a group conscience before the pre-conference assembly in April.

Prepare questions for Jenn and the board and what they mean for AA.

DCM when hosting a workshop, we should ask the GSR from fellowships which items they would like more clarity about.

Some people may not have a computer or access to print we should inform our groups as best we could regarding agenda items and background information.

Bring our groups conscience and speak about who was in favor and who was not, tell why they were not in favor of the agenda topic.

There was not a preliminary agenda released in October this year.

The agenda topic items will be as follows: "Review, Discuss, Consider"

The 5th edition will be the same the only changes that will occur is the stories in the back.

There were over 1400 stories submitted for the 5th edition, if groups have an idea of the type of stories that should be included such as LGBT, Transgender to inform the delegate at the pre-conference assembly.

There will be a plain language pamphlet printed for the big book. There are currently 6 chapters that have been translated and will be made available at the conference in late April.

Three items regarding changes to the twelve-by-twelve did not come out of committee.

Old Business: Our delegate Jenn will be attending our Agenda Item Workshop on March 19! We have the Recovery Club in Porterville reserved for the meeting, but it may end up some place else. We are looking for an Event Chair, Food Committee chairman, Publicity Chair, and other positions. The event needs a title, also. Many positions were assigned at the meeting.

New Business: None

Seventh Tradition: None

Announcements: None

DECLARATION OF UNITY: Read by all: "This we owe to A.A.'s future: To place our common welfare first, to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come."

RESPONSIBILITY DECLARATION: "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at **8:11 p.m.**

Respectfully submitted,

Jim K, Recording Secretary



Group Contributions 01/21/2023 Thru 2/20/2023

	<u>Month</u>	<u>YTD</u>
1st Friday Speaker Meeting	\$20.00	\$40.00
10th Ave Men's Group	\$-	\$278.35
ABC Group	\$-	\$-
ACYPAA	\$-	\$-
Anonymous Group	\$300.00	\$600.00
Breath of Fresh Air	\$1,600.00	\$1,600.00
Bridge St "Drunks Only"	\$-	\$-
Civic Center Group	\$-	\$-
Clodbusters-Tulare	\$-	\$-
Crossroads-Tulare	\$-	\$-
CSO Meeting	\$-	\$41.61
District 47	\$400.00	\$400.00
Bill & Friends	\$-	\$-
Exeter-Quiet Trails	\$-	\$-
Exeter Sunday Afternoon	\$-	\$-
Foundation Group	\$-	\$-
Freedom Fellowship	\$-	\$-
Friday Candlelight Meeting	\$246.00	\$246.00
Friends of Bill W and Dr Bob Tulare	\$-	\$-
Half & Half	\$-	\$200.00
Keep it Simple Sunday	\$-	\$185.50
Lindsay Fireside Group	\$-	\$-
Men's Valley Book Study	\$-	\$-
Monday Men's Big Book Study	\$135.00	\$135.00
Monday Men's Mtg (PPAV)	\$-	\$-
Monday Men's Stag	\$-	\$-
Mid-Valley-Tulare	\$-	\$-
Monday Book Study Springville	\$-	\$-
Gem St Noon Book Study	\$-	\$-
Monday Women's Reflections	\$-	\$-
Nooners Group-Visalia	\$-	\$-
Pine Recovery AA Meeting	\$-	\$-
Practicing the Principles	\$-	\$-
Rainbow Group	\$147.75	\$147.75
Rule 62-Visalia	\$-	\$111.00
Serenity Junction-Tulare	\$-	\$-
Serenity Seekers AM-Visalia	\$-	\$-
Saturday Night Believers	\$-	\$-
Springville Gut Level	\$-	\$-
St Ritas AA Group	\$-	\$-
Springville Breakfast Meeting	\$-	\$-
Sunday PM Serenity Seekers	\$-	\$-
Tulare Young People	\$-	\$-
TUFYPAA	\$-	\$-
Tulare Friday Book Study	\$-	\$-
Tulare Thursday Noon	\$-	\$-
Tulare Sunday Night	\$-	\$-
Tuesday Men's Porterville	\$-	\$-
Three Rivers Monday	\$-	\$50.00
Tuesday Women's Amity Group (TWAG)	\$243.00	\$243.00
Unity through Traditions	\$-	\$200.00
Valley Group	\$124.59	\$124.59
Valley Speaker Series	\$-	\$782.13
Visalia Alano Club	\$-	\$73.31
Wednesday Acceptance Group (WAG)	\$-	\$500.00
Weekend Attitude Adjustment	\$-	\$

