CENTRALISE December 2022 Vebssite: www.aa-tulareco.org

A Father Looks Through His Son's Eyes

The Rock, Morro Ba, CA Louie T.

If we non-alcoholics, who have seen this alcoholic disease take possession of one who is dear to us, could change places with the alcoholic and through his eyes get his outlook on life, I believe we would be appalled.

If we could feel ourselves slipping away from everything that to us seems worthwhile—if we had become dishonest—if we had come to lying and cheating and stealing; if, as from afar through the haze, we could see our lives disintegrating, although those nearest and dearest to us tried to plead and reason, tried to save us—and steadily, unrelentingly, the mist thickened into fog, and through the fog we watched other people going about their daily routine, doing their jobs with disgusting regularity, while in the distance our homes and our families moved away, away, continually away until they were gone, completely gone; if we could know the all-aloneness of the alcoholic then, I think we might begin to

understand how sick, mentally and physically he is.

It goes without saying that we non-alcoholics want to be of help, but always our attempts seem to end up with the alcoholic drunk, for he, alarmed by his own behavior, has surrounded

himself with a wall of self-justification behind which he takes refuge, and every effort we make to be of help is, in his eyes, simply an assault upon his only defense, is it any wonder then that we fail to get his cooperation, when to cooperate would be to help us tear down that defense? Is it any wonder he gets drunk?

There is one thing we can do, however, and that is to avail ourselves of the same help we ask him to accept from the Power greater than himself. We can, by the acceptance of that help, bring to order all those disturbing influences which have brought discord into our

own lives. I say that fully realizing that we can never find peace and happiness until our particular alcoholic finds sobriety.

-Bill S.'s father, Wally AA Grapevine December 1944

Having had a spiritual experience as the result of these steps, we tried to carry this message to alcoholics, and to practice these principals in all our affairs.

The 12th step is loaded with promise. I first learn that by thoroughly completing the steps I would have a Spiritual Experience! This psychic change allowed me grow towards my

real purpose. Being of maximum service to God and the people around me.

To this end I was tasked with carrying the message of Alcoholics Anonymous. That is the message of hope. I realized that I was uniquely qualified to help alcoholics in a way no doctor, minister, social worker of family member could. When I began share my experience, strength and hope I demonstrated that the 12 steps worked. As I tried to help the still suffering alcoholic I was amazed at the feeling of usefulness.

The principals behind the 12 steps became even more important to me when remembered that feeling of sadness discussing my character defects with my sponsor. As I humbly asked God to remove those defects, my sponsor told me to practice the "opposite". He explained that I had first practiced these principals as I completed the 12 steps. Honesty, Hope, Faith, Courage, Integrity, Willingness, Humility, Brotherly Love, Justice, Perseverance, Spirituality and Service.

Now that I had seen the principals in action, step 12 encouraged me to practice them in all areas of my life. I soon learned that it was very easy when I was surrounded by my AA family, and quite a different story when I was alone in the world. I began to understand that I desperately needed help to stay on track. That help came from seeking to improve my conscious contact with my Higher Power.

As I surrendered my will, the 12 steps and their I mentioned above, where tires were screeching as

principals began to improve my usefulness to God. The Big Book tells me "Our next function is to grow in understanding and effectiveness. This is not an overnight matter". This takes practice and more practice. I relied on my character defects (defenses) for many years and have a lot of unlearning to do. The 12 steps and their principals help me to grow spiritually and emotionally becoming a more whole healthy and useful member of AA and society.

—Paul B

Iradition 12

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

The beautiful thing about writing is that it helps you learn what you think. Not even five minutes after I agreed to write about this last, and somehow most important, tradition, evidence of its meaning began to show up.

Principles before Personalities: a key phrase. We say it together at the end of each reading because it is where the rubber

meets the road in the practice of our faith. We had to practice it hard recently at one meeting I attend because there were still track marks from burning rubber years ago in a couple of people who hadn't seen each other in a while. I would like to say that we alcoholics, of course, have personality defects that make us hard to live with. But then I go out into the world of normal people and find that they do, too. *Principles before personalities* – it's the ultimate meaning of the Christian faith as well as ours: to love one another. Tolerate. Accept. To set one's self aside so that the other's true self can emerge.

Anonymity. We say the word so often – once we learn to pronounce it, or even mispronounce it (and some people never get their tongues wrapped around its slippery 5 syllables) – its meaning gets lost. But the true meaning is critical in the practice of our faith. Anonymity is not just having one's identity protected. It is letting go of the position in the world (high or low) that one's name provides. It is even letting go of the position in our AA communities that we feel we earn over the years. For instance, at the same meeting I mentioned above, where tires were screeching as

I walked in, I found myself feeling insulted by a newcomer who welcomed me as if were a newcomer, too. I was instantly affronted that it wasn't clear that I belonged there, that I am at least the princess of that meeting if not the queen – or, at the very least, now a principal member of that meeting. Once I realized that my anonymity was missing in my own mind, it got much easier to participate in the healing sharing that needed to occur – for all of us.

Spiritual foundation. With the gritty details of alcoholism always in front of us, it's easy to lose sight of the fact that we are here, together, because of some kind of holy mystery. I often feel lucky to have succumbed to wine, because I doubt that I would have found my way to the spiritual basis of this "simple program" without it. Many of us have tried church and not found it there, in part because religion, at least in America, confers a step up in status, or reflects some kind of personal accomplishment, the opposite of anonymity. Amongst church people I have often felt myself feeling less than worthy amidst all those "successful" people, reinforcing my shame instead of being relieved of it. I want to say it's not their fault. I was there for the same reason: to improve my identity. Until I was ready to swap status for self-esteem, and live the way my heart truly believes, in sync with the rest of the world, no mystery could descend on my head.

Ever reminding. Our personalities, and our social identities, are important for getting through this life, so I don't think we should chastise ourselves too harshly when they take over. They're like what husbands and wives say about each other: "can't live with 'em, can't live without 'em." But when we're together in meetings we need to let them go. Some people with decades of sobriety confess beautifully that they still need meetings, and I think it's because our gatherings are one of the few places we can count on to be safe without putting on our armor of status. Meetings are where we (should be able to) rely on the principle of belonging even when our personalities rub people the wrong way. To be able to sit there in our full humanity, equal even if imperfect.

When we practice this tradition, we are blessed and a blessing.

—Trudy W.

