

CENTRAL NEWS

September 2022

Website: www.aa-tulareco.org

Morning at Kaweah, Louie T.

One Day At A Time

Dear Editor: Here is an article I clipped from Read magazine, which in turn reprinted it from The Sunbury (Pennsylvania) Daily Item. It embraces so many A. A. teachings and principles, it could very, well have been written by an A. A. member. I think it also dovetails very nicely with the practice of taking A. A. on a twenty-four hour basis.

Life is given to us in allotments of one day at a time. The poorest has no less, the richest no more. Therefore, one day at a time should we live our lives and not try to take in more territory.

Anybody can endure for twenty-four hours the burdens and griefs which would kill, if continued over a lifetime.

On the same principle of day-by-day should we look to the improvement of mind, the development of body, the stiffening of will. Too often, vast plans for all these good resolutions fall to pieces because the individual has bitten off more than he can chew.

Master one lesson well before passing on to the next. Build one good habit into the network of your responses, before taking on others. See one good resolution through to the end.

At the same slow-but-sure pace, practice charity. The colossal needs of our day appall us; we have so little to give. But somewhere at hand there is a small need well within our means. Give to that.

One good turn a day, the Boy Scouts call it. The sum total of these would make a ponderous book. Yet it is being written on the basis of one a day.

And, just for good measure, do each day at least one thing you'd prefer not to do. This has the effect of stretching the moral muscles.

Take a hint from Mother Nature, who limits her children to one breath, one meal, one heartbeat, one step at time. Don't crowd tomorrow. Don't drag yesterday behind you.

--H. W., Detroit AA Grapevine September 1946

Step 9

Made direct amends to such people wherever possible, except when to do so would injure them or others

As I began Step 9 with my sponsor, I remember thinking about the word painstaking in the promises. I thought it meant painful or to suffer.

Suffering was the fear I had about making all these amends. Fortunately my ignorance and self pity was short lived when my sponsor told me Painstaking meant "to be done with great care and thoroughness." So that's how I began to make my amends.

My sponsor and I had already put my list in order and I can say for me the promises have come true.

I was amazed before I was halfway through. People I thought would not forgive me for things I have said and done did. I know that is not the same for everyone, but I still have a few amends to make. I have made restitution and I continue to ask my higher power whom I choose to call God for guidance.

God does for me what I cannot do for myself. The book says we must remain willing. To remove can't from our minds. I believe when its time God will put them in my path or I in theirs and in that moment I will make those amends.

For an amends owed to those who are gone, I don't know where to find, or cannot at the expense of another I live the amends everyday.

My life is not without difficulties and I do take back self at times. The simple fact is step 9 has freed me from the guilt and self deprecation I spent many of my days drinking to escape. I am grateful that today I can look myself in the mirror. Today I can walk down the street or into a loved ones home with my head up. Today I am good enough.

--Patrick A.

Tradition 9

AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

In today's times, little organization hardly seems possible, but that is exactly the reason AA works so well. As the twelve-by-twelve states on page 172, "the power to direct or govern is the essence of organization everywhere."

Does one think an AA member is going to take an order? Can a group tell an AA member how to do the twelve steps? Can an AA group decide who attends the meeting and who cannot?

AA groups and members use spiritual principles and the Traditions to decide what is best for a group and AA. Quite often there can be lengthy and sometimes heated discussions on certain matters. It is comforting to watch and listen to members who are mature in their thinking and exhibit emotional sobriety in decision making. AA authorizes "workers to serve us" 12x12 pg. 174 rather than "boards to govern us". As a rule, we do not govern well.

As it states beautifully in the 12x12 pg. 175, we "are a society without organization, animated only by the spirit of service – a true fellowship".

Cheryl H.

Big Book Discussion

September Discussion Topic

AA Big Book Pg. 83-84

If we are painstaking about this phase of our development, we will be amazed before we are half way through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and selfpity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves.

Are these extravagant promises? We think not. They are being fulfilled among us—sometimes quickly, sometimes slowly. They will always materialize if we work for them.

Comments

This passage of text is called the 9th Step Promises... or just "The Promises"

It is a really big part of my recovery because these are the things that really motivated me when I was new.

I was a slave to my disease and I was miserable, then I heard we are going to know a new freedom and new hapiness.

I was guilty and ashamed of my past and I knew if anyone really knew what I had done it was over, then I heard We willnot regret the past nor wish to shut the door on it.

Over and over the promises that were read at the end of the meeting told me that if I stayed did the work I would have relief... and they didn't lie!!

--Louie T.

October Discussion Topic

AA Big Book Pg. 83-84

Love and tolerance of others is our code.

And we have ceased fighting anything or anyone—even alcohol. For by this time sanity will have returned. We will seldom be interested in liquor. If tempted, we recoil from it as from a hot flame. We react sanely and normally, and we will find that this has happened automatically. We will see that our new attitude toward liquor has been given us without any thought or effort on our part. It just comes! That is the miracle of it. We are not fighting it, neither are we avoiding temptation. We feel as though we had been placed in a position of neutrality—safe and protected. We have not even sworn off. Instead, the problem has been removed. It does not exist for us. We are neither cocky nor are we afraid. That is our experience. That is how we react so long as we keep in fit spiritual condition.

Please submit your thoughts to:

centralintergroupnews@gmail.com by 8/20/22 to be included in the April Central News!

Birthday Club

Sara S 4
Anonymous 8

GRATEFUL GIVERS CLUB

Members 250

Individual Contributions

Anonymous
Anonymous
Courtney R
Danette L
Doris P
Jim K
Patricia F
Robert T
Sandra K
Shannon S
Sheldon L

Newsletter Contributions

None

Memorial Contribution

None

Financial Report

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

6/21/22 THROUGH 7/20/2022

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
B.Day Club	12.00	589.00
CD & Tape Cont.	0.00	0.00
Grateful Givers Club	250.00	3,200.12
Group Cont.	1,537.40	17,129.83
Indiv Cont	627.54	5,126.92
Lit. Sales	680.87	4,846.09
Memorial Cont.	0.00	200.00
Misc.	0.00	0.00
Newsletter Cont	0.00	30.00
S & H	0.00	0.00
Sales Tax	95.77	622.14
Service Charge	0.00	13.81
Spec. Events-picnic	0.00	4,197.50
Spec. Items	456.25	3,054.15
State fund dividend	0.00	50.00
State Fund Refund	78.99	78.99
<hr/>		
TOTAL	\$3,738.82	\$39,138.55
<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
Fees-Taxes	0.00	45.00
Insurance	0.00	550.00
Lit. Costs	62.60	4,247.37
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Office Exp	22.45	2,390.43
Office Equip.& Maint	0.00	231.14
Phone & ISP	132.97	1,063.76
Postage	0.00	56.90
Employee Taxes	638.33	5,434.43
Returned Chk & Chg	0.00	0.00
Rent	600.00	4,800.00
Salary	1,311.36	11,750.26
Sales Tax-Paid	0.00	822.00
closed account	0.00	-35.92
Spec. Events-picnic	0.00	1,504.04
Spec. Items	21.00	2,523.40
Card Charge	11.67	120.00
Utilities	92.85	640.67
Ph-venmo	19.00	153.50
Venmo fees	0.00	7.95
Website	5.40	40.86
<hr/>		
TOTAL	\$2,917.63	36,345.79
Net Gain(Loss)	\$821.19	\$2,792.76
BEGINNING TOTAL ACCT BAL:	\$21,901.16	
ENDING TOTAL ACCT BAL:	\$22,722.35	
Established Prudent Reserve:	\$19,000.00	

