



CENTRAL NEWS

October 2022

Website: www.aa-tulareco.org

On Simplicity, of Faith, of Living, of Outloof

Afternoon Sun David T.

The A.A. program itself is simple. Why do too many of us try to read complexities and mysteries into the 12 steps?

In our drinking days our lives were complex and confused. We were unable to be honest with ourselves and we rationalized our wrong position with all the tricks of evasion and equivocation. We added jealousy, resentment and intolerance to the tangled pattern of our lives. Our greatest longing was for relief, for deliverance from a way of living that had become too complex to endure without the treacherous aid of alcohol.

Our introduction to A.A. at once offered that freedom, if we desired it without reservation and were willing to follow a few steps whose greatest appeal to our bewildered spirits was their simplicity. One of the main differences between A.A. and other programs of sound living is the ease with which a newcomer can grasp its principles, and with which the oldest member

can live each day in harmony with himself and his neighbors by practicing the simply stated 12 steps.

Kipling might have written this expressly for AA:

Not as a ladder from Earth to Heaven,
not as a witness to any creed,
But simple service simply given to his
own kind in their common need

If each individual member wholeheartedly and unquestioningly accepts the program in the simple form it was given us, without straining for effects and methods of practice to elaborate it, we will have even-tempered groups with only enough organization to insure against over-organization.

-Earl T Chicago AA Grapevine Oct. 1944

Step 10

Continue to take personal inventory and when we were wrong promptly admitted it.

As we work through the 12 Steps of AA we are, as the Big Book tells us, "Returned to sanity." We realized, "We will seldom be interested in liquor. If tempted we recoil from it as from a hot flame. We react sanely and normally, and we will find this has happened automatically".

This is encouraging as the drink problem has been solved! How then, do we stay sober and continue to grow spiritually and emotionally? Step Ten is the key. For many of us an honest personal inventory is a new experience. For me personally my Fourth Step inventory was the first time I had looked at my part in the unpleasant, painful and unacceptable parts of my life. I began to see a way out of the pain and misery that I had created. As I learned how my character defects (primarily fear) controlled my behavior and attitude I saw a new way of life. Life however, continued on. I found it all too easy to repeat fear driven behavior. In Dr. Paul's essay "Accept was the Answer", he writes "When I am disturbed, it is because I find some person, place, thing, or situation unacceptable to me, and I can find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at that moment." He goes on to say "I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and my attitudes. Step Ten became a tool I have depended on to adjust my behavior and attitude daily. As we go through our day we can, if we choose take a spot inventory to discover a problem in our ideas, emotions or attitudes. As the drink problem was solved the emotions that were pushed down for many years came to the surface. When I feel agitated, stressed or anxious I pause and try to determine what is "real" and what is "imagined". Often times I find that I have by action or attitude created an unacceptable situation. Step Ten tells me to "promptly" admit my wrong doing. Admitting my fault is only the beginning. As I learned in practicing the 12 Steps I must then discuss my behavior with a trusted friend and immediately make amends if I have hurt someone. Then I must turn my focus on helping someone. In quickly taking Steps 4 through 9 daily or when needed I keep my side of the street clean and can continue to grow spiritually and become better able to be of maximum service to God and my fellows.

As I practice Step 10 throughout the day, I lessen the

chance I will develop resentments that if allowed to grow will surely affect my emotional sobriety and ultimately my physical sobriety. By quickly recognizing, admitting and correcting my faults I continue to practice humility helping me to further develop a healthy trust and dependence on my Higher Power. I must remember that I have been "Returned to sanity" by the grace of my Higher Power. It is now up to me to do the daily footwork to maintain my emotional and physical sobriety.

-Paul B.

Tradition 10

No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues — particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatsoever.

In today's times, little organization hardly seems possible, but that is exactly the reason AA works so well. As the twelve-by-twelve states on page 172, "the power to direct or govern is the essence of organization everywhere."

Does one think an AA member is going to take an order? Can a group tell an AA member how to do the twelve steps? Can an AA group decide who attends the meeting and who cannot?

AA groups and members use spiritual principles and the Traditions to decide what is best for a group and AA. Quite often there can be lengthy and sometimes heated discussions on certain matters. It is comforting to watch and listen to members who are mature in their thinking and exhibit emotional sobriety in decision making.

AA authorizes "workers to serve us" 12x12 pg. 174 rather than "boards to govern us". As a rule, we do not govern well.

As it states beautifully in the 12x12 pg. 175, we "are a society without organization, animated only by the spirit of service – a true fellowship".

Cheryl H.

October AA Birthdays

Financial Report

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

8/21/22 THROUGH 9/20/2022

Name	City	Years
Carol J	Woodlake	59
Linda D	Visalia	50
Susan S	Visalia	47
Oly S	Visalia	43
Jerry D	Tipton	41
Bill H	Tulare	40
Richard W	Tulare	40
Ruben F	Corcoran	40
Albert M	Tulare	38
Diane L	Tulare	38
Jodi B	Visalia	36
Terry C	Strathmore	36
Andy C	Exeter	35
Kay B	Tulare	35
Marjorie Mc	Visalia	35
Bill L BBB	Dinuba	35
Mary C	Three Rivers	34
Nancy B	Visalia	34
Ron B	Visalia	34
Jerri T	Visalia	34
David B	Visalia	33
Gary H	Visalia	33
Gil C	Visalia	32
Jack H	Visalia	32
LGK	Visalia	32
Caryl E	Visalia	32
Sharon B	Visalia	31
Elizabeth M	Visalia	31
Tanya R	Visalia	31
Greg M	Tulare	30
Diana R	Hanford	29
Kathy H	Visalia	29
Linda J	Pixley	27
Marge M	Woodlake	26
Debbie J	Visalia	26
Eileen F	Visalia	26
Emma T	Visalia	24
Brian R	Visalia	24
Melody F	Exeter	23
Donna K	Porterville	23
Jan P	Visalia	21
Eddie J	Porterville	18
John W	Visalia	18
Shelly	Visalia	17
Teddy B	Visalia	15
Lucretia D	Porterville	14
Craig W	Visalia	13
Tiffany J	Porterville	12
Veronica H	Springville	10
Christine C	Springville	10
Laura H	Visalia	4

Thats 1510 Years of Sobriety!!!

INCOME	MONTH	YEAR TO DT.
B.Day Club	54.00	643.00
CD & Tape Cont.	0.00	0.00
Grateful Givers Club	168.00	3,368.12
Group Cont.	1,960.63	19,090.46
Indiv Cont	172.23	5,299.15
Lit. Sales	576.55	5,422.64
Memorial Cont.	0.00	200.00
Misc.	3.00	3.00
Newsletter Cont.	2.00	32.00
S & H	0.00	0.00
Sales Tax	80.85	702.99
Service Charge	0.00	13.81
Spec. Events-picnic	0.00	4,197.50
Spec. Items	499.13	3,553.28
State fund dividend	0.00	50.00
State Fund Refund	0.00	78.99

TOTAL	\$3,516.39	\$42,654.94
EXPENSES	MONTH	YEAR TO DT.
Bank Charge	\$15.00	\$15.00
Fees-Taxes	0.00	45.00
Insurance	0.00	550.00
Lit. Costs	2,008.38	6,193.15
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Office Exp	968.40	3,358.83
Office Equip.& Maint	0.00	231.14
Phone & ISP	132.97	1,196.73
Postage	60.00	116.90
Employee Taxes	0.00	5,434.43
Returned Chk & Chg	0.00	0.00
Rent	600.00	5,400.00
Salary	1,311.36	13,061.62
Sales Tax-Paid	0.00	822.00
closed account	0.00	-35.92
Spec. Events-picnic	0.00	1,504.04
Spec. Items	669.50	3,192.90
Card Charge	23.57	143.57
Utilities	101.96	742.63
Ph-venmo	57.00	210.50
venmo fees	0.00	7.95
Website	43.09	83.95

TOTAL	\$5,991.23	42,274.42
Net Gain(Loss)	(\$2,474.84)	\$380.52
BEGINNING TOTAL ACCT BAL:		\$22,722.35
ENDING TOTAL ACCT BAL:		\$20,311.10
Established Prudent Reserve:		\$19,000.00

Big Book Discussion

October Discussion Topic

AA Big Book Pg. 84-85

Love and tolerance of others is our code.