Meetings Online Anytime

Pretty much at any time of the day, planet-wide, there are ten (or more) Online meetings active. On Tuesday, at noon Pacific Time, there were 39 meetings to choose from.

https://aa-intergroup.org/meetings/

If you don't want to remember that link, we also have it on the AA-TulareCo.org web site. Look for the More menu option, and choose the Links menu. Inside there is "Internet Meeting Directory".

Going further: Are you the secretary of an Online meeting? Would you like your Online meeting to be listed on the Online Intergroup meetings list? Here's how:

Visit https://aa-intergroup.org/meetings/submit-meeting/

Who knows? Your next new arrival might be from another state or country or continent. :-)

—David G.

Meet the Editor

Hello Everyone!

My name is Robert and I am an Alcoholic!

Its is great to meet you I am the new Editor of the Central News.

I really look forward to being of service. I invite anyone that wants to get into service to type up a short piece and share it with us, email a picture, a quote, an article or anything!

I want to thank you for allowing me to be of service!!

-Robert P.

Meetings Online Anytime

Sobriety in Alcoholics Anonymous embraces as its fundamental principles total abstinence of recreational intoxication and the pursuit of vital spiritual experience. Practicing the twelve steps and meeting with our peers on a regular basis will allow most newcomers relief of the obsession to drink. Failure to reach this first step milestone is almost always coupled with resistance and stubbornness and a failure to "follow our path" like the Book says.

Spiritual connection is another goal entirely. Where obsession to drink is often relieved simply by not drinking, surrender and connection to a higher power seems like muscular body conditioning. There is no holding area where we can relax our pursuit of progress and we can easily slip back into lethargy. We can't build an impenetrable wall between our serenity and our character defects. I was baffled when it was explained to me, early in sobriety, that these defects of character plague us as long as we resist them. It's an enigma, you hear it all the time. We must surrender to win. Powerlessness over hate, lust, financial imprudence, and jealousy are just a few examples the defects that persist into long term sobriety.

It would appear that we could use our own control, our own energy to avoid these pitfalls, but in practice it seems not so. Only a spiritual channel to dispose of these rotten spots in our personalities is worth the effort. It's why, long after we turn over and become grateful for and used to abstinence from anything alcohol we are unable to avoid an occasional lapse into spiritual aridity and find ourselves in the grasp of old ideas and reactions.

Gratefully AA provides an ocean of opportunities for us to recover from these low spots in our daily living. Our Big Book never fails to provide insight and a patch for spiritual slow leaks. Meetings warm our coldness and misplaced individuality. Service to others rescues us, puts us in touch with ever illusive humility and there is a wealth of writing available and, certainly not the least, prayer and the practice of meditation afford us a rest stop, when life has us in life's fast lane for too long. The towering twelfth step calls this necessary should we effectively carry

the message.

All of this is why a daily experience including these rescue methods are irreplaceable if our personal lives, our struggles, are to be aligned in serenity. If we only experienced good times, the emphasis on spiritual connection might be of less importance. That is seldom our story. We will have to be in the aura of protection that our spiritual health provides.

—Anonymous

Contributions 9/21/2022 thru 10/20/2022

Birthday Club

Claudia Q 7 Donna K 23

GRATEFUL GIVERS CLUB

Members

213.45

Individual Contributions

Doris P Jim K

Robert T

Sandra K

Stefanie and Eric

Newsletter Contributions
None

Memorial Contribution
None



December AA Birthdays

December	AADIIIII	<u>u ys</u>
<u>N</u> ame	City	Years
Jean M	Hanford	55
Art M	Three Rivers	48
Fran M	Fresno	42
Becky L	North Dakota	41
Paul B	Visalia	39
Hernandez	Tulare	39
Gary L	Pixley	38
Dave L	Conifer, Co	36
Janet O	Dinuba	35
Margie M	Visalia	35
Robin S	Visalia	35
Shannon S	Porterville	34
Abraham G	Visalia	34
Roy E	Visalia	34
Jeff R	Visalia	33
Bob N	Lindsay	33
Tom H	Visalia	33
Roger C	Visalia	32
Antonia M	Visalia	32
Scott B	Porterville	31
Lisa S	Visalia	31
Mike Y	Visalia	31
Jim M	Tulare	30
Victoria B	Visalia	30
Linda B	Visalia	30
Bob F	Medford, OR	29
Bob S	Porterville	28
Debbie A	Tulare	28
Danny G	Visalia	27
Belynda S	Visalia	23
Tim T	Visalia	21
Billy L	Visalia	20
Paul F	Visalia	20
Tina M	Porterville	17
Jerry S	Tulare	16
Michele S	Exeter	15
Paul M	Porterville	15
Sandy H	Visalia	12
Mark G	Visalia	12
Ray D	Visalia	9
Barbara VB	Visalia	8
Louie T	Porterville	7
John W	Visalia	
Dallas C	Springvile	4 3 2
Allie A	Visalia	2

Thats 1207 Years of Sobriety!!!

Income & Expense Statement

10/21/22 THROUGH 11/20/2022				
INCOME	MONTH	YEAR TO DT.		
B.Day Club	30.00	720.00		
CD & Tape Cont.	0.00	0.00		
Grateful Givers Club	173.45	3,786.57		
Group Cont.	1,746.47	22,310.58		
Indiv Cont	153.48	6,012.86		
Lit. Sales	525.42	6,732.23		
Memorial Cont.	0.00	200.00		
Misc.	0.00	3.00		
Newsletter Cont	0.00	32.00		
S & H	9.45	9.45		
Sales Tax	99.99	862.93		
Service Charge	4.04	17.85		
Spec. Events-picnic	0.00	4,197.50		
Spec. Items	616.99	4,644.12		
State fund dividend	0.00	50.00		
State Fund Refund	0.00	78.99		
TOTAL	\$3,359.29	\$49,658.08		
EXPENSES	MONTH	YEAR TO DT.		
Bank Charge	\$0.00	\$15.00		
Fees-Taxes	0.00	45.00		
Insurance	0.00	550.00		
Lit. Costs	52.93	6,847.18		
PI-CPC Expense	0.00	192.81		
Misc Expense	0.00	0.00		
Newsletter Cost	0.00	0.00		
Office Exp	260.65	4,250.57		
Office Equip.& Maint	0.00	291.14		
Phone & ISP	132.97	1,462.67		
Postage	60.00	176.90		
Employee Taxes	0.00	7,335.71		
Returned Chk & Chg	0.00	0.00		
Rent	600.00	6,600.00		
Salary	1,967.04	16,340.02		
Sales Tax-Paid	0.00	822.00		
closed account	0.00	-35.92		
Spec. Events-picnic	0.00	1,504.04		
Spec. Items	641.77	3,857.67		
Card Charge	16.03	182.88		
Utilities	35.47	787.98		
Ph-venmo	19.00	248.50		
venmo fees	1.45	14.44		
Website	8.75	100.29		
TOTAL	\$2.706.06	E1 E00 00		
TOTAL Not Coin(Loss)	\$3,796.06	51,588.88		
Net Gain(Loss)	(\$436.77)	(\$1,930.80)		
BEGINNING TOTAL	ACCI BAL:	\$18,437.06		

ENDING TOTAL ACCT BAL: \$17,998.79 **Established Prudent Reserve:** \$19,000.00

Hospitals & Institutions December 2022

Thank you for your continued support to the Pink Can, which allows us to continue to carry the message of Alcoholics Anonymous to Alcoholics in Institutions and Treatment Facilities. Please encourage all groups to send in their pink can money prior to December 31, 2022 for the fiscal year end.