August AA Birthdays

<u>Name</u>	<u>City</u>	<u>Years</u>
Joe F	Porterville	44
Margie C	Exeter	41
Lawrence S	Visalia	40
Rebecca M	Lemore	40
Gerald V.B.	Andover N.M.	37
Joan C	Visalia	37
Ruth B	Visalia	36
Cliff L	Visalia	36
John W	Tulare	36
David H	Visalia	35
Ken R	Visalia	35
Warren G	Visalia	35
Hal W	Lemon Cove	35
Jerry "Bubba" W	Tulare	34
Kelley N	Tulare	34
Linda P	Visalia	34
Ty N	Tulare	34
Cary K	Visalia	32
Mike H	Visalia	32
Kim A	Tulare	31
Tom C	Visalia	31
Russell W	Visalia	30
Elly Q	Three Rivers	29
Ken F	Visalia	29
Linda J	Porterville	27
Cruz J	Tulare	27
Cindy S	Porterville	26
Anetta P	Porterville	23
Mark H	Exeter	20
Barbara W	Quincy CA	18
Melanie M	Visalia	18
Kim H	Tulare	18
Vendy	Visalia	17
Al S	Visalia	16
John	Dinuba	16
Jose G	Dinuba	15
Diane O	Visalia	9
Eric J	Springville	4

Thats 1091 Years of Sobriety!!!

Support the Central Office

Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

venmo

Donate Today using Venmo



Speaker Meetings

Porterville Recovery Club Speaker Meeting

186 W. Walnut Ave.

Friday Sept 2nd, 2022 at 8:00 PM

Speaker: Bob Hu. from Porterville w/ 40 years

Sunday AM Breakfast, Speaker Meeting

Veterans Memorial Building

36000 Hwy 190, Springville

Sunday, Sept 11, 2022

(Breakfast at 8:30 to 10:00 AM)

Speaker: David W from San Fernando Valley with 34 years!

The Valley Group, Speaker Meeting

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Every Wednesday from 7-8 pm.

Speakers for September

Sept 7th Israel B from Visalia with 6 years

Sept 14th Tony N from Tulare with 34 years

Sept 21st Lawrence C from Tulare with 31 years

Sept 28th Amber K with 2 years 364 days

The Valley Group, Serenity Seekers Speakers

Every Sunday 7:30 pm.

Speakers for September

Sept 4th Mitch K of Visalia

Sept 11th Ellie Q of Three Rivers

Sept 18th Jen C of Fresno

Sept 25th Lawrence S of Visalia

Civic Center Group

Christ Lutheran Church

3830 W Tulare Ave, Visalia

Birthday speaker meeting

Last Tuesday of the month

Sept 27th, 2022

Attn.. Speaker Group Secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (592-6999) by the 20th of the month preceding the month of the Newsletter.

Newsletter Contributions

Hello Everyone,

This is Louie T. the editor of the Central News. Since I started editing the newsletter I have noticed that there are several ways to make contributions to the Central Office such as the Birthday Club, Individual Contributions, Grateful Givers, and Memorial Contributions. However, there is one contribution I have never seen used and that is the Newsletter Contribution.

If you enjoy the Central News, I invite you to make a donation to the Central Office on the name of the Newsletter

Central Office Contacts

AA Members	51
Alanon & Alateen Information	0
Bridging The Gap	0
Churches & Schools	0
Court Ref/Info	5
E-Mail Contacts	170
General Information	25
H&I	0
Literature Sales	7
Meeting Information	33
Other 12 Step Programs	0
Prospective Members	0
Schedules & Info-Mailed & Faxed	0
Spanish Contact	3
Specialty Sales	7
Twelve Step Calls	0
Visitors to Office	12
Voice Mail Calls	17

Total	330

Service Meetings

AND ADDRESSES

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Wednesday, Sept 7th, 2022 at 7:00 PM

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, Sept 13th, 2022 7:00 PM

H&I Meeting (odd months) in person at 526 N Bridge St (no Zoom) 4th Saturday September 24th at 10:00 AM
November 26th at 10:00 AM

H & I Orientation (even months)
Zoom ID: 848 7072 2515 Password: Sober (capital S).
4th Saturday August 27th 2022 10:00 AM
October 22nd 2022 at 10:00 AM

TUFYPAA
Zoom ID 839 4820 8237 Password: service
2nd Sunday of the month August 14th

SERVICE ADDRESSES

Tulare County Central Office
449 E. Maple St..
Exeter, CA 93221
Email: tccof@hotmail.com
Website: www.aa-tulareco.org

District 47, C.N.I.A.
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

H&I-Contributions
P.O. Box 192490
San Francisco, CA 94119-2490

Hospitals & Institutions August 2022

Area Chair Report:

The Hospitals and Intuition Committee continues to service Pine Manor, Mental Health, Turning Point and Women's Recovery Home. At each meeting H & I literature is given.

In July- H & I orientated 2 new volunteers! Both have taken Facility Coordinator positions.

The Tulare Jail remains closed to volunteers due to the pandemic.

H and I business meetings have resumed to in-person! The meeting is located at 526 N Bridge St, Visalia. The next H & I business meeting is September 24th at 10am. (Business meetings are held on odd months) H and I orientations will remain on zoom, and will be every other month. August 27th at 9am. (Orientations are on even months)

The meeting ID is: 848 7072 2515. Password is Sober. There is also a link to join on the aa-tulareco.org.

H & I continues to encourage all groups to elect an H&I Representative and to attend the business meetings. This will ensure we are carrying the collective conscience of Tulare County to the NorCal Committee.

Love & Service,

Boo

Central Service Meeting

Date: August 9th, 2022

Meeting called to order: Cheryl H. Time: 7:00 PM
Board members present: Cheryl H., William (Bill) E., Patrick A., Sara S., David G. Absent: none
Serenity Prayer: said by all.
12 Traditions: Claudia

Introductions: We went around the room and announced our name and who we represent.
Bill, board member. Jeremy, CSR for Friday Freedom Fellowship (Visalia). Patrick, board member and CSR for Tuesday Night Friends of Bill W. and Doctor Bob (Tulare). David, board member and CSR for Keep It Simple Sunday (Visalia). Sara, board member and CSR for Bridge Street Drunks (Visalia). Steve, CSR for Pine Recovery (Visalia) and The Crossroads Group (Tulare). Paul, new CSR for Monday Night Men's Meeting (PPAV hall in Visalia). Brett, CSR for Civic Center Group, Tuesdays (Visalia). Cody, CSR for Springville Book Study Group (Mondays), and Gut-Level Group (Thursdays, also in Springville). Sheryl, CSR for Women's Changes, Tuesdays (Porterville) and Springville Sunday Speaker Breakfast Meeting. Claudia, CSR for Women's Amity Group (Tuesdays, in Visalia).

Minutes of last meeting: Reviewed by members individually; no corrections. Brett moved to approve, Sheryl seconded.

Report of last Board meeting: presented by Cheryl H.
Meeting called to order at 8:35 PM.

President's report: In December, we will be holding elections for three members of the Central Office Board of Directors; this will be discussed under New Business.

Vice President's report:

welcome to our new CSRs, and we appreciate our members who are taking on Central Service Representative service positions. Secretary's report: A new set of sample meeting schedules from the Meeting Guide data has been generated. Overall, members prefer the original printed meeting format.

Member At Large's report: The area Bridging the Gap representative reached out to Sara. P.I./C.P.C.'s report: We learned about an upcoming Pow Wow to be held by the Tule River Indian Tribe. Office Manager's report: Carol Ann was out for a week, and Claudia filled in, and we are very appreciative for that. We talked about some clarifying information about who is on the Board and who is not; the Office Manager / Treasurer previously was on the Board, but about four years ago that position is no longer a board position. Under Old Business, 1) Claudia's title is Assistant Office Manager. 2) Our Prudent Reserve was raised to \$19,000. The meeting adjourned at 9:15 PM.