And we have ceased fighting anything or anyone—even alcohol. For by this time sanity will have returned. We will seldom be interested in liquor. If tempted, we recoil from it as from a hot flame. We react sanely and normally, and we will find that this has happened automatically. We will see that our new attitude toward liquor has been given us without any thought or effort on our part. It just comes! That is the miracle of it. We are not fighting it, neither are we avoiding temptation. We feel as though we had been placed in a position of neutrality—safe and protected. We have not even sworn off. Instead, the problem has been removed. It does not exist for us. We are neither cocky nor are we afraid. That is our experience. That is how we react so long as we keep in fit spiritual condition.

Comments

One of the things I am most grateful for in my life since joining A.A. is that my problem with alcohol has been removed. When I got here, I had tried to quit on my own multiple times. But invariably I would grow increasingly more stressed over time without alcohol. And of course I would then break. I felt so demoralized that I could not stay dry.

I learned in these rooms that 1) my illness is forever, but 2) there is a solution to the stress, and 3) my Higher Power will gladly lift this weight off my shoulders as long as I maintain in fit spiritual condition.

Because my illness is forever, I no longer try to fight it or anything or anyone. The solution was that I gave this burden up to my Higher Power. The book specifically says “We are not fighting it, neither are we avoiding temptation. We have not even sworn off. Instead, the problem has been removed. It does not exist for us. We are neither cocky nor are we afraid. That is our experience.”

“The problem has been removed” - this has been my experience too. I am grateful for it.

-David G

This is one of the most amazing passages in the book!

My perspective is that this is the best description of what it means to be a RECOVERED ALCOHOLIC!!!!

Now when I say recovered alcoholic that does not mean I am cured from alcoholism, I can never successfully drink again, but this passage tells me that if I maintain a fit spiritual condition on a daily basis will never drink again because the problem does not exist for me!

That is truly a miracle!

-Louie T.

November Discussion Topic

Please submit your thoughts to:

Pgs. 86-87

In thinking about our day we may face indecision. We may not be able to determine which course to take. Here we ask God for inspiration, an intuitive thought or a decision. We relax and take it easy. We don't struggle. We are often surprised how the right answers come after we have tried this for a while.

What used to be the hunch or the occasional inspiration gradually becomes a working part of the mind. Being still inexperienced and having just made conscious contact with God, it is not probable that we are going to be inspired at all times. We might pay for this presumption in all sorts of absurd actions and ideas. Nevertheless, we find that our thinking will, as time passes, be more and more on the plane of inspiration. We come to rely upon it.

centralintergroupnews@gmail.com by 8/20/22 to be included in the April Central News!

Hospitals & Institutions October 2022

Area Chair Report:

Tulare County H&I continues to bring H&I Panels twice a month to Turning Point, Pine Recovery, and Mothering Heights Women's Recovery. Once a month we take panels to the Mental Health Facility.

*** If interested in volunteering for the Tulare County Jail please contact the Facility Coordinator Joyce R. Please note: AA H&I volunteers are required to have 2 years sobriety, previous H&I experience, have no other commitment at the Tulare County Jail, and have attended the H&I orientation prior to submitting their application.

For ALL H & I group representatives: The next General Committee meeting: Sunday October 9, 2022 11:00 AM Pacific Time (US and Canada)
Zoom Meeting Info Meeting ID: 872 5694 4555
Password: service Phone dial in: +1 669 900 6833

The next H&I orientation will be held on 10.22.22 at 9am on Zoom ID is: 848 7072 2515 and passcode- Sober with a capitol S.

Very Important: The Tulare Co. H&I business meeting has been rescheduled due to the Thanksgiving Holiday. The date is December 3 rd , 2022 at 10am. 526 N. Bridge Street.

H&I continues to encourage all groups to elect an H& I Representative and to attend the business meetings. This will ensure we are carrying the collective conscience of Tulare County to the NorCal Committee.

Last but not least: Thank you for your continued support to the Pink Can, which allows us to continue to carry the message of Alcoholics Anonymous to Alcoholics in Institutions and Treatment Facilities.

Love & Service,
Boo

Contributions

8/21/2022 thru 9/20/2022

Birthday Club

Anonymous	Springville	1
Patrick A	Tulare	3
Vickie B	Porterville	5
Glenda V	Porterville	10
Hal W	Lemon Cove	35

GRATEFUL GIVERS CLUB

Members 168

Individual Contributions

Anonymous
Anonymous
Doris P
Jim K
Robert T
Sandy K

Newsletter Contributions

Carol Ann G

Memorial Contribution

None

Support the Central Office

Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

Donate Today using Venmo



Speaker Meetings

Porterville Recovery Club Speaker Meeting

186 W. Walnut Ave.

Friday Oct 7th, 2022 at 8:00 PM

Speaker: Bob Hu. from Porterville w/ 40 years

Sunday AM Breakfast, Speaker Meeting

Veterans Memorial Building

36000 Hwy 190, Springville

Sunday, Oct 9th, 2022

(Breakfast at 8:30 to 10:00 AM)

Speaker: David W from San Fernando Valley with 34 years!

The Valley Group, Speaker Meeting

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Every Wednesday from 7-8 pm.

Speakers for September

Oct 5 Nelson K of Springville

Oct 12 Nicole G Tulare

Oct 19 Mike K of Visalia

Oct 26 Erica D of Visalia

The Valley Group, Serenity Seekers Speakers

Every Sunday 7:30 pm.

Speakers for September

Oct 2 Hector S of Visalia

Oct 9 Erica D of Visalia

Oct 16 Ernesto T of Visalia

Oct 23 Victoria G of Fresno

Oct 30 Marc C of Sacramento

Civic Center Group

Christ Lutheran Church

3830 W Tulare Ave, Visalia

Birthday speaker meeting

Last Tuesday of the month

Oct 25th, 2022

Attn.. Speaker Group Secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (592-6999) by the 20th of the month preceding the month of the Newsletter.

Newsletter Contributions

Hello Everyone,

This is Louie T. the editor of the Central News. Since I started editing the newsletter I have noticed that there are several ways to make contributions to the Central Office such as the Birthday Club, Individual Contributions, Grateful Givers, and Memorial Contributions. However, there is one contribution I have never seen used and that is the Newsletter Contribution.

If you enjoy the Central News, I invite you to make a donation to the Central Office on the name of the Newsletter

Central Office Contacts

AA Members	79
Alanon & Alateen Info	0
Bridging the Gap	1
Churches and Schools	1
Court Referral/Info	1
E-Mail Contacts	258
General Info	3
H & I	0
Literature Sales	9
Meeting Information	22
Other 12 Step Programs	0
Prospective Members	0
Schedules & Info Mailed	1
Spanish Contacts	1
Specialty Sales	22
Twelve Step Calls	2
Visitors to the Office	18
Voice Mail Calls	11

Total	429

Service Meetings

AND ADDRESSES

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Wednesday, Oct 5th, 2022 at 7:00 PM

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, Oct 11th, 2022 7:00 PM

H&I Meeting (odd months) in person at 526 N Bridge
St (no Zoom)
Saturday December 3rd at 10:00 AM
H & I Orientation (even months)
Zoom ID: 848 7072 2515 Password: Sober (capital S).
4th Saturday October 22nd 2022 at 10:00 AM

TUFYPAA
Zoom ID 839 4820 8237 Password: service
2nd Sunday of the month October 9th

SERVICE ADDRESSES

Tulare County Central Office
449 E. Maple St..
Exeter, CA 93221
Email: tccof@hotmail.com
Website: www.aa-tulareco.org

District 47, C.N.I.A.
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

H&I-Contributions
P.O. Box 192490
San Francisco, CA 94119-2490

Central Service Meeting

Date: September 13th, 2022

Meeting called to order: Cheryl H. Time: 7:01 PM

Board members present: Cheryl H., William (Bill) E.,
Patrick A., Sara S., David G. Absent: none
Serenity Prayer: said by all.