At our December 3rd, 2022 Area H&I Business Meeting, Boo M. stepped down as Area Chair after two years of service. We are very grateful to Boo for her service keeping H&I active during the Covid period. In the interim, Joyce R., Regional Chair, will handle the Area Chair duties. Jared C. was elected as the Area Secretary. Due to a conflict with the NorCal Area meetings, our Area H&I Orientation and Business meetings will be held on the 2nd Saturday of odd months at 526 N. Bridge St., Visalia (Bridge Street Drunks Only). The orientation will begin at 9:00 am followed by the business meeting at 10:00 am.

We are very inspired that SATF at Corcoran State Prison has reopened to H&I Panels in December along with Tulare County Jail which we hope will have its first panel in December. Both of these Facilities have been closed since 2020 due to Covid. Tulare County Jail has two women cleared, three in the process, two men beginning the clearance process to complete our allotted team of 7. As we move into the new year, we are hopeful that we will add 2 Spanish Speaking volunteers for Tulare County Jail also. We will continue our H&I meetings at Mothering Heights Women's Recovery, Turning Point and Pine Recovery. We will also be looking to expand our scope of service to include more treatment facilities and facilities serving homeless to move more in alignment with the AA Treatment Committee.

On the Regional level, Area 92, Fresno County continues to bring meeting to several facilities including Spanish Speaking meetings. They have begun working with a facility which services transitional homeless individuals and have two other facilities they are working with to expand their service. Area 91, Madera/Mariposa is very active in the Chowchilla Prisons both English and Spanish and Mariposa has returned to the Mariposa County Jail and Mt. Bullion Fire Camp.

At the NorCal level, we are approaching our normal 33,000 meetings per year. The IVSS (Inside Visiting Sponsorship Service) Program is providing one on one outside sponsorship to 86 inmates at San Quentin; 5 at Salinas Valley. We have a new coordinator at Soledad to begin the program there. This program has now been implemented in Tucson, Arizona which is evidence that the program is transferrable. The AA Corrections Desk has committed to having printed material available regarding this program available by year end making the program nationally available. The next orientation and business meeting will be January 14, 2022. Orientation at 9:00 am, Business Meeting at 10:00 am at 526 N. Bridge St., Visalia. Please join us if you are interested in this type of service work.

In Service

Boo M.

Central Office Contacts

10/21/2022 thru 11/20/2022	
AA Members	69
Alanon & Alateen Info	0
Bridging the Gap	0
Churches and Schools	0
Court Referral/Info	2
E-Mail Contacts	137
General Info	4
H & I	1
Literature Sales	19
Meeting Information	13
Other 12 Step Programs	2
Prospective Members	3
Schedules & Info Mailed	2
Spanish Contacts	1
Specialty Sales	28
Twelve Step Calls	0
Visitors to the Office	13
Voice Mail Calls	9
	9
Total	303

Speaker Meetings

Porterville Recovery Club Speaker Meeting

186 W. Walnut Ave.

Friday Dec 2nd, 2022 at 8:00 PM

Speaker: Tiffany J

Sunday AM Breakfast, Speaker Meeting

Veterans Memorial Building 36000 Hwy 190, Springville Sunday, Dec 11th, 2022 (Breakfast at 8:30 to 10:00 AM)

Speaker: Terren G from Sacramento, CA

The Valley Group, Speaker Meeting

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Every Wednesday from 7-8 pm.

Speakers for December

December 7 - Elizabeth L. of Visalia with 36 years, 7

months, and 16 days!

December 14 - Robert P. of Visalia with 3 years, 9

months, and 9 days!

December 21 - Nikki C. of Visalia with 8 years, 6

months, and 22 days!

December 28 - Monte S. of Tulare

The Valley Group, Serenity Seekers Speakers

December 4 - Paul B. of Visalia with 11 years, 6

months, 4 days!

December 11 - Brett R. of Visalia with 11 years, 4

days

December 18 - Claudia D. of Visalia with 2 years, 6

days!

December 25 - Josh M. of Visalia with 3 years, 5

months, 5 days!

Civic Center Group

Christ Lutheran Church 3830 W Tulare Ave, Visalia Birthday speaker meeting Last Tuesday of the month

Dec 27th, 2022

Attn.. Speaker Group Secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (592-6999) by the 20th of the month preceding the month of the Newsletter.

Service Meetings AND ADDRESSES

449 E. Maple St., Exeter, CA Wednesday, December 6th, 2022 at 7:00 PM

CSR Meeting at Central Office 449 E. Maple St., Exeter, CA Tuesday, December 12thth, 2022 7:00 PM

H&I Meeting (odd months) in person at 526 N Bridge St (no Zoom)

Special one time change for this meeting December 3rd at 10:00 AM

H & I Orientation (even months)

Zoom ID: 848 7072 2515 Password: Sober (capital S). 4th Saturday December 24th 2022 at 10:00 AM

TUFYPAA

Zoom ID 839 4820 8237 Password: service 2nd Sunday of the month December 11th

SERVICE ADDRESSES

Tulare County Central Office 449 E. Maple St.. Exeter, CA 93221 Email: tccof@hotmail.com Website: www.aa-tulareco.org

District 47, C.N.I.A. P.O. Box 273 Exeter, CA 93221

CNIA Treasurer PO Box 161712 Sacramento, CA 95816-1712

General Service Office PO Box 459, Grand Central Station New York, NY 10163

H&I-Contributions P.O. Box 192490 San Francisco, CA 94119-2490

Central Service Meeting

Date: November 8th, 2022

Meeting called to order: Cheryl H. Time: 7:06 PM Board members present: Cheryl H., William (Bill) E., Patrick A.1, Sara S., David G. Absent: none

Serenity Prayer: said by all.