Treasurer and office report: Presented by Carol Ann Gable, Office Manager & Treasurer. Treasurer / Office Report and Financial Report
August 8th 2022

Central Office had an income of \$2,619.36 and expenses of \$5,870.83 for a loss of \$3,251.47. Our Grateful Givers Club brought in \$120.00 and our Birthday Club brought in \$37.00 in much appreciated contributions. We had \$248.55 in gross sales in 3 transactions for credit and debit cards last month. We had 1 transaction in Paypal for \$20.00.

We had 3 transactions in Venmo for \$223.38.

Traffic and calls have been average.

We want to thank all the groups and individuals who contributed to show their support for Central Office. Office operations are going well and we are still fulfilling our primary purpose of carrying the A.A. message of recovery.

Carol Ann Gable

Office Manager/Treasurer

Income and expense report: We had to buy more receipt books; that was a \$500 expense. Claudia filled in for me for the week, so that was \$375 expense. We paid our employee taxes (\$1,610). We did find another place that we can order receipt books for \$200 less; so the next time we place an order, we will save \$200 on that. Would you tell the group what you purchased today? I bought an office chair, and I got an update to Microsoft Office; our previous version was Office 2003. So now we have Microsoft Office 2021. So that was a \$500 expense.

Each receipt is about 50 cents apiece; next time will be 30 cents apiece.

Are there any questions for Carol Ann? (A CSR asked yes, please say again) We spent \$500 on a chair and Microsoft Office 2021. We ordered receipt books from Deluxe. The office expense for this last period that we're talking about was \$1,100. So of that, \$500 was receipt books and Claudia, and we ordered toner for all of our machines. How much was the Microsoft

Office? \$281. (Cheryl speaking) We have been having some compatibility problems generating reports with Office 2003; so I told Carol Ann we've got to stay current with technology and I told her that that was a viable expense to get caught up on this stuff. All right. Thank you Carol Ann.

Public Information report: Patrick A. provided the report. Public Information & Cooperation with the Professional Community (P.I./C.P.C.). We inform professionals and future professionals about A.A. – What we are, where we are, what we can do, and what we cannot do. We attempt to establish better communication between A.A. and professionals, to establish simple, effective ways of cooperating without affiliating. Per the minutes that Cheryl read, last month Carol Ann had brought a flyer for the 2022 Tule River Tribe Pow Wow. I did reach out to the name that was on there, as well as made some other attempts to try to get hold of somebody; but did not have a lot of success. Unfortunately, after some discussion and after some of the feedback I'd gotten from those who I did talk to, we're not going to have representation this time around; maybe next year. It's just one of those things where it just didn't seem to work out. I would like to thank Carol Ann again for bringing that to my attention – that's exactly the kind of stuff we're looking for. So if you guys see anything like that that comes around in the Tulare County area, please let me know, or let Central Office know. Most people here have my phone number, but if not, you can get mine after the meeting.

Still really excited about any other opportunities that may come up. Thank you for letting me be a service.
Patrick.

Volunteers to write Step and Tradition for Central News
Step for newsletter

Issue	Step	Member	Due
Sept	9	Patrick A.	August 20
Oct	10	Paul B.	September 20

Send to CentralintergroupNews@gmail.com

Tradition for newsletter

Issue	Trad	Member	Due
Sept	9	Cheryl H.	August 20
Oct	10	Bill E.	September 20

Send to CentralintergroupNews@gmail.com

Newsletter report: Louie T. No report this month. (Cheryl

speaking) I just encourage CSRs ask your groups to look at the newsletter, online, or have Louie email you a copy. He's asking for participation on Big Book topics. It was really going great for a while, but people do forget this kind of thing, and it falls by the wayside. If you know somebody that likes to write; please encourage them to do so.

Especially these Big Book topics are really great because they're short, and you don't have to write pages and pages and pages. It's a good discussion, so please let our members know they can write for the newsletter. It is much appreciated.

Website report: Provided by David G.

For July of 2022 we had 1,412 visits, which was down 5.6% compared to last month. We had 2,657 page views, which was down 13.7%. There were 38 unique downloads, which is up 81%. The traditional print version of the meeting schedule was downloaded fourteen times. The Central News newsletter was downloaded nine times. The Las Vegas Roundup flyer was downloaded three times.

The most popular page, as usual, was the meetings page with 2,101 page views which is 80% of the total. Then the front page was 231 page views which is 9% of the total. That's the statistics – any questions? (No questions. Smart aleck comment by David about how many times the new sample meetings schedules were downloaded – three is not many).

H & I report: Provided by Boo via email to David. Read by David.

Tulare County Hospitals & Institution Committee
Hospitals & Institutions August 2022

Area Chair Report:

The Hospitals and Institution Committee continues to service Pine Manor, Mental Health, Turning Point and Women's Recovery Home. At each meeting H & I literature is given. In July, H & I orientated 2 new volunteers! Both have taken Facility Coordinator positions. The Tulare County Jail remains closed to volunteers due to the pandemic. H & I Business Meetings have resumed to in-person! The meeting is located at 526 N Bridge St, Visalia (also known as Bridge Street Drunks). The next H & I Business Meeting is September 24th at 10 AM. (Business meetings are held on odd months.) H & I Orientations will remain on Zoom, and will be every other month; August 27th at 9 AM. (Orientations are on even months) The meeting ID is: 848 7072 2515. Password is Sober. There is also a link to join on the aatulareco.org website.

H & I continues to encourage all groups to elect an H & I Representative and to attend the business meetings. This will ensure we are carrying the collective conscience of Tulare County to the NorCal Committee.
Love & Service,

Boo

GSO liaison report: provided by David G.

We had the GSR meeting Wednesday the 3rd. Our treasury had \$2,706 in it, which is \$200 over our Prudent Reserve. We donated \$200 to the Fresno Fellowship for hosting the delegate Jenn, who did the Delegate's Report. Bridging the Gap sent two referrals to Allen. One guy, we did get to a meeting; but the other guy had already relocated to Pismo Beach. So there wasn't much for us to do there. The South Valley Delegate Report event: we donated \$50 for food, \$100 for Jenn's travel, and \$50 for rent for the building. We took two cars, and carpooled up. There were two interesting things. One was Jenn learned that the California Department of Corrections is going to move to electronic tablets for literature. Printed paper books are a hassle for them to manage. So they're going to give incarcerated people a tablet, and then the incarcerated people will be purchasing literature delivered electronically through J-Pay. Where that affects us, is that NorCal H & I was the largest single largest purchaser of literature from A.A. New York. We're still going to see how that plays out, but that's potentially a really large (Post- CSR Meeting, Joyce R., regional chair for H & I points out that literature purchases by H & I go to far more than just the State of California institutions; this will not change our need to supply literature to recovery homes or local jails).

The other thing was that if your group wants to get something on the agenda for the 2023 conference, the deadline is September 15. So you've got about one month to come up with something that your group wants to have at the New York City Conference. (Discussion followed) The groups run Alcoholics Anonymous, and they have a conference every year in May in New York and our area sends a delegate. We belong to Area 07 – California Northern Interior Area (CNIA), which runs from the current county line up through the middle of California to the Oregon border. Tulare County is the southern most district in the area. We have a delegate, Jenn, she was in Fresno last Saturday giving a report. The delegate is elected for two years; any A.A. member or group, if they have an item that they want on the agenda (for all of the delegates to discuss and vote on, for instance), can send their item in. Several years ago, the CNIA group of people wanted our area split in half; there was a lot of traveling, sometimes to the Oregon border from Tulare County and vice-versa (8.5 hours oneway, driving the 99 and I-5). It's quite a process for the Area to get an agenda item to be discussed in New York, especially when it comes to splitting in half this Area – and it was voted down. Our delegate went to New York and presented it to the conference and it was voted down, and then it was resurfaced again eight years later. That never made it out of out of the Area. So, if you as a member have something that you feel is important enough for the conference to discuss, you have every opportunity to write a letter; either write a letter to our Area to the delegate, or you can just send the letter to New York and ask for an item to be put on the agenda for the General Service Conference. Jenn's email address is delegate@cnia.org

Question about J-Pay and incarcerated people literature: all of the prisons and jails everywhere?