12 Traditions: Paul

Introductions: We went around the room and announced
our name and who we represent.

Bill, board member. Sheryl, CSR for Women's Changes,
Tuesdays (Porterville) and Springville Sunday Speaker
Breakfast Meeting. Patrick, board member and CSR for
Tuesday Night Friends of Bill W. and Doctor Bob (Tulare).

Louie, editor of the newsletter. Sara, board member and
CSR for Bridge Street Drunks (Visalia). Paul, CSR for
Monday Night Men's Meeting (PPAV hall in Visalia).

Claudia, CSR for Women's Amity Group (Tuesdays, in
Visalia). Boo, H&I local area chairperson. Joyce, H&I
Region 90 chairperson. Trudy, CSR for the Lindsay Fireside
Fellowship Group. Brett, CSR for Civic Center Group,
Tuesdays (Visalia). David, board member and CSR for Keep
It Simple Sunday (Visalia). Cody, CSR for Springville
Book Study Group (Mondays), and Gut-Level Group
(Thursdays, also in Springville). Jared, CSR for Sunday
Night Serenity Seekers. Carol Ann, Office Manager for
Central Office.

Minutes of last meeting: Reviewed by members individually;
no additions or corrections. Sheryl
moved to approve, Brett seconded.

Report of last Board meeting: presented by Cheryl H.
Meeting called to order August 9th at 8:35 PM. The
president's report, there was no report, everything was
covered during the CSR meeting.

Vice president: things seem to be running a lot more
smoothly. Meetings are going well. We're
getting more participation. Venmo is starting to pan out.
Secretary: on the original meeting schedule, there are about
twelve meetings we are going to have to add which are in the
Meeting Guide app data. Member at Large: the discussion
during the CSR meeting regarding Bridging
The Gap was useful. Sarah will send Bill the information
on the monthly Zoom meeting for Bridging The Gap – it
is the last Wednesday of the month. P. I. / C. P. C. (Public
Information and Cooperation with the Professional
Community): discussion of what happened with the Tule
River Tribe event coming up in September.

Office Operations report: there was some discussion about
current expenses on office needs. Also under the topic of
finances, we discussed having money available to cover
expenses of upcoming events.

Old business: no old business.

New business: A.A.W.S. recently announced price cuts for literature. The board discussed lowering the price we charge for literature. We will keep our 10% markup the same. The prices on A.A. literature will be changed to reflect the new lower price. David motioned, Patrick seconded – all were in favor; the motion passed. Discussion of the Fifth edition of the Big Book. When will it ship? Jenn, our Area 07 delegate will be the chairperson of the literature committee at the next GSO conference. And that will be in May of 2023. Jenn thought that there was zero chance the Fifth edition will be approved this conference. Cheryl points out that it is likely the new Fifth edition will be announced that the International Convention in Vancouver, British Columbia in 2025. A.A.W.S. will stop printing the Fourth edition prior to that, to sell out the inventory and not get stuck with obsolete versions. The meeting adjourned at 9:15 PM. Cheryl added that they are taking stories for the Fifth edition of the Big Book, and the cut off date is October 31 for stories. So if you or any member in your group wants to write a personal story to be considered for approval for the Fifth edition of the Big Book, please do so.

Treasurer and office report: Presented by Carol Ann Gable, Office Manager & Treasurer.

Treasurer / Office Report and Financial Report September 13th 2022 Central Office had an income of \$3,738.82 and expenses of \$2,917.63 for a gain of \$821.19. Our Grateful Givers Club brought in \$250 and our Birthday Club brought in \$12.00 in much appreciated contributions. We had \$214.69 in gross sales in 6 transactions for credit and debit cards last month. We had 1 transaction in Paypal for \$20. We had no VENMO transactions this accounting period, only the Venmo phone expenses.

Secretary's note: the Tulare County Central Office Venmo code is @cso1297 Traffic and calls have been average. We want to thank all the groups and individuals who contributed to show their support for Central Office. Office operations are going well and we are still fulfilling our primary purpose of carrying the AA message of recovery. Regarding products we carry here in the office, at the last board meeting, the Board approved to reduce the price of the Big Book down to \$9.83 for the hard cover. We also added two new books to our inventory. "One Big Tent" which is a collection of stories from Atheist and Agnostic members sharing their experience strength and hope. The other new book is called "Forming New Relationships" How AA members use the program to improve relationships. We also have AA pocket planners for 2023! I have been asked order chip holders and AA jewelry: so, I am asking members to please give me some feedback on what type of chip holders and other specialty items you would like to see here at the Central Office. I also wanted to let members know that I am aware that some people may not be able to

get to the office during business hours, so am willing to mail you your specialty chip for that special someone. I am here to accommodate you, please don't hesitate to call the office and leave me a message. I will call you back the next business day. Call 559 592- 6999, when the greeting starts, press the # key and it will take you right to the beep. You can also email me at tccof@hotmail.com.

I am here to serve you!

Carol Ann Gable
Office Manager/Treasurer

Cash report: Today we have \$224.83 here in the drawer and our checking account is down to \$18,614.58. So we are a little bit below the prudent reserve at this time.

Public Information report: Patrick A. provided the report. Public Information & Cooperation with the Professional Community (P.I./C.P.C.). We inform professionals and future professionals about A.A. – What we are, where we are, what we can do, and what we cannot do. We attempt to establish better communication between A.A. and professionals, to establish simple, effective ways of cooperating without affiliating. A member made the observation that in times past, one would see A.A. pamphlets in local hospitals and urgent care facilities. Patrick and a volunteer will get some materials ordered, and will start asking local hospitals and businesses if they would like to carry them. Thank you for letting me be a service. Patrick.

Volunteers to write Step and Tradition for Central News Step for newsletter

Issue	Step	Member	Due date
Oct	10	Paul B.	September 20
Nov	11	Louie T.	October 20

Due to: CentralintergroupNews@gmail.com

Tradition for newsletter

Issue	Trad	Member	Due date
Oct	10	Bill E.	September 20
Nov	11	Bill E.	October 20

Due to: CentralintergroupNews@gmail.com

Newsletter report: Provided by Louie T.

Our email circulation to was 87 people; we just added three more, so it is up to 90. The Big Book Discussion contributions haven't really been doing anything. If someone would like to learn how to do the newsletter, I would be happy to show them how (and eventually) turn this service position over to them. As of this month, this will be the 62nd edition with me as editor; that's five years and two months. I'm not trying to stop tomorrow, or anything like that, but just maybe start putting some feelers out if anybody is interested in this commitment. I've been doing it for five years and I really do enjoy it, so I don't want to see it just fall down. It's kind of like one of my babies. But I'm developing a bunch of other babies now; too many babies.

Discussion about qualifications; the most important is willingness. Louie had eighteen months of sobriety when he took over. Previous editors were Allen L., Ed A., and Cheryl H. The candidate would benefit being comfortable with a computer. A question about the next Big Book Discussion was asked – what could members contribute?

Okay, so October is starting, this topic is on page 84. “Love and tolerance of others is our code.