12 Traditions (long form, since this is November): Sheryl Minutes of last meeting: Reviewed by members individually; no corrections. Brett moved to approve, Trudy seconded. Report of last Board meeting: presented by Cheryl H. Meeting called to order October 11 at 8:15 PM.

President's report: nothing significant at this time.

Vice-President's report: I would like to talk a little bit about the Zoom meeting. The board discussed it and figured that it's a good resource; we'll try it for November and December.

Secretary's report: nothing significant at this time. Member at Large report (Bridging The Gap) (BTG): Sara has a member that was interested in being on the Bridging The Gap committee and she's working on that. Public Information and Cooperation with the Professional

Community (PI/CPC): Patrick put together some information packets to get out into the community doctors, offices, hospitals, and such.

Office Manager report: Carol Ann says operations are going well; no additional report.

Old Business: Employee Retention Credit (ERC). This office had a loss of around \$6,000. The board talked about it, and did want the office to apply for the credit. There was much discussion. Bill made a motion to hire a representative to do the paperwork for the I. R. S. Refund under the Employee Retention Credit with expenses not to be more than 15% of the refund amount. Patrick seconded the motion. Votes were taken, four board members voted yes, one board member voted no. The motion passed. The meeting adjourned at 9:00 PM.

Treasurer and Office report: Presented by Carol Ann Gable, Office Manager & Treasurer.

Treasurer / Office Report and Financial Report November 8th 2022 Central Office had an income of \$3,642.85 and expenses of \$5,518.40 for a loss of \$1,875.55. 1 Patrick had previously given us notice that he would be late getting to the meeting. Our Grateful Givers Club brought in \$245.00 and our Birthday Club brought in \$47.00 in much appreciated contributions. We had \$671.27 in gross sales in 8 transactions for credit and debit cards last month. We had 1 transaction in PayPal for \$20.00 We had \$279.50 in gross sales in 4 VENMO transactions this accounting

period

Traffic and calls have been average.

We want to thank all the groups and individuals who contributed to show their support for Central Office.

Office operations are going well and we are still fulfilling our primary purpose of carrying the AA message of recovery.

The Big Book is still on sale for \$9.83 for the hard cover. We also have AA pocket planners for 2023, as well as some great AA gift ideas like AA jewelry, money clips, book covers, golf markers, and AA playing cards, and of course literature!

I am aware that some people may not be able to get to the office during business hours, so am willing to mail you your specialty chip for that special someone. I am here to accommodate you, please don't hesitate to call the office and leave me a message. I will call you back the next business day. The Central Office contact information is on our website AA-tulareco.org.

The Central Office will be closed November 11th for Veterans Day, and 24th & 25th for the Thanksgiving holiday. I am here to serve you! Carol Ann Gable

Office Manager/Treasurer

(Cheryl) Thank you Carol Ann. Are there any questions for Carol Ann? Alright. One thing I would like to say is, part of the loss was that we had to pay the quarterly taxes which are \$1,900. The quarterlies are expected, so really we're in good shape. Carol Ann, can you give us the checking account balance? (Carol Ann) The checking account has \$17,951.86. The cash account has about \$700.

Public Information report: Patrick A. provided the report. Public Information & Cooperation with the Professional Community (P.I./C.P.C.). We inform professionals and future professionals about A.A. – What we are, where we are, what we can do, and what we cannot do. We attempt to establish better communication between A.A. and professionals, to establish simple, effective ways of cooperating without affiliating.

So I don't have a lot of new stuff to report. We did get the pamphlets for public information, to get to some of the local businesses like urgent cares and such in the area. I'm working on getting together with our volunteers so I can get the Tulare area sorted out. That being said, I am still looking for anybody in the Porterville area, Exeter area, and some of the areas to be able to help me. If anybody is willing to do that, know that your anonymity is kind of out there, because you do go into a business and say I'm part of Alcoholics Anonymous, and ask Can I put this information on your desk? If we do that, then we check up on it like every other month, in case all the meeting guides are gone, and the questionnaires. It's a real simple little deal. I have everything together. If you're aware of anyone who's new in sobriety, or who's been in sobriety and is looking for an interesting service opportunity, please reach out to me. My phone number is (559) 232-7691.

Thank you for letting me be a service. Patrick.

(Jared) I think I can probably get someone to help you out in Visalia. The literature person for the meeting I'm the CSR at; she's looking to do more than just say, hey, I have books. (Patrick) I want to be clear – maybe the first time we go out, we'll go out together. But there was a misunderstanding that happened, and a member thought it was going to be like that all the time. I'm trying to be more clear about that. So it is kind of a deal where maybe you get somebody else that volunteers to go with you or whomever.

Volunteers to write Step and Tradition for Central News

Step for newsletter

Issue	Step	Member	Due date
Dec	12	Paul B.	November 20
Jan	1	Trudy	December 20
Send to	o Centra	alintergroupNe	ews@gmail.com

Tradition for newsletter

Issue	Trad	Member	Due date
Dec	12	Trudy W.	November 20
Jan	1	Bill E.	December 20
Send to CentralintergroupNews@gmail.com			

Newsletter report: none at this time.

Website report: Provided by David G.
Website statistics for October 2022
We had 1,586 visitors, which is up 10% from last month.
We had 3,054 page views, which is up 5.7%
We had 62 downloads, which is up 24.5%
The printed version of the Meeting Directory was downloaded 15 times. Then there were the new format schedules, downloaded 6 times.

The Las Vegas Roundup flyer was downloaded 5 times The Central News newsletter was downloaded 4 times. The "most popular" pages are unchanged: Meetings first, then the home page second. That's the statistics – any questions? (No questions)

H & I report: Provided by Boo

Hospitals & Institutions November 2022 Tulare County H&I continues to bring H&I Panels twice a month to Pine Recovery, Turning Point and Mothering Heights Women's Recovery. Once a month we take panels to the Mental Health Facility. Tulare County has started application clearance process. Please contact Joyce R. for details and interest. H&I Panels are continuing as permitted around Covid closures in Corcoran and Avenal Prisons.

At the October 9, 2022 NorCal General Committee Meeting, our restructure proposal and policy revisions were adopted. At the January, 2023 meeting, Area Chairs will now join

the voting body of our committee, we will have quarterly meetings which will allow greater communication in our community. Our policy revisions included a revision on the Statement of Purpose to bring us more in alignment of the work of the General Service Treatment and Corrections Committee. Going forward, we will continue to bring meetings to treatment facilities, jails and prisons and will now look to any facility with serves alcoholics, providing a broader scope of carrying the A.A. message.