No – State of California CDCR only – so only at the state level. Does that mean that prisons are removing their physical library and then supplementing with some sort of a digital library?

That does sound like what's going to happen. Does that mean they're going to have the prisoners pay for their library books? Probably. I'm wondering, when we (H & I) go to the county jails, we hand out books. We leave them there hoping that the person will take them home with them and use them after – you know that's not going to happen with these tablets. (reply) I don't think this is going to change in Tulare County, at least not soon.

The A.A. aspect of it is that, those pink cans actually generate a lot of money. H & I does spend a lot of money with New York buying literature, which then lowers the costs of the literature for everybody.

Bridging the Gap (BtG) Chairperson provided by Sara S. I did speak with Brad (CNIA BtG chair) and he unloaded a lot of information on me; there is a monthly meeting online for Bridging the Gap liaisons the last Wednesday of the month. There's a lot to it. Basically, I need to go to that meeting and create a Bridging the Gap committee.

(Question:) Would you explain Bridging the Gap for the new CSRs Sara? Bridging the Gap is a link between an inmate or a person coming out of a halfway home or a group home, and it is connecting them with an A.A. member to get them to a meeting immediately when they are released from where they are. (Steve) I would be interested in that. Me, myself coming out of a recovery home; a lot of the people, once they're done there, they're done. They don't follow up with attending meetings. It's a real number that 2% of the people in a recovery home recover. I've seen it through the people that I was in the recovery home with. (Sara) So this is a way to get the newcomer to a meeting: greet them and take them to one. It is suggested that male with male, female with female, or a couple of people. (Paul B) We had a very similar program in San Diego county. It reminds me of Contact On Release. It sounds very very similar where an inmate or a patient will submit their information; it goes to wherever – a clearinghouse – and that gets matched up with a local person, usually the same sex. Then that person contacts them on release and then escorts them, and introduces them to meetings. It really sounded almost identical to what you have here. There were guidelines; you do not sponsor, you do not house, you do not loan money. You just get somebody in a meeting. (Sara) The new liaison meetings are every last Wednesday of each month. They have sample scripts, when talking to an inpatient program or a jail. I'll attend that meeting this month. The meeting is on Zoom. (Sara will get the BtG liaison meeting information to Steve, Carol Ann, and David). (Cheryl) If anybody in your groups are interested in being on the Bridging the Gap committee list, call Carol Ann here at the office and ask to be put on the

BtG contact list. She will get that information to Sara. We're making progress. This is good.

CSR reports

If you have a change in your meeting, a change in secretary, or meeting time, or if your meeting moves location – please notify Carol Ann here at the office so she can get that information to David for the website and the meeting schedules.

Springville Breakfast Speaker Meeting , Sheryl E., CSR, We meet the second Sunday of each month at the Springville Veteran's Memorial building on Highway 190. This month, our speaker is Vicki E, of Santa Paula, California. We open the doors at 8:00 AM. We start with fresh coffee. Breakfast is served from about 8:30 AM until 10 o'clock. The speaker meeting is from 10:15 till 11:45. We try to get out of there about noon. It is always great food and excellent fellowship, and of course we are self-supporting through our own contributions. So if you can, please put a little bit in the basket. In July we served 82 hungry people, including the speakers. Thank you for letting me be of service, Sheryl.

Tuesday Women's Changes Meeting, Sheryl E., CSR, We are an open meeting for women only, and we ask that you please leave your children at home. We meet every Tuesday at 6:00 PM at the Porterville Twelve Step Recovery Club. We each pick a stick out of a jar and share about the topic on the stick. We are generally a small group and grow in numbers on the last Tuesday of the month, when we enjoy a birthday potluck with good food and sweet dessert, usually cake. Thank you for letting me be of service, Sheryl.

Springville Book Study Group, Cody R., CSR, Springville Book Study Group meets on Monday nights, at The Lighthouse Chapel in Springville. It's an open meeting, from 7:00 to 8:00 PM. We usually have some pretty good discussions.

Gut-Level Group, Cody R., CSR, Springville Thursday Night Gut Level Group – we meet there at the Lighthouse Chapel as well. We meet Thursdays from 7:00 to 8:30 PM. This is also an open meeting. We do have a new secretary in that meeting on Thursday; Josh is our new secretary. (Question) What's the name of the book that you're reading? Language of the Heart.

Civic Center Group, Brett R., CSR, Tuesday night Civic Center meeting in Visalia at the Christ Lutheran church near Tulare and Demaree. It starts at 7:00 PM and goes to 8:00 PM. It is an Open meeting, and newcomers are welcome. Pascal is our new secretary. Our business meetings are the third Tuesday of the month at 8:10 PM. We have a birthday meeting on the last Tuesday of the month, with cupcakes.

Tuesday Women's Amity Group, Claudia Q., CSR,
We are a Closed meeting that meets every Tuesday night from 6:30 to 7:30 PM at the Trinity Reformed Church on Walnut Avenue in Visalia. We celebrate various lengths of sobriety up to one year, each week and yearly birthdays are celebrated at the end of the month, where we attend a "no host" dinner at Amigos before the meeting. Our regular business meeting is held on the third Tuesday of the month. We are doing a group inventory to make sure we are fulfilling our primary purpose.
Thank you for letting me be of service,
Claudia.

Monday Night Men's Meeting, Paul B., CSR.
I am the new CSR for Monday Night Men's Meeting. We meet at the P. P. A. V. Hall in Visalia. We are a Closed men's meeting. We meet for 90 minutes. Each week we give chips for sobriety milestones under a year, and the last Monday of the month we celebrate those birthdays with a chip and cheesecake. Our business meeting is the first Monday of the month. August 1st we had elections, and we elected Steve as the new secretary, me as the new CSR, and we have a new treasurer also - that's Jonathan. Our format now includes asking men to stand up and identify that they are qualified and willing to sponsor, which is awesome - that worked well last night. Thank you for letting me serve,
Paul.

Crossroads Group, Steve P., CSR,
The Crossroads Group in Tulare. Nothing has really changed this month; we meet Thursdays from 7:00 to 8:00 PM, 220 W Tulare Ave at the Hillman House.

Pine Recovery (Candlelight meeting), Steve P., CSR,
The Pine Recovery Candlelight meeting is on Fridays nights, from 10:00 to 11:00 PM, in Visalia at 120 W School Ave. We've been having a good turnout; we had 50 to 60 people recently. (Question) Are you having it outside? Yes, we've been having it outside. If it gets cold, we'll go inside, though I don't know how that would work with that many people in the dining room. This is a great meeting for anyone who that needs a late night Friday meeting. This is an Open meeting for both men and women. Thank you for letting me be of service,
Steve.