And we have ceased fighting anything or anyone – even alcohol. For by this time sanity will have returned. We will seldom be interested in liquor. If tempted, we recoil from it as from a hot flame. We react sanely and normally, and we will find that this has happened automatically. We will see that our new attitude toward liquor has been given us without any thought or effort on our part. It just comes! That is the miracle of it. We are not fighting it, neither are we avoiding temptation. We feel as though we had been placed in a position of neutrality – safe and protected. We have not even sworn off. Instead, the problem has been removed. It does not exist for us. We are neither cocky nor are we afraid. That is our experience. That is how we react so long as we keep in fit spiritual condition.” If members have any thoughts about this, please send them to me at centralintergroupnews@gmail.com by September 20.

Website report: Provided by David G.

For August of 2022 we had 1,453 unique visitors. Page views were 2,921, which is almost exactly double the number of visitors; which means that a visitor hit two pages and then bounced out. The most popular page, as usual, was the meetings page. The traditional print version of the meeting schedule was downloaded fourteen times. The Central News newsletter was downloaded eight times. That's the statistics – any questions? (No questions)

H & I report: Provided by Joyce

I wanted to thank all of you for your continued support of the Pink cans. Tulare county is continuing the panels that we speak about often, but we're super excited because after two years, the Tulare County jail is opening to volunteers. We've got a few more obligations we have to fulfill with them, but it's a pretty exciting time. I attended our steering committee meeting last Saturday, and the Inside Visiting Sponsorship Service (IVSS) program is now providing one-on-one outside sponsorship to 86 inmates in San Quentin, five at Salinas Valley, and we're just starting to roll it out to Soledad prison. It has been implemented in Tucson Arizona now, and is up and running – showing that the program is transferable and can be done in other areas. The GSO Corrections desk is now going to have printed material to make this a nationwide program. So it is pretty exciting what can be done when we all work together. I wanted to take the opportunity to inform everybody; hopefully you can share this with your groups. Our committee has been aware for the past two years that there is a possibility of literature being converted to tablets inside the prisons. We've been working with CDCR closely.

I will have you know, so that at this time there are four or five prisons that are using tablets specifically for educational programs only, as a part of a pilot program. We believe that we will eventually see the prisons going to tablets but it is several years down the road.

This is a great opportunity to remind the fellowship that H&I not only brings meetings to the prisons, we also bring meetings to county jails, homeless shelters, inpatient and outpatient treatment facilities which services alcoholics between Tulare county and the Oregon border.

In 2019 we spent \$584,383 on literature. Only 12.2% of that, which is \$71,294, actually went into prisons. That's how much literature is actually going into the prisons; so \$513,088 went to the other facilities we serve. Out of the 33,000 meetings that we held between here and the Oregon border, a consistent 21.7% of those are held in the prisons. So that shows that the other 25,839 are being held in other facilities. We are not going to have a significant drop in our purchases of literature. (excerpted)

Tulare County Hospitals & Institution Committee
Hospitals & Institutions August 2022

Area Chair Report: The Hospitals and Institution Committee continues to service Pine Manor, Mental Health, Turning Point and Women's Recovery Home. At each meeting H & I literature is given. In July, H & I orientated 2 new volunteers! Both have taken Facility Coordinator positions. The Tulare County Jail remains closed to volunteers due to the pandemic.

H & I Business Meetings have resumed to in-person! The meeting is located at 526 N Bridge St, Visalia (also known as Bridge Street Drunks). The next H & I Business Meeting is September 24th at 10 AM. (Business meetings are held on odd months.) H & I Orientations will remain on Zoom, and will be every other month; August 27th at 9 AM. (Orientations are on even months)

The meeting ID is: 848 7072 2515. Password is Sober. There is also a link to join on the aatulareco.org website.

H & I continues to encourage all groups to elect an H & I Representative and to attend the business meetings. This will ensure we are carrying the collective conscience of Tulare County to the NorCal Committee.

Love & Service,

Boo

GSO liaison report: provided by David G.

We had the GSR meeting Wednesday the 7th. Finances: we had an income of \$456 and expenses of \$255. That brings us to a total of \$2,907, which is about \$500 over our prudent reserve.

Coming up here in October there's going to be a Mini PRAASA – the Pacific Regional A. A. Service Assembly – this will be the mini version of that. It will be in Yuba City (about 40 miles north of Sacramento) on October 15, 16, and 17. It is hosted by District 19. We discussed that because we've got the \$500 over our prudent reserve; if groups have a GSR that wants to go, District 47 could

contribute money towards that. (Bill) How are our GSO representatives at the district level? Because it seems we have more CSRs out there than we have GSRs. (David) Way more. I think there were three GSRs at the meeting on Wednesday and then three officers. We are doing a hybrid GSR meeting here in Exeter; if your group does get a GSR, they can Zoom in and be present virtually.

Bridging the Gap (BtG) Chairperson provided by Sara S. I went to that committee meeting on Wednesday, on Zoom. What I got out of it was just the do's and don'ts and basics; I have the workbook. Steve who represents Pine was there too, and he wants to be a part of it. So my goal now is to create a committee. I did receive a call from Allen, but I have not returned his call. So I guess announce it at meetings that we're looking for Bridging The Gap committee members to volunteer, to be that person in between, taking somebody to a meeting. (Paul) One quick question. Who is the target audience? Are they folks in prison or are they folks in treatment centers or are they both? The reason I ask is in San Diego, it was called Contact On Release (COR). (Paul has done COR for both incarcerated members and military members of their substance abuse rehabilitation program.) So my question is: are these prisoners that are being paroled or are they are patients that are being discharged? (Sara) It's both treatment centers and incarcerated. (Cody) So if we get volunteers, who do we contact? (Cheryl) You can call Carol Ann and give her the information; Carol Ann will forward it on to Sara.

CSR reports

If you have a change in your meeting please notify Carol Ann here at the office so she can update the meeting schedule and get that information to David for the website.

Springville Book Study Group, Cody R., CSR, Springville Book Study Group meets on Monday nights, at The Lighthouse Chapel in Springville. We are currently reading the book *Language of the Heart*. It's an open meeting, from 7:00 to 8:00 PM. We usually have some pretty good discussions. The group did have some feedback on the alternative meeting schedules; they would like to see a pocket book format, perhaps with other information too. The group also discussed Venmo; generally, they were not in favor of it, due to expense of it. Lastly, this group will be doing a disbursement; they decided on sending \$275 to Central Office.

Gut-Level Group, Cody R., CSR, Springville Thursday Night Gut Level Group – we meet there at the Lighthouse Chapel as well. This is a birthday meeting; we celebrate birthdays the last Thursday of the month. We meet Thursdays from 7:00 to 8:30 PM, we usually have some type of sweets and some coffee. This is also an open meeting.

Keep It Simple Sunday, David G. CSR.

We meet Sunday mornings at 9:00 AM in Blain Park in Visalia (not Tulare), on Court Street between Whitendale and Caldwell. Our meeting is 90 minutes in a beautiful outdoor setting. This is an Open meeting, and all are welcome. Bring a lawn chair / camp chair with you. As an outdoor meeting, we are pet-friendly. We celebrate sobriety milestones and birthdays every meeting. We use the *Daily Reflections* book as a topic starter; then everyone shares, going around the circle (time permitting). Our

Secretary is Scot L. The business meetings are the last Sunday of the month, immediately after. There are usually between 20 and 30 people attending our meeting. This meeting has a summer schedule (starts at 9:00 AM) and a winter schedule (starts at 10:00 AM). We are still on the summer schedule, which will probably change some time in October. Civic Center Group, Brett R., CSR, Tuesday night Civic Center meeting in Visalia at the Christ Lutheran church near Tulare and Demaree. It starts at 7:00 PM and goes to 8:00 PM. It is an Open meeting, and newcomers are welcome. Jared is our new secretary. Our business meetings are the third Tuesday of the month at 8:10 PM. We have a birthday meeting on the last Tuesday of the month, with cupcakes.