As the restructure brings greater communication, it is even more important for our local A.A. groups elect an H&I Representative and to attend the business meetings. This will ensure we are carrying the collective conscience of Tulare County to the NorCal Committee. Thank you for your continued support to the Pink Can, which allows us to continue to carry the message of Alcoholics Anonymous to Alcoholics in Institutions and Treatment Facilities. Important note: H & I November business meeting has been moved to December the 3rd at 10am, at 526 N Bridge St, Visalia. We will be electing a new Area Chair (which is my position) and discussing how we move forward into the New Year. If you are interested in this type of service work, please attend as we will collectively decide how and when orientations will be conducted.

Love & Service, Boo

GSO liaison report: provided by David G.

We had the November GSR meeting Wednesday the 2nd in hybrid format (two members inperson, three on Zoom). New business: Mike C. was nominated to Alternate DCM, David G. was nominated Registrar – elections to be held December 7th. Old business of disbursing funds in excess of our prudent reserves was tabled to further discussion and action in December.

Treasurer report: income of \$118.22, outgo zero. Starting balance \$2,907.07 with an ending balance of \$3,025.29. Bridging the Gap (BtG) Chairperson provided by Sara S. Nothing to report at this time.

CSR reports

If you have a change in your meeting please notify Carol Ann here at the office so she can update the meeting schedule and get that information to David for the website.

Tuesday Women's Amity Group, Claudia Q., CSR, We are a Closed meeting that meets every Tuesday from 6:30 to 7:30 PM at the Trinity Reformed Church on Walnut Avenue in Visalia. We celebrate various lengths of sobriety up to one year, each week, and yearly birthdays are celebrated the last Tuesday of the month, where we attend a "no host" dinner at Amigos before the meeting. Our regular business meeting is held on the third Tuesday of the month.

We make group contributions to A.A. entities. We are meeting regularly in-person. Thank you for letting me be of service, Claudia.

Keep It Simple Sunday, David G. CSR.

We meet Sunday mornings at 9:00 AM in Blain Park in Visalia (not Tulare), on Court Street between Whitendale and Caldwell. Our meeting is 90 minutes in a beautiful outdoor setting. This is an Open meeting, and all are welcome. Bring a lawn chair / camp chair with you. As an outdoor meeting, we are pet-friendly. We celebrate sobriety milestones and birthdays every meeting. We use the Daily Reflections book as a topic starter; then everyone shares, going around the circle (time permitting). Our Secretary is Scot L. The business meetings are the last Sunday of the month, immediately after. There are usually between 20 and 30 people attending our meeting. This meeting has a summer schedule (starts at 9:00 AM) and a winter schedule (starts at 10:00 AM). We changed to the winter schedule November 6.

Civic Center Group, Brett R., CSR, Tuesday night Civic Center meeting in Visalia at the Christ

Lutheran church near Tulare and Demaree. It starts at 7:00 PM and goes to 8:00 PM. It is an Open meeting, and newcomers are welcome. Jared is our new secretary. Our business meetings are the third Tuesday of the month at 8:10 PM. We've had pretty good turnout for several months. We have a birthday meeting on the last Tuesday of the month, with cupcakes.

Lindsay Fireside Fellowship, Trudy W., CSR. It is with a heavy heart that I'm making what may be the last, or next-to-last report for the Lindsay Fireside Fellowship. On Sunday, November 6 a trustee for the Lindsay United Methodist Church informed me that just that afternoon they had just voted to close the church. Lack of adequate membership and attendees has made it impossible to keep the church open.; their last worship service will be December 18th, 2022.

This church has hosted an A.A. meeting for most of the history of A.A. in Tulare County. I was informed several years ago that the first meeting ever formed in Tulare County was in Lindsay, at that church, and many oldtimers have memories of attendance and even workshops and conferences there.

The first recovering alcoholic ever to witness to me personally, long before I was ready to admit I had a drinking problem, was Fred M., a longstanding member of the Lindsay A.A. meeting until he died. We have been aware of this possibility for some time and will most likely pursue finding another room in which to meet. This is new information – I haven't had a chance to talk about it with the group. There's so few of us that it may be hard or easy – who

knows? I don't know. I hope to report a new location next month. Thank you for the privilege of being part of the CSR group and for letting me share the stories of our recovery journeys.

Trudy W.

Bridge Street Drunks, Sara S., CSR,

We are located at 526 N. Bridge Street in Visalia. We host 19 meetings in Visalia. Right now, we are hosting a six month workshop on Saturdays, taking people through the Steps in the Big Book. It started already, so you can't start late, but you can attend to check it out. It might turn into something continuous. We were looking for a couple of service positions, that were filled. For literature, Josh took that position. Our chip person is Craig. Our treasurer is Mike. We are a large fun bunch who host 19 meetings. We have literature and books at cost. Our birthday meeting is the last Saturday of the month at the noon meeting. We give chips and hugs, with coffee, snacks, and cake. Our business meeting is held the last Saturday of the month alternating between 8:00 AM or 1:00 PM. Our business secretary realized that the business meeting would be Thanksgiving weekend; we haven't yet decided to have it before or after. We welcome all who have a desire to join our group. Our meeting schedule is:

Monday through Sunday 7 AM to 8 AM
Monday through Sunday 12 noon to 1 PM
Monday evening 7 to 8 PM (Women's meeting book study).
This meeting still struggling a little
bit, so we can use some support – if you know people in
Visalia send them that way.
Tuesday evening 6 to 7 PM (12 x 12 book study)
Wednesday evening 6 to 7 PM (book study) We just got a
new secretary for that.
Thursday evening 7 to 8:30 PM (Big Book study)
Saturday evening 7 to 8 PM (open meeting)
Come join us.
Thank you for letting me of service,
Sara S.

Crossroads Group, Steve P., CSR, The Crossroads Group in Tulare, on Tulare Avenue – 220 W Tulare Avenue at the Hillman House. We meet Thursdays from 7:00 to 8:00 PM. We're a group of about 12 to 15 people; often everybody gets to talk.

Pine Recovery (Candlelight meeting), Steve P., CSR, The Pine Recovery Candlelight meeting is on Fridays nights, from 10:00 to 11:00 PM, in Visalia at 120 W School Avenue. I want to thank Patrick for two weeks ago he chaired that meeting for us, and it was great. Usually there's 25 to 35 people.