Bridge Street Drunks, Sara S., CSR,
We are located at 526 N. Bridge Street in Visalia. We are a large group which hosts 19 meetings, in Visalia. Our meeting schedule is:
Monday through Sunday 7 AM to 8 AM
Monday through Sunday 12 noon to 1 PM
Monday evening 7 to 8 PM (Women's meeting book study). Claudia is our new secretary. :-)
Tuesday evening 6 to 7 PM (literature study)
Wednesday evening 6 to 7 PM (12 x 12 book study)
Thursday evening 7 to 8:30 PM (Big Book study)

Saturday evening 7 to 8 PM (open meeting)
Bridge Street drunks celebrate birthdays with chips, medallions, cake, coffee and hugs the last Saturday of the month at the noon meeting. Bridge Street offers free literature, and books at cost. Our business meeting is held the last Saturday of the month either 8:00 AM or 1:00 PM. This month, it will be August 27th at 1:00 PM. All are welcome. We are a fun bunch of A.A.s. Claudia is our secretary for our new Women's meeting. We are currently looking for to fill four noon secretary positions and Wednesday evening as well. Thank you for letting me of service,
Sara S.

Keep It Simple Sunday, David G. CSR.
We meet Sunday mornings at 9:00 AM in Blain Park in Visalia (not Tulare), on Court Street between Whitendale and Caldwell. Our meeting is 90 minutes in a beautiful outdoor setting. This is an Open meeting, and all are welcome. Bring a lawn chair / camp chair with you. As an outdoor meeting, we are pet-friendly. We celebrate sobriety milestones and birthdays every meeting. We use the Daily Reflections book as a topic starter; then everyone shares, going around the circle (time permitting). Our Secretary is Scot L. The business meetings are the last Sunday of the month, immediately after. There are usually between 20 and 30 people attending our meeting. This meeting has a summer schedule (starts at 9:00 AM) and a winter schedule (starts at 10:00 AM). We are on the summer schedule, which will probably remain until October.

Tuesday Night "Friends Of Bill W. and Doctor Bob", Patrick A., CSR, This is a Tuesday Night Open Meeting held at St. John's Episcopal Church, 1701 E Prosperity Ave in Tulare from 7:00 to 8:30 PM. We are a fellowship of men and women sharing our experience, strength, and hope. This is an indoor meeting, averaging about twelve people every week. We give out chips for various lengths of continuous sobriety and celebrate birthdays at the end of each month with cake and ice cream. We do have cake and ice cream regardless if anyone is celebrating a birthday or not. So you know, just saying, if you like cake and ice cream, we're the place to be at the end of the month. :-)
Newcomers are welcome. Anyone may attend. And to reiterate: the air conditioning is up and working. It is quiet and comfortable and awesome. We do have multiple people with quality sobriety and quantity of sobriety that are open and willing to sponsor. Thank you for letting me be of service,
Patrick A.

(Question) Is the young people's meeting still going? Yes it is, still going strong. It's a good meeting too. 8 to 15 people. It is a great Saturday night from 7:30 to 8:45 PM. There's also 2:00 PM afternoon meeting on Saturday, at the same church.

Friday Freedom Fellowship, Jeremy M. CSR,
I represent the Friday Freedom Fellowship group. Our meeting is held Fridays, 7:00 PM to 8:00 PM at the Christ Lutheran Church in Visalia. It's a Closed meeting for those who have a desire to stop drinking. The format is a 10-15 minute speaker to start; then the speaker calls on members to share for the remainder of the meeting. All are invited to join us on the last Friday of each month when we celebrate birthdays with a special Open meeting. Our business meetings are the 1st Friday of the month after the meeting. We changed secretary last month; our new secretary is Ernesto. (Ernesto recently turned 3).

CSR report comments:

Cheryl thanked all the CSRs that are here tonight.

Old business:

1. Venmo report.

A. To catch everyone up to speed, we started Venmo a few months ago; and it was quite a topic of discussion here at Central Office. We purchased a cell phone and got Venmo going under a business license. We take contributions via Venmo (and it can be used for sales). We have a Q.R. Code. When we started Venmo, the discussion was that we wanted to try it for six months to see if the income would exceed the expenses; it did start out kind of slow. In the last month the income for Venmo was \$223.38. The expenses were \$23.83 for a net gain of \$199.55. So it's looking good – so far, so good.

B. Secretary's note: the Tulare County Central Office Venmo code is @cso1297

2. New sample printed meeting schedules

A. Central Office is going to continue printing both versions of the meeting schedule. As we get new groups on the old schedule, we haven't quite figured out where we're going with that yet when we run out of room. So put your thinking caps on and see if there's a solution that hasn't been thought of yet.

B. (Bill) It seems to me that the stuff on the back can be superfluous, we can roll this information on to the back if we so need it. I happen to like the way that I can I can look at this and I can say well I want a meeting that's in Springville or I want it in Three Rivers and I can just go down and find Three Rivers and then I can go across and I can see what it's gonna have, by the code. So I know what's going on all on that one line. So for that reason, I like this format. It helps me to find the meeting in the location I want to go a lot quicker. Once I learned how to read this thing, then I can find out what the meeting offers. To add more meetings on to it, I don't see why we can't pull the 12 and 12 off, and add that back there. We already know it's the meeting directory. You know, we already know it's the Tulare County meeting Directory. So I think that push come to shove, that information can be on one piece of paper. Thank you.

C. (Cheryl) CSRs, please talk to your groups about this.

D. (Secretary's note: the new samples can be found at <https://aa-tulareco.org/print-version-ofmeeting->

[schedule/](https://aa-tulareco.org/print-version-ofmeeting-) - new samples were generated August 20.)

3. Central Office events

A. Golf Tournament has a volunteer organizer, Jim K. Jim had narrowed the location down to two facilities.

B. (Sara) We talked last month about adding the golf tournament and the luncheon sponsored event together. I thought that was a good idea. (Cheryl) I don't think it would be fair to ask Jim to coordinate both events (everyone agreed). So, I think that we do need a volunteer to coordinate the take your sponsor to the lunch event during the golf tournament. So, is there anybody that would like to work with Jim? (Sara) I would like to nominate somebody – Sherri D. (Cheryl) Would it be possible to get Sherri to come to the September Central Office Meeting? (Sara) Yes.

D. Discussion followed about how the food might be done; probably the restaurants connected to the golf course would cater the luncheon.

New business:

1. Board of Directors elections

1. We have elections in December for Central Office Board of Directors. The board members are elected for a two year term. If they want, they can then run again for another two year term. After that, they are off the Board for at least two years.

A. Jeremy asked what a board member does. Tulare County Central Office Inc. is a 501.3(c) (non-profit) corporation. The State of California requires us to have a Board of Directors. The Board meets once per month to discuss the business of the corporation. They make the financial decisions and discuss business that's not discussed in the regular CSR meeting. For example, the board would choose which office chair is purchased, or what the pay should be for positions, and (whatever) just to keep the wheels going here. All A.A. members are welcome to attend the Board of Directors meeting and provide input; however only the Board members vote on decisions (and would be held accountable by the State of California for shenanigans).

3. The way that elections were set up here at Central Office is we have three board members that are elected one year, then the other two members are elected the next year. We don't elect all of the board members at once, so we have continuity with how the board is run.

B. Three members are eligible for election this December (2022); in 2023 two members will be eligible for election.

C. The three members eligible for election this December are Patrick, Bill, and Sara. Technically, Sara is an interim member of the board (she took over for a board member who had to bow out), so in December if she runs and is elected, she will start her first two-year term.

D. Cheryl and David are up for election in 2023.

E. The groups elect the board members.

F. The board meets either after the December meeting or at the January meeting to decide what

position each member is going to fill. The point being, you don't get to apply for a certain position. You get what you get.

a. The current line-up is:

- Cheryl Hinton, President
- Bill Evans, Vice-President
- Patrick Anderson, P.I./C.P.C
- Sara Salvato-Ward, Member at large
- David Gerisch, Secretary

b. (since Tulare County Central Office Inc. is State of California business entity, the tradition of anonymity does not apply)

G. Any member of A.A. can run for election to the board; however it is suggested that one has at least two years of continuous sobriety to be on the board.