Women's Changes Group	\$-	\$-
Womens's Fri. Night P-Ville	\$-	\$-
Women's Happy Hour-Hanford	\$-	\$46.72
Women's Saturday AM 12x12	\$-	\$-



Lighter Side of AA

Why did the accountant do
so well in AA?

He was already a friend of
Bills!



HAPPY ST PATRICKS DAY

now let's be havin' that kiss

Meet the Editor

Hello Everyone!

My name is Robert and I am an Alcoholic!

**Its is great to meet you I am the new Editor of the
Central News.**

**I really look forward to being of service. I invite
anyone that wants to get into service to type up a short
piece and share it with us, email a picture, a quote, an
article or anything!**

I want to thank you for allowing me to be of service!!

—Robert P.

**Need Help
with a Drinking Problem?**

BIRTHDAY CLUB

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

JUST CONTRIBUTE \$1.00 FOR EACH YEAR YOU HAVE BEEN SOBER ON THE ANNIVERSARY OF YOUR SOBRIETY DATE TO YOUR CENTRAL OFFICE. THAT IS ONLY ONE TIME PER YEAR. IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.



venmo



***Would You Like Your Name on the
Monthly Sobriety Birthday List.***

NAME: _____

SOBRIETY DATE: _____

CITY: _____

Please send information to:

**Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221**

Email Info: tccof@hotmail.com

73RD GENERAL SERVICE CONFERENCE



**AGENDA ITEMS WORKSHOP
HOSTED BY DISTRICT 47
WITH SPECIAL GUEST
AREA 7 DELEGATE: JENN D.**

WHEN

**Sunday March 19, 2023
1:00 PM – 4:00 PM**

WHERE

**Twelve Step Recovery Club
186 S D St. Porterville, CA 93257**

Join us also on Zoom:

Meeting ID: 872 4177 2425
Passcode: 747

**ALL GSRs & AA
Members Welcomed**

FREE FOOD

**Smoked Tri-Tip,
Sides,
Soft Drinks**

GSR WORKSHOP

**Discuss any Agenda
Items from fellowships
that need more
clarification.**

**Hear about agenda
items that other
fellowships are
concerned about.**

**Information on where to
register for upcoming
Pre-Conference
Assembly in Tracy, CA**

**For additional
information Contact:
District 47 Alt. DCM
Mike C.
Cell: 408-688-6049**

GRAPEVINE News



What's New For March 2023

2023 CARRY THE MESSAGE PROJECT

Give a Gift Subscription to an alcoholic who needs it. Great for:

- Sponsors • Newcomers
- Friends • Doctors
- Doctors' Offices • Group Celebrations • District and Area Events • Giveaways

WANT TO HELP ANOTHER ALCOHOLIC?

Grapevine & La Viña are Great Twelfth Step Tools!

Get your group, district, area or AA friends to join in. Carry the Message, it's easy!

Go to aagrapevine.org/carry-the-message to get started and see our new Carry the message video at www.youtube.com/c/AAGrapevine

2023 Carry The Message Project

Learn more [here!](#)

GRAPEVINE LA VIÑA

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The AA Grapevine Channel

Listen to our Podcast
aagrapevine.org/podcast

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GRAPEVINE AUDIO PROJECT

Share as you would in a meeting—only recorded (for up to 7 minutes).

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- To begin, visit www.aagrapevine.org/audioproject for more information

GET INSPIRED!

Listen to sample stories on our website. It's simple and easy to participate!

Grapevine Audio Project

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WE ARE HIRING!

Join the AA Grapevine, Inc. Team!

We are looking for:

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- Editorial Assistant** (La Viña Magazine)
- Controller**

To learn more and to apply, [click here!](#)

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We Want You to Be a Part of Our AA Grapevine Community! Learn the ways you can participate [here](#).

Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!