Monday Night Men's Meeting, Paul B., CSR. We meet at the P. P. A.V. Hall in Visalia. We are a Closed men's meeting. We meet for 90 minutes. We celebrate sobriety milestones under a year every week. On the last Monday of the month we celebrate annual birthdays with a chip and exceptional cheesecake. Our business meeting is the first Monday of the month. We ask men who have completed the steps and have the time and energy to sponsor to stand up and do so. And I want to thank Steve for stealing my thunder because I was going say what a great job Patrick did last night chairing that meeting. Thank you for letting me serve, Paul.

Sunday PM Serenity Seekers, Jared C., CSR, It's part of The Valley Group, which is the meeting that meets on Wednesdays. It's a speaker meeting - the speaker speaks for about a half hour to 45 minutes. It runs from 7:30 p.m. To 9:00 p.m. After the speaker is finished, they open it up for discussion. We are also online and we're one of the few online meetings in Tulare County that allows online participation. So people who are on Zoom, they can share or get involved with the discussion, not just watch. We're growing pretty rapidly. We are at the St. Paul's Church on Hall Street in Visalia. There's a very large group of newcomers there, in part because multiple institutions are going there. So there's a lot of newcomers, both men and women and a lot of them are looking for sponsors. So if you know somebody or are interested in trying to find a sponsee, it's a good meeting to attend. We have a new secretary; a woman named Jessie. A lot of the service positions are being filled by newcomers, so that's positive right there.

Other than that, the one thing that I did want to add is that I am the secretary for meeting that Brett is our CSR for. We have most positions filled right now, but we could use help sometimes; sometimes we're a little short on it. So if you know people that need a service position, that's a good meeting for them to attend. We could definitely find something for them to do whether it's coffee or setting up.

Springville Breakfast Speaker Meeting, Sheryl E., CSR, We meet the second Sunday of each month at the Springville Veteran's Memorial building on Highway 190. We open the doors at 8:00 AM, with with fresh, hot coffee. Breakfast is served from about 8:30 AM until 10 o'clock. The speaker meeting is from 10:15 till 11:45. We try to get out of there by noon. It is always great food and excellent fellowship, and of course we are self-supporting through our own contributions. So if you can, please put a little bit in the basket. In October we served 62 hungry people, including the speakers. Bill E. did a great job as our treasurer. Elections are in December. We are looking for a new treasurer and a new secretary as well as a GSR. If anyone would like to be of service for the breakfast speaker meeting, please come on December 11 and join in the fun. Thank you for letting me be of service, Sheryl.

Tuesday Women's Changes Meeting, Sheryl E., CSR, We are an open meeting for women only. We meet every Tuesday at 6:00 PM at the Porterville Recovery Club. We each pick a stick out of a jar and share about our topic. We always have a great meeting and the PAAR girls share and learn a lot. We are generally a small group and grow in numbers on the last Tuesday of each month, when we enjoy a birthday potluck with good food and sweet dessert, usually cake.

Thank you for letting me be of service, Sheryl.

Tuesday Night "Friends Of Bill W. and Doctor Bob", Patrick A., CSR,

This is a Tuesday Night Open Meeting held at St. John's Episcopal Church, 1701 E Prosperity Ave in Tulare from 7:00 to 8:30 PM. We are a fellowship of men and women sharing our experience, strength, and hope. This is an indoor meeting, averaging about twelve people every week, although it's been a little higher than that recently since we got the AC and heater fixed, and you can hear people talk now. We give out chips for various lengths of continuous sobriety and celebrate birthdays at the end of each month with cake and ice cream. We do have cake and ice cream regardless if anyone is celebrating a birthday. Newcomers are welcome and all may attend. We do have multiple men and women with quality sobriety that are open and willing to sponsor. Thank you for letting me be of service,

Old business:

Patrick A.

- 1. Board of Directors elections
- 2. We have elections in December for Central Office Board of Directors. The board members are elected for a two year term. Three members are eligible for election this December: Patrick, Bill, and Sara.

New business:

1. Venmo report

In January, we started taking Venmo as a payment source; and we had to purchase a cell phone.

We we are a business, so Venmo is not free for this office. We had incurred some expenses and the board had agreed that by November, this month, if Venmo had not been self supporting that we would end it. There for a while, it was sparse. I gave each one of you an income and expense sheet on Venmo; our income for since January has been \$631.39. Our expenses have been \$243.15 – for a gain of \$388.24. So Venmo is going to continue at Central Office. Please tell your groups that we welcome Venmo as a pay source. We also have Paypal, and we also have a Square credit card reader.

I would like to remind the CSRs that Central Office pays a fee for using Square and Venmo and Paypal. The Springville Monday Night Book Study group that I attend had our business meeting last night, and I suggested that when the group gives a contribution to Central Office, to add two extra dollars to cover the fee. I noticed a couple of months ago our group had made \$100 contribution, and because we used Venmo \$98 of it actually came to Central Office because we were charged a fee. You might delicately put it out there that if the groups or individuals make a contribution, that they might lovingly want to add a little dollar or two to help cover our fees.

2. Website update - add AA.org audio Big Book links Our friends to the west, Kings County, just spun up their new website and on their Links menu they have a link to AA.org - specifically the part of the site where you can listen to the Big Book in audio form, or you can read the Big Book online. I had not put that on our website because my personal biases with regard to tracking by places; there's a whole industry in the computer industry of profiling people, building that profile and then using that to sell to advertisers. AA.org does have a Google tracker on it. Maybe that's not our problem; but I had left it off there because I didn't want someone coming to the AA-TulareCo website and having Google say "Oh. We just learned something about you." (Discussion ensued) One thing that AA.org does do and I'm pretty sure I can do, is if you click on a link that takes you somewhere else, they pop up a little warning you are leaving our site. So I could do that with ours and then we can have the best of both worlds. (Cheryl) Would you check into that David and bring us back a report next month?

(David) Yes. Now if I find out it's easy to do, do you want me to just go ahead and do it?

(Cheryl) Do we have a sense of the group? (Group consensus was yes in agreement)

3. I.R.S. Employee Retention Credit

1. Please let your groups know that we have applied for this tax refund. If the credit is approved, how would your groups like this money to be spent?

Seventh Tradition: \$38.00

Announcements: The Breakfast Speaker meeting is this Sunday in Springville. Naomi is coming from Tehachapi and everybody's welcome. Coffee is on at eight o'clock. We start serving buffet style about 8:30. Speaker meeting starts at 10:15, we're out of there by noon.

Meeting adjourned: 8:26 PM

District 47 Meeting Minutes

November 2, 2022

This is a Hybrid meeting with members participating in-person at the Tulare County Central Office and from various remote locations.