2. TIAA offer of speaker or information session.

A. (David) This is just something to ask your groups if anyone is interested. Technology In A.A. (TIAA) is a (small) ninth tradition service committee, which runs a "forum" for people interested in using technology in support of carrying the A.A. message of recovery. It is an electronic bulletin board; although you could think of it as a 1,700 group chats with (up to 175) people. They were formed immediately after the first National A.A. Technology Workshop (NAATW) in 2014. The next National AA Technology Workshop will be next month, September 9, 10, and 11 in Seattle Washington (technically, Tukwila WA).

Seventh Tradition: \$33.00

Announcements:

1. (Bill) including Bridge Street's 19 groups (meetings), there were 31 groups represented tonight.
2. (Sara) Our sister organization, N.A., is having* an event Saturday at Plaza Park in Visalia.

*During the meeting, this announcement for an event in the future; at time of publishing, this event has passed.

Meeting adjourned: 8:21 PM

District 47 Meeting Minutes

August 3, 2022

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

Meeting Called to Order: 7:03 p.m. by DCM Allen L. Committee: Allen L., DCM; Rafael D., GSR for Bridge Street Drunks Only Group; Jim K., Recording Secretary, GSR for Monday Men's Stag; Louise G., GSR for the Exeter Sunday Afternoon Group; David G. GSR for the Friday Freedom Fellowship, Ally A. Saturday Morning Women's 12 x 12 Study Group,

Josh F. Treasurer.

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by David G.

Concept 8: Concept 8 long form read by and explained by Allen L.

Approval of Minutes: July 6, 2022 minutes approved with corrections.

Treasurer's Report: Josh F. This is for June and July, 2022. Balance Forward \$2,463.66.

Income: ACYPAA \$54.64, Springville Mon. Night Book Study \$60, Sat. AM Women's 12x12v11.75, Valley Group \$70, Crossroads Group \$5, Mon. Night BB Study (Visalia) \$30, Tues.vWomen's Amity Group \$66.02. Total Income, \$297.41.

Expenses: DCM Reimbursement / June ACM \$55. Total Expense \$55. Current balance \$2,706.07

CSO Liaison Report: David G. PI/CPC is organizing volunteers for the Tule River Indian Tribe 2022 Pow Wow. This event runs Sept. 9-11, 2022. We are still running a loss on Venmo, it's currently at \$36.08 in the red. Samples of a potential new printed meeting format can be found at <https://aa-tulareco.org/print-version-of-meeting-schedule/> The idea of a golf tournament is supported. For people who don't golf, other ideas were floated; CSRs are supposed to go ask their groups for input. Ideas were "Take Your Sponsor to Lunch" and Miniature Golf. The Breath of Fresh Air meeting has started back up at Robertson House and could use support. The Sunday

Springville Breakfast meeting is raising the price of the breakfast to \$8, but this month it is still \$5.

Registrar: No Report

H&I Report: Rafael D.

Tulare County Hospital & Institution Committee thank you for pink can donations! Tulare County H&I Committee Business Meeting returned to in person on July 23, 2022 and the meeting was held at Bridge Street 526 N. Bridge St. We continue to bring H&I Panels twice a month to Turning Point, Pine Recovery, and Mothering Heights Women's Recovery. Once a month we take panels to the Mental Health Facility. H&I Panels are continuing as permitted around Covid closures in Corcoran and Avenal Prisons. Tulare County Jail remains closed, our Area Chair has sent a letter to the Sheriff denoting the value of AA members carrying the message behind the walls. We are hopeful that they will reconsider their decision to discontinue volunteers entering the facility. We welcomed two new Facility Coordinators and new volunteers. The NorCal Finance Committee will be meeting in August to prepare the budget for the upcoming year. If there are any thoughts from the fellowship on utilization of funds from the Pink Can, please have your Group H&I Rep, bring them to the September H&I Committee Meeting to be taken to the October General Committee Meeting when the budget will be reviewed, discussed and adopted. The next orientation will be August 27, 2022, 9:00 am on Zoom ID is: 848 7072 2515 and passcode- Sober with a capitol S. The next business meeting is September 24, 2022, 10:00 am at Bridge Street.

DCM Report: Allen L. We received two Bridging the Gap referrals in July. Made contact with one, and with the help of David G, got him to a meeting and introduced to some other AAs. The other guy had relocated to Pismo where his AA-member aunt lives and where he has gotten involved with the AA over there. Anyone want to be on my call list for future referrals?

Old Business: The South Valley Delegate's Report/ Unity Day event is set for August 6th from 1:30 PM to 5 PM at the Fresno Fellowship. We have been asked to chip in \$50 for food and \$100 for Jenn's travel and lodging. The basket will be passed to

pay the Fresno Fellowship for the meeting hall. I propose we put \$50 in the basket—making our total contribution \$200. This motion passed.

New Business: Allen asked if there was interest to carpool up to the South Valley Delegate's Report on Saturday. Three seats are taken as of now.

Seventh Tradition: None

Announcements: None

DECLARATION OF UNITY: Read by all: "This we owe to A.A.'s future: To place our common welfare first, to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come."

RESPONSIBILITY DECLARATION: "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 7:35 p.m.

Respectfully submitted,
Jim K, Recording Secretary



Group Contributions

	Month	YTD
1st Friday Speaker Meeting	\$20	\$130
ACYPAA		\$956
Anonymous Group	\$300	\$2,100
Breath of Fresh Air		\$0
Bridge St "Drunks Only"		\$1,126
Civic Center Group	\$150	\$350
Clodbusters-Tulare		\$500
Crossroads-Tulare		\$64
CSO Meeting	\$33	\$236
District 47		\$413
Bill & Friends		\$0
Exeter-Quiet Trails	\$100	\$700
Exeter Sunday Afternoon		\$125
Foundation Group		\$0
Freedom Fellowship		\$445
Half & Half		\$200
Keep it Simple Sunday		\$250
Lindsay Fireside Group		\$50
Men's Valley Book Study		\$150
Monday Men's Book Study		\$400
Monday Men's Mtg (PPAV)	\$150	\$500
Monday Men's Stag		\$500
Mid-Valley-Tulare		\$0
Monday Book Study Springville		\$100
Monday Literature Study-Visalia		\$470
Monday Women's Reflections		\$275
Nooners Group-Visalia		\$0
Pine Recovery AA Meeting		\$0
Practicing the Principles		\$0
Rainbow Group		\$479
Rule 62-Visalia		\$200
Serenity Junction-Tulare		\$0
Serenity Seekers AM-Visalia		\$0
Saturday Night Believers		\$0
Springville Gut Level		\$235
St Ritas AA Group		\$0
Springville Breakfast Mtg	\$330	\$330
Sunday PM Serenity Seekers		\$0
Tulare Young People		\$0
TUFYPAA		\$0
Tulare Friday Book Study		\$0
Tulare Tuesday Night		\$0
Tulare Thursday Noon		\$0
Tulare Sunday Night		\$0
Tuesday Men's Porterville		\$0
Three Rivers Monday		\$0
Tuesday Women's Amity Group		\$736

Unity through Traditions	\$100	\$275
Valley Group	\$350	\$2,395
Valley Speaker Series		\$862
Visalia Alano Club	\$4	\$898
Wed. Acceptance Group		\$250
Weekend Attitude Adjustment		\$0
Women's Changes Group		\$75
Women's Friday Night-Porterville		\$0
Women's Saturday AM 12x12		\$354
Totals	\$1,537	\$17,130

CENTRAL OFFICE ANNOUNCEMENTS

• **Hardcover Big Book**
now on sale! \$8.93!!

• **18-Month Aluminum**
Chips Now Available

• **Central Office Hours**
Mon-Fri 9AM-1PM

Lighter Side of AA

One Hell of a Conversation

Priest-Don't drink too much liquor. You will go to Hell.