Lindsay Fireside Fellowship, Trudy W., CSR.

We are a small, intimate, open topic discussion meeting, welcoming newcomers and old timers alike. Membership has been shrinking, but once in a while we get somebody new. We're very committed to holding this meeting; it's the only (English speaking) meeting in Lindsay. So we're committed to keeping that meeting open. We're doing fine in the Treasury. We gather every Thursday from 7:30 to 8:30 PM in the Fireside Hall of the United Methodist Church, NE corner of Honolulu and Gale Hill, in Lindsay. Sometimes we use the book *As Bill Sees It* to generate topics, or we speak to a topic of importance to one of our members. We celebrate annual birthdays at the end of each month, and give monthly chips anytime for folks under one year. Thank you for letting me be of service, Trudy W.

Tuesday Women's Amity Group, Claudia Q., CSR, We are a Closed meeting that meets every Tuesday night from 6:30 to 7:30 PM at the Trinity Reformed Church on Walnut Avenue in Visalia. We celebrate various lengths of sobriety up to one year, each week and yearly birthdays are celebrated at the end of the month, where we attend a "no host" dinner at Amigos before the meeting. Our regular business meeting is held on the third Tuesday of the month. We make group contributions to A.A. entities. We are meeting regularly in-person. Thank you for letting me be of service, Claudia.

Monday Night Men's Meeting , Paul B., CSR.

We meet at the P. P. A. V. Hall in Visalia. We are a Closed men's meeting. We meet for 90 minutes. We celebrate sobriety milestones under a year, weekly; and the last Monday of the month we celebrate years birthdays with a chip and (exceptionally good looking) cheesecake. Our business meeting is the first Monday of the month. Steve is our secretary. Our format includes asking men to stand up and identify that they are qualified and willing to sponsor. Thank you for letting me serve, Paul.

Bridge Street Drunks, Sara S., CSR,

We are located at 526 N. Bridge Street in Visalia. We are a fun group of drunks which host 19 meetings in total, in Visalia. We celebrate birthdays the last Saturday of the month at the noon meeting. Our business meeting is held the last Saturday of the month alternating between 8:00 AM or 1:00 PM. This month, it will be September 24th at 8:00 AM. We have coffee, snacks, candy and give out sobriety chips and hugs with birthday cake on birthdays. We are currently looking for a treasurer and Wednesday night secretary for the book study from 6 to 7 PM.

Our meeting schedule is:

Monday through Sunday 7 AM to 8 AM

Monday through Sunday 12 noon to 1 PM

Monday evening 7 to 8 PM (Women's meeting book study).

Tuesday evening 6 to 7 PM (literature study)

Wednesday evening 6 to 7 PM (12 x 12 book study)

Thursday evening 7 to 8:30 PM (Big Book study)

Saturday evening 7 to 8 PM (open meeting)

All are welcome.

Thank you for letting me of service,
Sara S.

Tuesday Night "Friends Of Bill W. and Doctor Bob", Patrick A., CSR, This is a Tuesday Night Open Meeting held at St. John's Episcopal Church, 1701 E Prosperity Ave in Tulare from 7:00 to 8:30 PM. We are a fellowship of men and women sharing our experience, strength, and hope. This is an indoor meeting, averaging about twelve people every week. We give out chips for various lengths of continuous sobriety and celebrate birthdays at the end of each month with cake and ice cream (our cake and ice cream is exceptional, as well). We do have cake and ice cream regardless if anyone is celebrating a birthday or not. Newcomers are welcome. Anyone may attend. We do have multiple people with quality sobriety and quantity of sobriety that are open and willing to sponsor. Thank you for letting me be of service, Patrick A.

Tuesday Women's Changes Meeting, Sheryl E., CSR,
We are an open meeting for women only. We meet every Tuesday at 6:00 PM at the Porterville Twelve Step Recovery

Club. We each pick a stick out of a jar and share about the topic on the stick. We are generally a small group and grow in numbers on the last Tuesday of each month, when we enjoy a birthday potluck with good food and sweet dessert, usually cake. Angela A. has resigned from the secretary position, as it conflicted with work, and Vicky B. has generously stepped back into the position.

Thank you for letting me be of service,
Sheryl.

Springville Breakfast Speaker Meeting , Sheryl E., CSR,
We meet the second Sunday of each month at the Springville Veteran's Memorial building on Highway 190. October, our speaker is sweet Samee J, of Hanford, California. We open the doors at 8:00 AM. With with fresh, hot coffee. Breakfast is served from about 8:30 AM until 10 o'clock. The speaker meeting is from 10:15 till 11:45. We try to get out of there by noon. It is always great food and excellent fellowship, and of course we are self-supporting through our own contributions. So if you can, please put a little bit in the basket. In September we served 47 hungry people, including the speakers (it was a small meeting). Julie has stepped down as our treasurer and Bill E. graciously stepped up to fill in until elections in December. If anyone would like to be of service for the breakfast speaker meeting, please come up on December 11 and join in the fun.

Thank you for letting me be of service,
Sheryl.

CSR report comments:

Cheryl thanked all the CSRs that are here tonight.

Old business:

1. Central Office events

1. The Golf Tournament has been bumped out to April 2023.

2. Board of Directors elections

1. We have elections in December for Central Office Board of Directors. The board members are elected for a two year term. If they want, they can then run again for another two year term. After that, they are off the Board for at least two years.

2. Three members are eligible for election this December (2022): Patrick, Bill, and Sara.

3. The groups elect the board members.

4. Any member of A.A. can run for election to the board; however it is suggested that one has at least two years of continuous sobriety to be on the board.

3. Central Office to consider applying for an employee retention credit from the I. R. S. for COVID-19 Pandemic. (Lots of discussion – ten minutes worth). Technically, this is more of Central Office Board business; since it deals with payroll and tax credits for keeping Bob on the payroll while the country was on lockdown – but we wanted CSRs to know and let their groups know that we may want to re-file 2020 and/or 2021 tax returns to claim the credit.

Please contact Louie T. if you have questions or concerns.

4. Zoom meeting incident

1. For CSRs who are unaware, there was an incident on a particular Zoom meeting where a person got into the Zoom meeting and did inappropriate things. As soon as that person was discovered, they were kicked out; however, they did manage to immediately get back in after that – the meeting was then locked down and the offender booted. In response, the group did have a training for everyone who is a Zoom moderator, host or co-host. And so we have done a training to make sure that everyone knows how to block those people and keep them out. The group did deal with it immediately and has had a training; we also added the training to the website. If you want to see a copy of the training, visit <https://aatulareco.org/online-meeting-etiquette-zoom-tips-tricks/> - particularly the easy to read information sheet <https://aa-tulareco.org/wp-content/uploads/2022/08/Valley-Group-Zoom-Host-and-Co-Host-Training-Aug-2022.pdf>

New business:

1. Central News Newsletter editor

1. CSRs should let their group members know that the position of being the next editor for the Central News Newsletter will becoming available.

2. We will table the discussion what qualifications we want the next editor to have under old business at the next CSR meeting.

Seventh Tradition: \$72.00

Announcements: - no announcements

Meeting adjourned: 8:25 PM

-David G

District 47 Meeting Minutes

September 7, 2022

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

Meeting Called to Order: 7:03 p.m. by DCM Allen L.
Committee: Allen L., DCM; Ralph D., GSR for Bridge Street Drunks Only Group; Jim K., Recording Secretary, GSR for Monday Men's Stag; Ally A., GSR for the Women's Saturday 12 x 12; Josh F. Treasurer; David G. GSR for the Friday Freedom Fellowship.