Meeting Called to Order: 7:03 p.m. by DCM Allen L. Committee: Allen L., DCM; Ralph D., GSR for Bridge Street Drunks Only Group;; David G. GSR for the Friday Freedom Fellowship; Josh F., Treasurer; Mike C, GSR for Pine Recovery Friday Nifght.

The GSR Preamble was read by all attendees: "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: Josh F.

Concept 11: Concept 11 long form read and explained by Allen L.

Approval of Minutes: October 5, 2022 minutes approved

Treasurer's Report: Josh F. Reported (September and October) Balance Forward \$2,907.07; Income: Bridge St. Drunks Only \$33.28, Bridge St. Drunks Only \$29.63, Monday Nite Big Book Study \$20.00, The Valley Group \$25.3, Crossroads Group Tulare \$10.00. Total Contributions \$118.22. Total Expenses \$0.00. Current Balance \$3,025.29

CSO Liaison Report: David G. reported that the October CSR meeting was a hybrid meeting, with two members joining via Zoom. We will also do hybrid meetings in November and December. Central Office finances: for August 21 through September 20, Central Office had an income of

\$3,516.39 and expenses of \$5,991.23 (\$2,008 of that was literature expense and \$670 was for specialty itrems—jewelry, ornaments, book covers, golf accessories) for a loss of \$2,474.84

We have a new newsletter: Robert. The email address for newsletter submissions is unchanged: centralintergroupNews@gmail.com Our meeting was attended by CSRs from seven Visalia meetings, two Tulare, one Lindsay, one Springville, and one Porterville meeting. This December we will be holding elections for three members of the Board of Directors for Tulare County Central Office, Inc. Anyone interested in running for the Board should attend the November and December CSR meetings. In Central Office Inc., news: Sara is forming a Bridging The Gap committee. We are considering buying a Forms software plugin for the web site. We had much discussion about applying for an Employee Retention Credit (ERC) from the IRS. A motion was made to have a company do the paperwork and get paid 15% if the credit is approved. The motion carried, 4 in favor, 1 against. Registrar: no report

H&I Report: Rafael D reprted: Thank you for your continued support to the Pink Can, which allows us to continue to carry the message of Alcoholics Anonymous to Alcoholics in Institutions and Treatment Facilities. Tulare County H&I continues to bring H&I Panels twice a month to Turning Point, Pine Recovery, and Mothering Heights Women's Recovery. Once a month we take panels to the Mental Health Facility. H&I Panels are continuing as permitted around Covid closures in Corcoran and Avenal Prisons. We are in need of volunteers who are interested in serving at Avenal and Corcoran Prisons. Tulare County Jail clearances are in process. We currently have 5 women in the process and hope to have 2 men in the next week or so completing our team of volunteers at this time. At the October 9, 2022 NorCal General Committee Meeting, our restructure proposal and policy revisions were adopted. At the January, 2023 meeting, Area Chairs will now join the voting body of our committee, we will have quarterly meetings which will allow greater communication in our committee. Our policy revisions included a revision on the Statement of Purpose to bring us more in alignment of the work of the General

Service Treatment and Corrections Committee. Going forward, we will continue to bring meetings to treatment facilities, jails and prisons and will now look to any facility with serves alcoholics, providing a broader scope of carrying the AA message. As the restructure brings greater communication, it is even more important for our local AA groups elect an H&I Representative and to attend the business meetings. This will ensure we are carrying the collective conscience of Tulare County to the NorCal Committee.

The next business meeting has been moved to December 3, 2022 at 10:00 am at Bridge Street and the orientation date will be determined at that meeting. Please join us at the Area Business Meeting if you are interested in this type of service work. DCM Report: Allen L did not attend the Mini PRAASA (Fall Assmbly). David G did attend and reported: 1. The amended spdending plan was approved. 2. The motion to amend bylaws to expand the method of calulating the cap on discretionary spending from a simple 5% of the budget to whichever is greater of 5% of the budget or 20% of funds exceeding prudent reserve passeed. Old Business: Dispersing funds in excess of our prudent reserve—tabled for further discussion and action in December.

New Business: Mike C was nominated for the currently vacant Alternate DCM position, and David G was nominated for the currently vacant position of Resistrar. Additional nomiations will be accepted and voting will take plaxee at the December District 47 monthly business meeting.

eventh Tradition: none. •. Announcements: none DECLARATION OF UNITY: Read by all: "This we owe to A.A.'s future: To place our common welfare first, to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come."

RESPONSIBILITY DECLARATION: "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible." The meeting was adjourned at 7:40 p.m.

Respectfully submitted, Allen L, District 47 DCM

Group Contributions

group C	,oninoui	$\iota \cup \iota \iota \cup$
	Month	YTD
1st Friday Speaker Meetin	ng 10	150
10th Ave Men's Group		336
ACYPAA		956
Anonymous Group	300	3000
Breath of Fresh Air		
Bridge St "Drunks Only"	181	1441
Civic Center Group	50	400
Clodbusters-Tulare	185	685
Crossroads-Tulare		184
CSO Meeting	38	392
District 47		413
Bill & Friends		
Exeter-Quiet Trails		900
Exeter Sunday Afternoon		250
Foundation Group		
Freedom Fellowship		445
Half & Half		200
Keep it Simple Sunday		493
Lindsay Fireside Group		50
Men's Valley Book Study		250
Monday Men's Big Book Study		
Monday Men's Mtg (PPAV)		
Monday Men's Stag		
Mid-Valley-Tulare		500
Monday Book Study Sprin	ngville	128
Gem St Noon Book Study		620
Monday Women's Reflect		451
Nooners Group-Visalia		
Pine Recovery AA Meetin	ıg	
Practicing the Principles	0	100
Rainbow Group		724
Rule 62-Visalia		200
Serenity Junction-Tulare		
Serenity Seekers AM-Visa	lia	
Saturday Night Believers		
Springville Gut Level 75		385
St Ritas AA Group		
Springville Breakfast Mee	ting	680
Sunday PM Serenity Seek	0	
Tulare Young People		
TUFYPAA		
Tulare Friday Book Study		
Tulare Tuesday Night		
Tulare Thursday Noon		
Tulare Sunday Night		
Tuesday Men's Porterville		
Three Rivers Monday	75	75

Totals	1,746		22,311
Women's Sat AM 12x12	543		896
Women's Frid Night-Pville			
Women's Changes Group	63		138
WkndAttitude Adjustment			
Wed. Acceptance Group		250	
Visalia Alano Club	60		958
Valley Speaker Series			862
Valley Group			2522
Unity through Traditions			275
Tues Women's Amity Group	167		903

CENTRAL OFFICE ANNOUNCEMENTS

Hardcover BigBook now on sale!