Alcoholic - Really? What about the guy who sells the liquor?

Priest - He will also go to Hell.

Alcoholic - Ok, what about the girl who sells Al Pastor tacos, and put's out in the food truck outside the Liquor Store?

Priest - She too will go to Hell.

Alcoholic - In that case, I have no problem going to Hell.

What's an Alcoholic

The son went to his dad and asked him,

"Dad, what's an alcoholic?"

So the dad replied,

"Do you see those four trees? Well, an alcoholic would see eight"

The son replied,

"But Dad, I only see two"

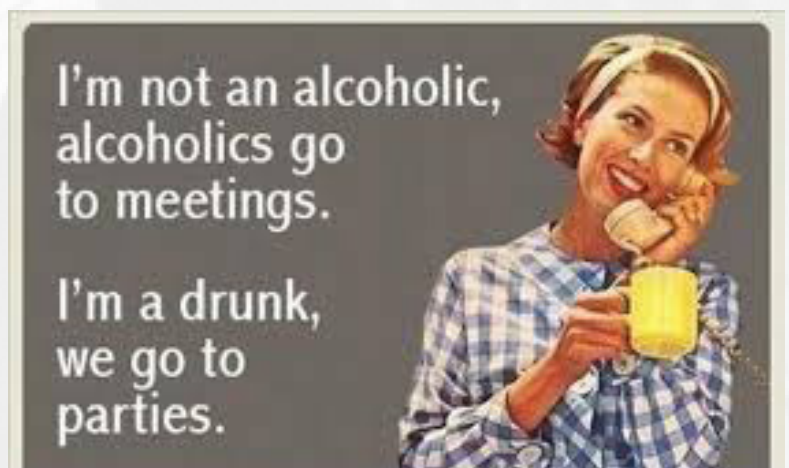
US Vs. UK

What is the difference beetween drinking in the US and the UK?

If you had 3 glasses of wine at lunch in the US, some might call you an alcoholic.

If you had 3 glasses of wine in Brittain, you're the designated driver.

Guys trying to impress newcomers after the meeting



The Valley Speaker Series Presents: **SOBERFEST 2022**

October 8, 2022 11:00 am-9:00 pm
St. Paul's Church 120 N. Hall Street, Visalia, CA 93291

Zoom 155 118 647 **Featuring Speaker:**
(with live transcript)

\$20 for dinner
(presale only)

Speaker meeting is free

Deryk H.
of Los Angeles, CA.

11:00 am-5:00:Primary Purpose Group 12 step workshop

5:30 pm-6:30 pm: Dinner

7:00 pm-8:30 pm: Speaker meeting

Note: Newcomers will get free
dinner if the workshop is
attended; Please bring your own
lunch.

Contact:

Samantha B.:559-931-7089

Brad W.:559-786-3636

Bill H.:559-740-8613



**Please direct all
communications to:**

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

STORY SOLICITATION FOR A.A. MEMBERS WHO GOT SOBER LATER IN LIFE DEADLINE FOR SUBMISSION: September 23, 2022

In response to a committee consideration from the Cooperation with the Professional Community-Treatment/Accessibilities Committee of the 72nd General Service Conference that the pamphlet "A.A. for the Older Alcoholic" include sharing from a broader and more diverse representation of A.A. experiences, the trustees' committee on Treatment/Accessibilities has reopened a call for recovery stories to add to the pamphlet.

A.A. member experience being requested includes the following:

- Finding recovery at the age of 60 and over
- Mental health and diverse abilities
- Attending online meetings
- Diverse ethnicities, cultures and languages (including immigrant experiences)
- LGBTQ+ communities
- Diverse spiritual pathways

Please include your complete name, address, and email/phone information on the first page of your manuscript. A copy of your manuscript should be retained for your files. The anonymity of all submitters will be observed whether your story is selected for publication or not.

Instructions for submitting your story:

Deadline: Please submit on or before September 23, 2022.

Email: access@aa.org

Subject Line: A.A. for the Older Alcoholic.

Postal Mail: Attn: Access Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163.

BIRTHDAY CLUB

THIS IS A GREAT WAY TO
SHOW YOUR GRATITUDE FOR
YOUR SOBRIETY AND ALSO
HELP CARRY THE MESSAGE OF
RECOVERY.

JUST CONTRIBUTE \$1.00 FOR EACH
YEAR YOU HAVE BEEN SOBER
ON THE ANNIVERSARY OF YOUR
SOBRIETY DATE TO YOUR CENTRAL
OFFICE. THAT IS ONLY ONE TIME PER
YEAR. IT'S REALLY SIMPLE AND
WOULD HELP YOUR CENTRAL OFFICE
TREMENDOUSLY.

venmo



***Would You Like Your Name on the
Monthly Sobriety Birthday List.***

NAME: _____

SOBRIETY DATE: _____

CITY: _____

Please send information to:

**Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221**

Email Info: tccof@hotmail.com



2022 AA Pacific Regional Forum

WHO'S READY TO FELLOWSHIP?

In Person Event - Free from GSO



We're ready to see each of you at our 2022 Pacific Regional Forum! In Person, as it was always meant to be.

Service & Fellowship - we love it!

Hotel, Transportation, Visiting Salt Lake & Utah - Information can be found on our website:

www.2022aaPacificRegForum.com

Details of the PRF

September 16 - 18, 2022

Marriott Downtown at City
Creek, Salt Lake City

Room Block Rate - Good Thru
August 25th: \$ 199 / night

Other hotels in the vicinity: Little
America Hotel, Comfort Inn.

Marriott Downtown has a
Starbucks in the lobby. And
coffee shops in the attached
mall.

What to expect at PRF?

GSO is
bringing an
entire crew
with them!



Presentations by GSO Staff,
Grapevine Staff, AA Board of
Directors, Class A and Class B
Trustees.

Workshops - topics & agenda are
still being settled on.

*(But I can tell you that the 2 forums in
Canada this year discussed items such
as attraction to AA, traditions and
technology)*

Presentations by Pacific Region
delegates, trusted servants. Also -
meet our new Pacific Trustee!

KERN COUNTY H&I CHILI COOK-OFF FUNDRAISER

\$5 Admission

Children 5 and under free admission

Chili cook-off entries have free admission

SATURDAY, SEPTEMBER 17, 2022

ALANO CLUB 12PM-3PM

1001 "34TH" ST. BKFD. CA. 93301

**WITH A GUEST SPEAKER,
ELI FROM DOWNEY, CA**

1st-2nd-3rd Place Trophies Awarded.

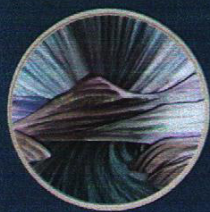
All entries are winners.

Quarters for judging will be provide
in exchange for cash

50/50 Raffle...Dancing...Karaoke...and Fun

**Wristband must be worn and
will be provided**

For more information contact Naomi H, 661-495-4354



Three Rivers BigBook Weekend III

Eastern Washington's Woodstock of AA
September 23th—25th 2022

At the Riverfront Hotel & Convention Center
50 Comstock Street, Richland, Washington 99352



Get registration costs and Information at
<http://www.threeriversbigbookweekend.org>

"WHERE THE RIVERS MEET"

A New Style BigBook Weekend with 8 Guest Speakers emphasizing BigBook Steps and Topics into their stories. The place chosen for this special gathering is at the confluence of three large river systems, which, when including the many tributaries that flow from the great Cities, Counties and States of Montana, Idaho, Canada, Oregon and Washington.....

ALL COME TOGETHER FOR A BIGBOOK WEEKEND IN RICHLAND WA!