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups

with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by Josh F.

Concept 9: Concept 9 long form read and explained by Allen L.

Approval of Minutes: August 3, 2022 minutes approved

Treasurer's Report: Josh F. Treasurer: Balance Forward 2,706.07. Income Springville Monday Night Big Book Study \$82.50. Lindsay Fireside Fellowship \$25.00 Keep It Simple Sunday \$48.50 Springville Speaker Breakfast \$330.00. Thanks so much to these groups for contributing to District 47 this month, it really helps us! Total Income \$456.00. Expenses-DCM Reimbursement \$55.00 Donation to Delegate's Report/Unity Day \$200. Ending Balance \$2907.07

CSO Liaison Report: David G.

Venmo: Last month, we had Venmo income of \$223, which put us in the black for the first time.

Venmo does cost us \$20 per month for cell phone service.

Sample meeting schedules: new schedules were generated using new software that directly reads the Meeting Guide app data. They can be found at <https://aa-tulareco.org/print-version-ofmeeting-schedule/> So far the feedback is that people prefer the old schedules.

Central Office would like to plan an event alongside the Golf Tournament; it would be a meal and might have the title "Take your sponsor to lunch".

Central Office Board of Directors: election for three of five positions to be held in December. Please let members know, if they would like to be on the board. Suggested minimum continuous sobriety time is two years.

Technology In A.A. (TIAA) will be hosting their annual technology conference this weekend. They will demonstrate how to do a large scale Zoom meeting. Bridging The Gap: the monthly Zoom meeting was last Wednesday; at least one CSR from Tulare County attended. A.A.W.S. announced a price decrease for literature. Central Office has lowered our prices accordingly.

Registrar: No Report

H&I Report: Tulare County Hospital & Institution Committee Rafael D. Thank you for your continued support to the Pink Can, which allows us to continue to carry the message of Alcoholics Anonymous to Alcoholics in Institutions and Treatment Facilities. Tulare County H&I continues to bring H&I Panels twice a month to Turning Point, Pine Recovery, and Mothering Heights Women's Recovery. Once a month we take panels to the Mental Health Facility. H&I Panels are continuing as permitted around Covid closures in Corcoran and Avenal Prisons. Tulare County Jail is gearing up to allow volunteers to enter the facility. Any persons interested in being cleared to attend H&I panels at the Tulare County Jail will need to complete a new application and bring it with them to a meeting on September 9, 2022 at 6 pm at the pre-trial facility located at 36168 Road 112, Visalia. AA H&I volunteers are required to have 2 years sobriety, previous H&I experience, have no other commitment at the Tulare County Jail, and have attended the H&I orientation prior to submitting their application. In the recent Delegate's report information was relayed that AAWS has agreed to provide digital literature to incarcerated alcoholics on the tablets that CDCR is beginning to implement. It was noted that there would be a significant loss of income to AAWS as NorCal H&I is one of the largest purchasers of literature. This information has been relayed since that time bringing some misinformation. Our committee works closely with CDRC. Currently, we understand that 5 prisons are currently using the tablets for educational purposes in a classroom setting in a pilot program. We have no indication that there will

not be a need for continued AA literature. At this time, AA literature is continuing to be delivered as usual to all 25 major institutions in the NorCal Area. This is a great segway to remind the fellowship that NorCal H&I not only brings meetings and literature to the Prisons but also to numerous County Jails, Homeless Shelters, In Patient and Out Patient Treatment Facilities which serves alcoholics between Tulare County and the Oregon border. Using our 2019 numbers, which depict our normal prior to Covid, of the \$584,383.16 in literature expenses - 12.2% or \$71,294.75 went to the prisons while \$513,088.41 went to the other facilities we serve. Out of the 33,000 H&I meetings held in 2019 - 21.7% or 7,161 were held in Prisons while 25,839 were held in other facilities. Since Covid, our literature purchases have fluctuated and are increasing in 2022. Annually, we update our pink can letter available at: <https://www.handinorcal.org/finances>, which outlines the past year's literature purchases and H&I meetings held. In the event that literature is not requested by the prisons in the future, NorCal H&I will continue to purchase large amounts of literature to service our other commitments supporting AAWS while providing our lifesaving literature to those who may not be able to afford it. This is all due to the continued generous donations made by our AA fellowship from Tulare County to the Oregon Border. The next business meeting is September 24, 2022, 10:00 am at Bridge Street. The next orientation will be October 22, 2022, 9:00 am on Zoom ID is: 848 7072 2515 and passcode- Sober with a capitol S.

DCM Report: Allen did not attend the recent ACM. The Mini PRAASA (Pacific Region A A Service Assembly) will be hosted by District 19, (Yuba Sutter and Colusa Counties). It will be held Oct. 14, 15, and 16.

Old Business: The South Valley Delegate's Report/ Unity Day received a \$200 donation from District 47 as explained in our treasurer's report at this meeting. New Business: Jim K will be working on organizing a golf event in the Spring. More than likely it will be held at the Exeter Golf Course.

Seventh Tradition: None

Announcements: None

DECLARATION OF UNITY: Read by all: "This we

owe to A.A.'s future: To place our common welfare first, to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come."

RESPONSIBILITY DECLARATION: "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 7:30 p.m.

Respectfully submitted,

Jim K, Recording Secretary

Group Contributions

	Month	YTD
1st Friday Speaker Meeting		130
10th Ave Men's Group	336	336
ACYPA		956
Anonymous Group	300	2400
Breath of Fresh Air		
Bridge St "Drunks Only"	133	1259
Civic Center Group		350
Clodbusters-Tulare		500
Crossroads-Tulare		64
CSO Meeting 72		308
District 47		413
Bill & Friends		
Exeter-Quiet Trails	100	800
Exeter Sunday Afternoon		125
Foundation Group		
Freedom Fellowship		445
Half & Half		200
Keep it Simple Sunday	243	493
Lindsay Fireside Group		50
Men's Valley Book Study		150
Monday Men's Big Book Study		400
Monday Men's Mtg (PPAV)		500
Monday Men's Stag		500
Mid-Valley-Tulare		
Monday Bk Stdy Springville 28		128
Gem St Noon Book Study	150	620
Mondy Women's Reflections	175	450
Nooners Group-Visalia		
Pine Recovery AA Meeting		
Practicing the Principles		
Rainbow Group		479
Rule 62-Visalia		200

Serenity Junction-Tulare		
Serenity Seekers AM-Visalia		
Saturday Night Believers		
Springville Gut Level75		310
St Ritas AA Group		
Springville Breakfast Meeting	350	680
Sunday PM Serenity Seekers		
Tulare Young People		
TUFYPAA		
Tulare Friday Book Study		
Tulare Tuesday Night		
Tulare Thursday Noon		
Tulare Sunday Night		
Tuesday Men's Porterville		
Three Rivers Monday		
Tuesday Women's Amity Group (TWAG)	736	
Unity through Traditions	275	
Valley Group	2395	
Valley Speaker Series	862	
Visalia Alano Club	898	
Wednesday Acceptance Group	250	
Weekend Attitude Adjustment		
Women's Changes Group	75	
Women's Friday Night-Porterville		
Women's Saturday AM 12x12	354	
Totals	\$1,960	\$19,090



CENTRAL OFFICE ANNOUNCEMENTS

• Hardcover Big

Book now on sale!

\$9.93!!