\$9.93!!

18-Month AluminumChips Now Available

Central Office HoursMon-Fri 9AM-1PM

Lighter Side of AA

The Voice of God

A drunk in Alaska decides to go ice fishing. So he packs up his stuff and goes out onto the ice.

He starts sawing a hole in the ice, and a loud booming voice says, "YOU WILL FIND NO FISH UNDER THAT ICE!"

The drunk looks up, ignores it, and continues on. The voice repeats, "YOU WILL FIND NO FISH UNDER THE ICE."

The drunk looks up and says, "God? Is this God trying to warn me?"

The voice says "NO, YOU DRUNK I"M THE MANAGER OF THIS ICE RINK."





The Valley Speaker Series Presents: NEW YEAR'S SOBER EYE



5:30-Appetizer 6:00-Dinner 7:00-Speaker 9:30-After party

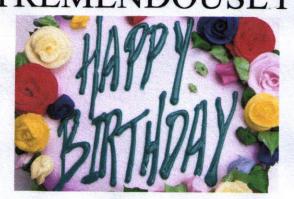
Presale 120 N. Hall st, Visalia Presale Zoom: 155 118 647

Only (with live transcription)

BIRTHDAY CLUB

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

JUST CONTRIBUTE \$1.00 FOR EACH
YEARYOU HAVE BEEN SOBER
ON THE ANNIVERSARY OF YOUR
SOBRIETY DATE TO YOUR CENTRAL
OFFICE.THAT IS ONLY ONE TIME PER
YEAR. IT'S REALLY SIMPLE AND
WOULD HELP YOUR CENTRAL OFFICE
TREMENDOUSLY.





Would You Like Your Name on the Monthly Sobriety Birthday List.

NAME:		
	.1	
SOBRIETY DATE:		
CITY:		16

Please send information to:

Tulare County Central Office 449 E. Maple St. Exeter, CA 93221

Email Info: tccof@hotmail.com



34th International Men's Conference 2023Washington DC

"Keeping the Legacy ALIVE 2023 and BEYOND"

www.IAAMC-DC23.org

When: April 21-23, 2023

Where: The Doubletree by Hilton Crystal City

300 Army Navy Drive, Arlington VA, 22202

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Make room reservations AS SOON AS POSSIBLE due to limited rooms availability at \$149.00 per night. For Room Reservations: Call (703) 416-4100. Use Promo Code: IAA and mention IAA to receive conference rate of \$149.00 (plus tax per night) visit our webpage: www.IAAMC-DC23.org

for more information contact:

Chair Lee M. (202) 441-0111 Chair.IAAMCDC23@gmail.com
Co-chair Willie S. (301) 257-3320 Co-chair.IAAMCDC23@gmail.com
Treasurer Stan C. (301) 598-5953 Treasurer.IAAMCDC23@gmail.com

Conference Registration Options			
Reserve Banquet AS SOON AS POSSIBLE Due to Limited Seating	Price	Quantity	Amount
General registration and banquet (Circle your meat choice: Salmon, chicken or sliced pork tenderloin, vegetarian)	\$ 120.00		
Registration Only	\$ 50.00		
Tour of Washington, DC by Motor Coach	\$ 39.00		
Ball Cap	\$ 17.00		
Tee-shirt (sizes Large to 5X): State size: (sizes run small)	\$ 23.00		
Donate to the 34 th IAAMC 2023			
	Total		

please visit our website for details and updates @ www.IAAMC-DC23.org

Mail Registration to: IAAMC-DC23, PO Box 12226, Silver Spring, MD 20906-1548

Make check or money order payable to: IAAMC-DC23 or register online using our webpage: www.IAAMC-DC23.org

Name:	Phone:	
Address:	City, State, Zip:	
Email:	Home Group:	
Meal Preference:	Amount Enclosed:	

Badges Required for ALL Sessions



International Alcoholic Anonymous Men's Conference Proposed Schedule

Friday, April 21, 2023

1:00 – 11:30 pm	Hospitality Room Opens	Monument View Room
1:00 – 8:00 pm	Registration Opens	TBD
6:00 – 7:00 pm	We Rarely Have Seen a Person Fail	Wilson Room
6:00 – 7:00 pm	We Stood at the Turning Point	Harrison Room
6:00 – 7:00 pm	Acceptance is the Answer	Jackson Room
8:00 – 9:00 pm	Welcome Kick-off, Chair DC Delegation	Crystal Ballroom
8:00 – 8:20 pm	Welcome, Cleveland Presenter	Crystal Ballroom
8:20 – 8:30 pm	History of IAAMC	Crystal Ballroom
8:30 – 8:55 pm	History of AA in DC/MD/VA Area	Crystal Ballroom
9:00 – 10:15 pm	AA Speaker Meeting	Crystal Ballroom

	Saturday, April 22, 2023	
7:00 am – 11:30 pm	Hospitality Room Opens	Monument View Room
7:00 – 9:00 am	Breakfast (on your own)	
7:00 – 8:00 am	Sunrise Meeting	Van Buren
8:00 am – 5:00 pm	Registration	TBD
8:45 am – 3:00 pm	Motor Coach Tour of Washington (prior registrants only)	Hotel Lobby
8:00 – 9:00 am	Fellowship	Monument View Room
9:00 – 10:00 am	Finance and Recovery	Van Buren
	Emotional Sobriety	Wilson
	Number One Offender	Harrison
	Relationships	Jackson
10:15 – 11:15 am	Sponsorship	Van Buren
	Resting on Our Laurels	Wilson
	Newcomers' Questions & Answers	Harrison
	What Exactly is Alcoholism?	Jackson
11:15 am - 12:45 pm	Lunch (on your own)	
1:00 – 2:30 pm	Old Timers Meeting (30 or more years)	Crystal Ballroom
2:45 – 3:45 pm	Impact of Zoom on Your Recovery	Van Buren
	Are You Having Fun Yet (We're Not a Glum Lot)?	Wilson
	Profanity in AA Meetings	Harrison
	Al-Anon Family Group's Role in AA	Jackson
4:00 – 5:00 pm	Step One (the Suffering Alcoholic)	Van Buren
	Is Abstinence Enough?	Wilson
	Service (AA's Third Legacy)	Harrison
	History of Blacks in AA, Washington DC	Jackson

5:00 pm: Fellowship and Free Time Until Banquet

Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos aorund our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!