Good Food, Great Speakers, Focus on BigBook and Recovery Topics, Affordable Venue, Great Location on the Columbia River.

Come Join Us!



National P.I. & C.P.C. Working Group

Public

P.I.

Information

DISCOVERED

Ensuring A.A. Is Found By Those Who Need It

SAT, SEPT 10, 2022

9:00 AM Pacific 12:00 PM Eastern



Who Is Responsible?

How Are We Reaching Those Still Suffering?

zoom Mtg ID: 878-0311-3474

Password: 411

Contact: Picpceastbay@gmail.com

BIARRITZ INTERNATIONAL IN-PERSON A.A. CONVENTION

**AN IN-PERSON WEEKEND EVENT
07 - 09 OCTOBER 2022
(IN ENGLISH)**

LOVE AND SERVICE

**ALL SPEAKERS;
EXPERIENCED LONG-TIME
INTERNATIONAL MEMBERS**

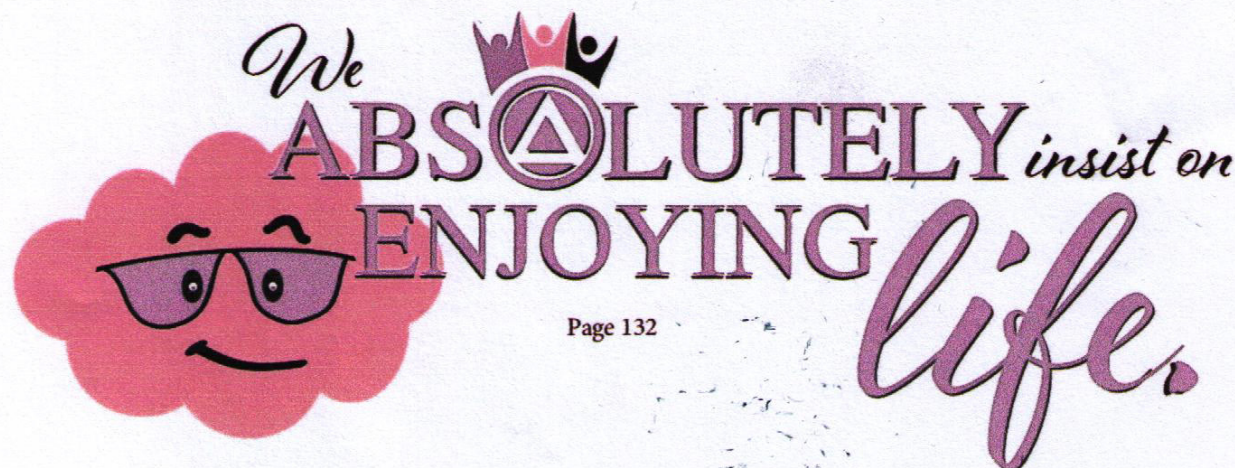
**AN AA FELLOWSHIP EVENT
AL-Anon & YPAA, Participation**

RECOVERY AND ENTERTAINMENT

**ACCOMMODATION
STAY AT CONVENTION HOTEL - VIST LOURDES & EL CAMINO**

**WEBSITE: [HTTPS://AACONVENTIONBIARRITZ.COM](https://aaconventionbiarritz.com)
CONTACT & INFO: babanglophonegroup@gmail.com**

2022 LAS VEGAS ROUND-UP



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Tropicana Hotel & Casino November 24 – 27, 2022

Entertainment is

Greg Gleason – The Magician

Pre-Registration \$45, – After Nov 1st – \$55

Banquet and Entertainment \$60 – Sunday Breakfast \$35

Great AA and Al Anon Speakers

12 TRADITIONS PLAY

All New Activity such as Pickleball \$20 / Walk Run \$20 / Poker Run \$20

FREE Yoga and Daily Meditation!

Special Hotel Rates Available – \$25 Per Night Resort Fee Does Apply

Badges/Registration **not** required for the Marathon Meetings or Bill & Bob's Coffee Shop

Register at lasvegasroundup.org



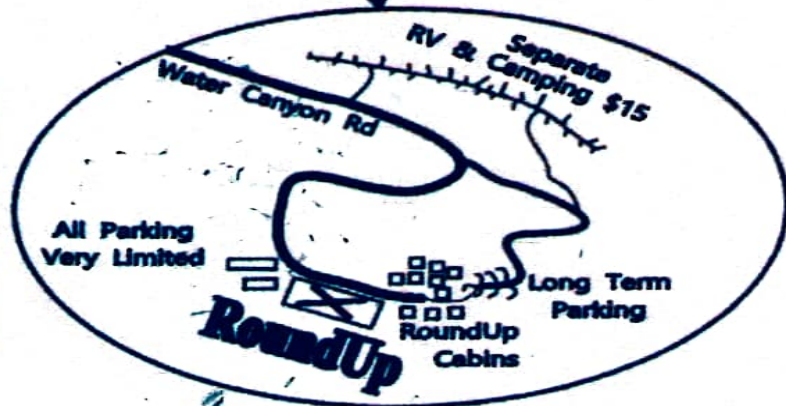
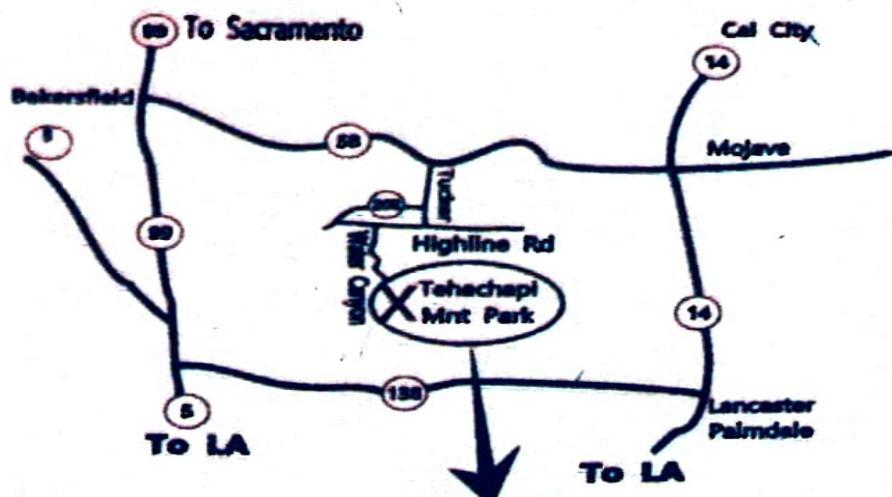
Tehachapi Mtn RoundUp

Sept. 30, Oct. 1 & 2, 2022

FULL REGISTRATION FEE
3 DAY WEEKEND
\$40

DAY REGISTRATION FEE
\$20

New Comers Under 30 Days
and Age 16 & Under - FREE



**Register at the RoundUp or
Send Pre-Registration to:**
Tehachapi Mtn RoundUp
P.O. Box 99
Tehachapi CA 93561

FULL REGISTRATION INCLUDES

10 Cabins, 10 Bunks each, (Bring Bedding or Sleeping Bag)
Fri Chile Pot - Sat Breakfast, Lunch & BBQ Dinner - Sun Breakfast
People Games, Kid Games. Saturday night Ceremony of Recovery
DAY REGISTRATION INCLUDES - Breakfast, Lunch & Dinner
People Games, Kid Games. Saturday night Ceremony of Recovery

Tehachapi Mtn Park
17350 Water Canyon Rd
Tehachapi CA 93561

Checks Payable to: Tehachapi Mtn RoundUp



NAME _____
STREET _____
City/State _____ ZIP _____
PHONE _____

www.TehachapiAlanoClub.com

FOR INFO CALL: NA Marc 661 750-1917 or Jimmy 303 378-4708

AMOUNT ENCLOSED _____

Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!