• 18-Month Aluminum
Chips Now Available

• Central Office Hours
Mon-Fri 9AM-1PM

Lighter Side of AA

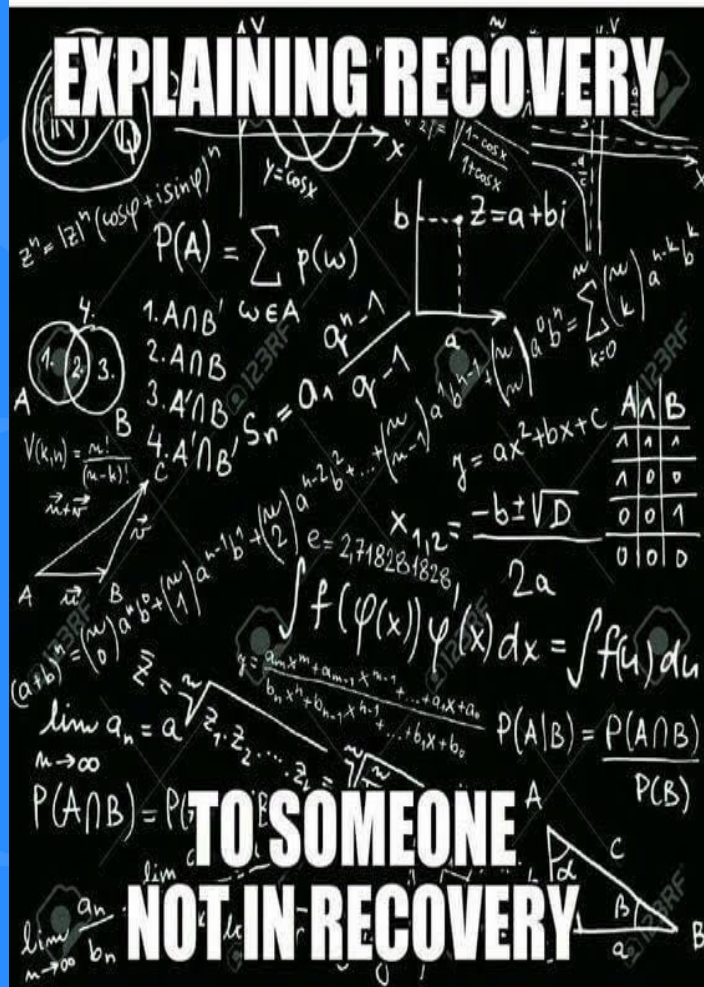
Recovery On Liners

Have you heard about the man who fell into the upholstery machine?
He is fully recovered.

Why can't people struggling with recovery dance?
They lose interest after twelve steps.

What does a law student and a recovering alcoholic have in common?
They both have to pass the bar.

What makes people in recovery good bankers?
They have a lot of experience with withdrawals



me, newly
sober telling
people I
have good
metabolism



6 months sober
realizing it was
actually
METH-tabolism



The Valley Speaker Series Presents:
SOBERFEST 2022

October 8, 2022 11:00 am-9:00 pm
St. Paul's Church 120 N. Hall Street, Visalia, CA 93291

Zoom 155 118 647 Featuring Speaker:
(with live transcript)

\$20 for dinner
(presale only)
Speaker meeting is free of Los Angeles, CA.

11:00 am-5:00: Primary Purpose Group 12 step workshop
5:30 pm-6:30 pm: Dinner
7:00 pm-8:30 pm: Speaker meeting

Note: Newcomers will get free
dinner if the workshop is
attended; Please bring your own
lunch.

Contact:
Samantha B.: 559-931-7089
Brad W.: 559-786-3636
Bill H.: 559-740-8613



**Please direct all
communications to:**

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

STORY SOLICITATION FOR A.A. MEMBERS WHO GOT SOBER LATER IN LIFE DEADLINE FOR SUBMISSION: September 23, 2022

In response to a committee consideration from the Cooperation with the Professional Community-Treatment/Accessibilities Committee of the 72nd General Service Conference that the pamphlet "A.A. for the Older Alcoholic" include sharing from a broader and more diverse representation of A.A. experiences, the trustees' committee on Treatment/Accessibilities has reopened a call for recovery stories to add to the pamphlet.

A.A. member experience being requested includes the following:

- Finding recovery at the age of 60 and over
- Mental health and diverse abilities
- Attending online meetings
- Diverse ethnicities, cultures and languages (including immigrant experiences)
- LGBTQ+ communities
- Diverse spiritual pathways

Please include your complete name, address, and email/phone information on the first page of your manuscript. A copy of your manuscript should be retained for your files. The anonymity of all submitters will be observed whether your story is selected for publication or not.

Instructions for submitting your story:

Deadline: Please submit on or before September 23, 2022.

Email: access@aa.org

Subject Line: A.A. for the Older Alcoholic.

Postal Mail: Attn: Access Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163.

BIRTHDAY CLUB

THIS IS A GREAT WAY TO
SHOW YOUR GRATITUDE FOR
YOUR SOBRIETY AND ALSO
HELP CARRY THE MESSAGE OF
RECOVERY.

JUST CONTRIBUTE \$1.00 FOR EACH
YEAR YOU HAVE BEEN SOBER
ON THE ANNIVERSARY OF YOUR
SOBRIETY DATE TO YOUR CENTRAL
OFFICE. THAT IS ONLY ONE TIME PER
YEAR. IT'S REALLY SIMPLE AND
WOULD HELP YOUR CENTRAL OFFICE
TREMENDOUSLY.

venmo



***Would You Like Your Name on the
Monthly Sobriety Birthday List.***

NAME: _____

SOBRIETY DATE: _____

CITY: _____

Please send information to:

**Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221**

Email Info: tccof@hotmail.com



2022 AA Pacific Regional Forum

WHO'S READY TO FELLOWSHIP?

In Person Event - Free from GSO



We're ready to see each of you at our 2022 Pacific Regional Forum! In Person, as it was always meant to be.

Service & Fellowship - we love it!

Hotel, Transportation, Visiting Salt Lake & Utah - Information can be found on our website:

www.2022aaPacificRegForum.com

Details of the PRF

September 16 - 18, 2022

Marriott Downtown at City
Creek, Salt Lake City

Room Block Rate - Good Thru
August 25th: \$ 199 / night

Other hotels in the vicinity: Little
America Hotel, Comfort Inn.

Marriott Downtown has a
Starbucks in the lobby. And
coffee shops in the attached
mall.

What to expect at PRF?

GSO is
bringing an
entire crew
with them!



Presentations by GSO Staff,
Grapevine Staff, AA Board of
Directors, Class A and Class B
Trustees.

Workshops - topics & agenda are
still being settled on.

*(But I can tell you that the 2 forums in
Canada this year discussed items such
as attraction to AA, traditions and
technology)*

Presentations by Pacific Region
delegates, trusted servants. Also -
meet our new Pacific Trustee!



**COSTUME
CONTEST**

**CAKE
WALK**

**FOOD
&
50/50**

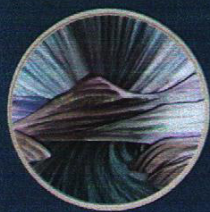
**THE VISALIA
ALANO CLUB
HALLOWEEN
DANCE**

7PM-10PM

**\$3
AT DOOR**

**RAFFLE
BASKETS**

OCTOBER 22ND



Three Rivers BigBook Weekend III

Eastern Washington's Woodstock of AA
September 23th—25th 2022

At the Riverfront Hotel & Convention Center
50 Comstock Street, Richland, Washington 99352



Get registration costs and Information at
<http://www.threeriversbigbookweekend.org>

"WHERE THE RIVERS MEET"

A New Style BigBook Weekend with 8 Guest Speakers emphasizing BigBook Steps and Topics into their stories. The place chosen for this special gathering is at the confluence of three large river systems, which, when including the many tributaries that flow from the great Cities, Counties and States of Montana, Idaho, Canada, Oregon and Washington.....

ALL COME TOGETHER FOR A BIGBOOK WEEKEND IN RICHLAND WA!

Good Food, Great Speakers, Focus on BigBook and Recovery Topics, Affordable Venue, Great Location on the Columbia River.

Come Join Us!



National P.I. & C.P.C. Working Group

Public

P.I.

Information

DISCOVERED

Ensuring A.A. Is Found By Those Who Need It

SAT, SEPT 10, 2022

9:00 AM Pacific 12:00 PM Eastern



Who Is Responsible?

How Are We Reaching Those Still Suffering?

zoom Mtg ID: 878-0311-3474

Password: 411

Contact: Picpceastbay@gmail.com

BIARRITZ INTERNATIONAL IN-PERSON A.A. CONVENTION

**AN IN-PERSON WEEKEND EVENT
07 - 09 OCTOBER 2022
(IN ENGLISH)**

LOVE AND SERVICE

**ALL SPEAKERS;
EXPERIENCED LONG-TIME
INTERNATIONAL MEMBERS**

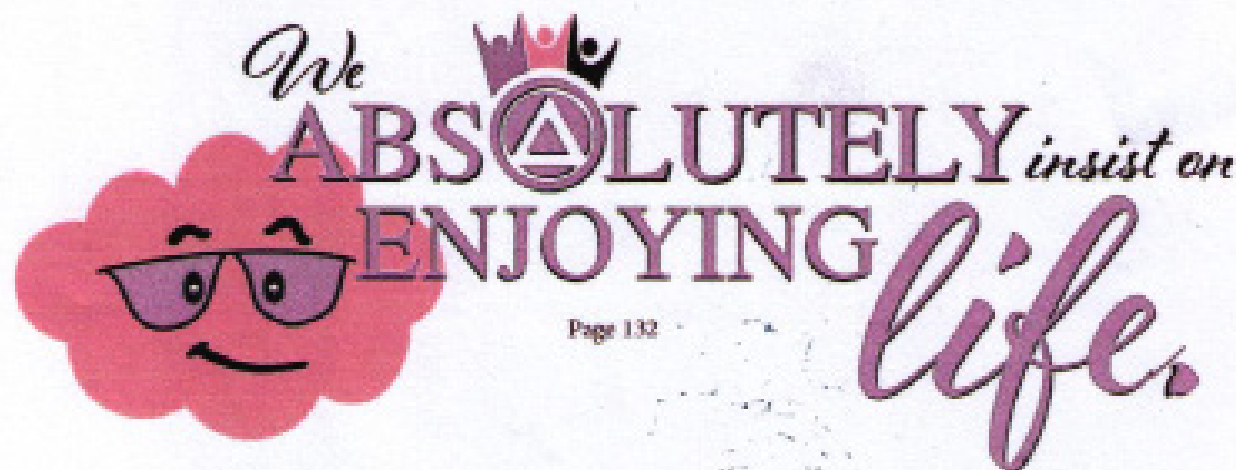
**AN AA FELLOWSHIP EVENT
AL-Anon & YPAA, Participation**

RECOVERY AND ENTERTAINMENT

**ACCOMMODATION
STAY AT CONVENTION HOTEL - VIST LOURDES & EL CAMINO**

**WEBSITE: [HTTPS://AACONVENTIONBIARRITZ.COM](https://aaconventionbiarritz.com)
CONTACT & INFO: babanglophonegroup@gmail.com**

2022 LAS VEGAS ROUND-UP



Tropicana Hotel & Casino November 24 – 27, 2022

Entertainment is

Greg Gleason – The Magician

Pre-Registration \$45, – After Nov 1st – \$55

Banquet and Entertainment \$60 – Sunday Breakfast \$35

Great AA and Al Anon Speakers

12 TRADITIONS PLAY

All New Activity such as Pickleball \$20 / Walk Run \$20 / Poker Run \$20

FREE Yoga and Daily Meditation!

Special Hotel Rates Available – \$25 Per Night Resort Fee Does Apply

Badges/Registration not required for the Marathon Meetings or Bill & Bob's Coffee Shop

Register at lasvegasroundup.org



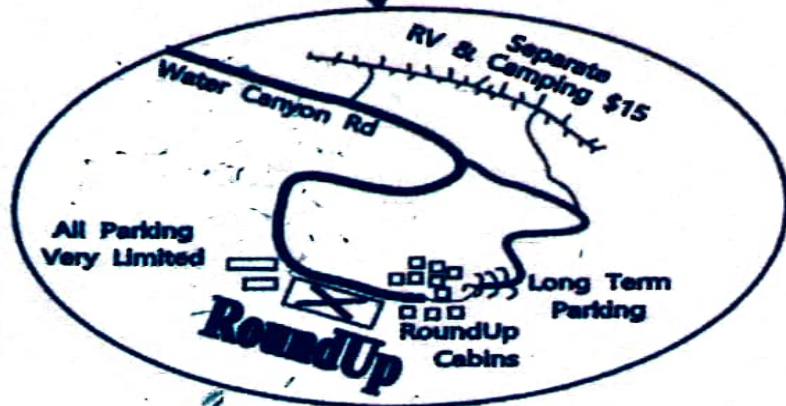
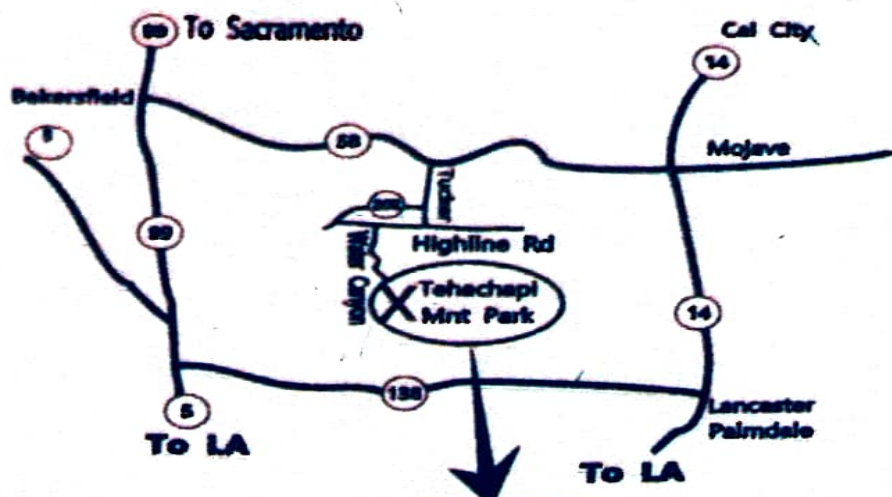
Tehachapi Mtn RoundUp

Sept. 30, Oct. 1 & 2, 2022

FULL REGISTRATION FEE
3 DAY WEEKEND
\$40

DAY REGISTRATION FEE
\$20

New Comers Under 30 Days
and Age 16 & Under - FREE



**Register at the RoundUp or
Send Pre-Registration to:**
Tehachapi Mtn RoundUp
P.O. Box 99
Tehachapi CA 93561

FULL REGISTRATION INCLUDES

10 Cabins, 10 Bunks each, (Bring Bedding or Sleeping Bag)
Fri Chile Pot - Sat Breakfast, Lunch & BBQ Dinner - Sun Breakfast
People Games, Kid Games. Saturday night Ceremony of Recovery
DAY REGISTRATION INCLUDES - Breakfast, Lunch & Dinner
People Games, Kid Games. Saturday night Ceremony of Recovery

Tehachapi Mtn Park
17350 Water Canyon Rd
Tehachapi CA 93561

Checks Payable to: Tehachapi Mtn RoundUp



NAME _____
STREET _____
City/State _____ ZIP _____
PHONE _____

www.TehachapiAlanoClub.com

FOR INFO CALL: NA Marc 661 750-1917 or Jimmy 303 378-4708

AMOUNT ENCLOSED _____

Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!